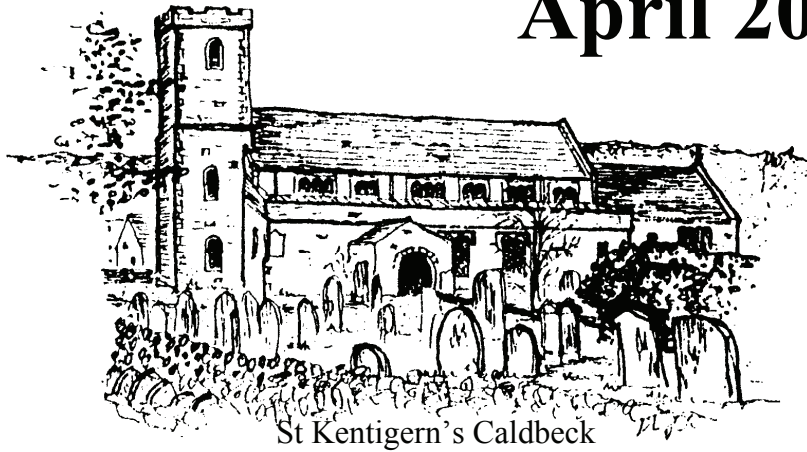


April 2010



St Kentigern's Caldbeck

Easter



St Mary's Sebergham



St Kentigern's Castle Sowerby

**Parish
Magazine**

CHURCH STAFF AND CONTACTS

FOR WEDDINGS, BAPTISMS AND FUNERALS:

Rector: Rev Norman Robinson 016973 43723

CALDBECK - St Kentigern's

Churchwardens Mrs E Boydell
Mr R Brough
Dr R Davie
Treasurer Mrs C Hine
Secretary Mrs S Beale 016974 78353

CASTLE SOWERBY - St Kentigern's

Churchwardens Mrs M Edmondson
Mr J Foster
Treasurer Mr B Mallinson
Secretary Jean Mallaband 016974 78143

SEBERGHAM - St Mary's

Churchwardens Mrs M Mattinson
Mrs E Luck
Treasurer Mr J S Hollins-Gibson
Secretary Mrs H Holgate 016974 76478

Parish Magazine Contacts

Editor: Mrs Roberta Bowen

Tel/Fax: 016974 78100 **Email address:** drbowen@btinternet.com

(please put 'magazine' in the subject and paste items in the body of the email)

NOTE: Copy deadline **15th April** for inclusion in May's magazine.

Subscriptions: Mrs Jean Holden, 1 Hodden Court, Caldbeck

Tel: 016974 78097

The Rector Writes

Dear Friends,

I am looking forward to joining with your group of three churches in what will become a newly enlarged family of six churches. It is quite a challenge all round to think through this new identity, and ponder and pray how best we can build together on the good work that is already going on as well as moving forward into fresh ventures. Geoff Hine, in last month's magazine, rightly raises the question as to what collective name we might adopt to help focus this new identity. It was something I had raised with a few folks over here and it would be good to explore possibilities, including a logo. Such a discussion also might include drawing up a mission statement: putting out in the open what we are about as Christian people in a rural 21st century setting. In addition, your ministry team will be expanded to include the Reader Ann Finlay (of Women's World Day of Prayer fame!), Eileen Reid (training for ordination as a Non-Stipendiary Minister), and John Noble (whom I am recommending for Reader training). Other folk at Rosley are involved in a newly created pool of people who are taking lay-led services once a month. In this I am very much in tune with and hope to amplify the stated theme of your parish profile that you wish to have "someone who accepts lay ministry in all its forms." I have also noted from your profile that you want the churches' leadership to exercise "patience to let congregations explore new ways at their own pace."

My first Sunday with you is Palm Sunday. What a time to begin a new ministry? Excited, cheering hand-waving crowds, a donkey and Jesus in the midst of it all. I don't expect excitement or cheering crowds at my first service at 8.30 am Holy Communion at Caldbeck, or even the later 11 o' clock service at Sebergham! And, before you ask, I have given the donkey the day off. Perhaps we shall save it for another year. What I do pray most sincerely is that Jesus will be somewhere in the midst of this new ministry as our King and true leader. You have stated in your profile that you want "someone who will love and care for you," who is "a man of prayer ... who values a pastoral ministry," that is Bible-based. Godwilling I hope to rise to the challenge of all those leadership qualities and ask you to pray that I might have wisdom, patience, humility, and keep my sense of humour through the ups and downs of it all. I keep telling folk who are concerned for my health (or sanity!) in this never-completed job

that I know how to find and use the “pause button” when necessary. In many ways I think that the donkey on that day of waving Palms has a lot to teach me at least. This beast of burden stuck to its task of carrying our Lord to the central places in those peoples’ lives: the Temple and the city of Jerusalem. I hope that I can do similarly as well as encourage us all to carry the Good News to the centre of people’s lives in our communities. Let us learn as true servants of His to take up whatever load the Lord might give us in our journey together along His Way.

There have been two Scripture passages that have echoed around my mind as I have journeyed to this point. “My house shall be a house of prayer,” Luke 19: 46. The other is, “What is impossible with men is possible with God,” Luke 18: 27. I believe that the first directly relates to the second. In many ways my task is a Bruce Willis Mission Impossible assignment. However, if we give serious time and attention to prayer who knows what awaits us in the future?

Every blessing in Christ

Norman Robinson



Easter Day Church Flowers

If you would like to help decorate the church for Easter Day, then please come along to the church at 10 am on Saturday 3 April. We would be pleased to see you.

If you would like to leave some blossom, daffodils or other flowers in the porch or at the back of the church, we would be very grateful and make use of it on Saturday morning.

The **Easter Day Remembrance lilies** list is on the church notice board. Please add your name if you wish to remember someone special at Easter.

Lilies are £3 per stem – contact Joan Todhunter 78453 for more details

St Kentigern’s Church, Caldbeck Lost Property

Please redeem any lost property from the box in the Baptistry
by Friday 30 April 2010.

Anything not claimed by that date will be recycled.

**Good Friday
Friday 2 April 2010**

Family Praise and Easter Garden
10.00am, St Kentigern's Church, Caldbeck

'At the foot of the Cross' Good Friday reflections
7.30pm, St Kentigern's Church, Caldbeck



MOTHERS' UNION
Tuesday 20 April at 2.00pm
Caldbeck Methodist Church
room
'What's wrong with rules?'
Mr Tony Reid
Ex Police Superintendent

Ladies' Bright Hour
Caldbeck Methodist Chapel
Tuesday 6 April at 2.00pm
HEARTSTART
Open meeting

Take time for prayer!

The ecumenical prayer group
meets each Tuesday morning
at 8.45am in the back of
Caldbeck Church to pray for
the needs of our community
and the world.
Why not join us?
ALL WELCOME!

**PLEASE NOTE CHANGE OF DATES
CALDBECK METHODIST CHURCH ANNIVERSARY**

Saturday 10 April at 7.00pm
SEATON LADIES' CHOIR

Sunday 11 April at 2.30pm
SPEAKER: MR ROBIN MOSCROP, ROADHEAD
EVERYONE WELCOME!

what's on for young people

DISCOVERY CLUB HOLIDAY CLUB

Pyramid Rock

Monday 29 March-Thursday 1 April, 10.00am-12 noon

Caldbeck Parish Hall

Free entry, including games, crafts, Bible stories, exercise routines, singing and snacks!

Come along and join in the fun!

Tel: Helen on 78669 or Celia on 78500

FELLVIEW PRE-SCHOOL NURSERY

Table Top Sale

Saturday 22 May in Caldbeck Parish Hall

10.00am to 1.00pm

Nursery Charity Stall and Cake Stall, Raffle, Teas and Coffee

Admission 50p, children free

Tables on sale now for £6

To reserve your table contact Alison 78695 or Lynn 78141

All proceeds will go towards The New Nursery Equipment

DROP IN

Ages 10+

Saturday 24 April

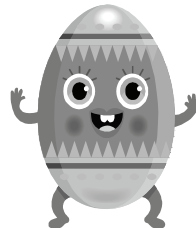
7.30-9.30pm

GAMES NIGHT

Gaitsgill hall

For more details please contact

Celia Stobart 78669



Easter Disco

Also Decorate a Boiled Egg and

Make an Easter Bonnet

Competitions

Thursday 8 April 4-6pm Fellview School hall.

£2 per child entry fee (primary school children only), pre-school children to be accompanied by an adult.

Lots of Fun and Prizes!!!



Northern Fells Group Youth Initiative

We are looking for a
Youth Co-ordinator
For a short-term contract
Mid May to Mid September 2010
to work 10 hours a week planning and organising the Summer Holiday
Activities
for 8 – 16 year olds in the Northern Fells Area.
Honarium £80 a week
Plus agreed travel and other expenses
For more information and an application form
please contact the
Northern Fells Group Co-ordinator, Sue Clarke.

Email: sue.clarke@northernfellsgroup.co.uk

Telephone 016974 78094.

or write to Sue at Millhouse Village Hall, Millhouse,
Hesket Newmarket, Wigton, CA7 8HR

Closing date for applications 15 April. Interviews on 22 April

www.northernfellsgroup.org.uk

CALDBECK MULTI-PURPOSE TENNIS COURT

The net goes up again at Easter and the court will be available for booking and playing.

Social Tennis: Mondays from 5pm to 6pm. A warm welcome to anyone who would like to come along and play tennis. Just turn up at 5pm at the Court!

Fees 2010 (at least until the AGM on 12th April 2010!)

Children, 16 and under: 20p each child per hour.

Adults: £1 each adult per hour

Students and Unwaged people: 50p each person per hour

Please book at the Booking Board at the Garage before you play, and wear soft soled shoes.

'Pay as you go' moneybox at the Garage for fees.

Annual season ticket. Play as often as you like with no additional payment. Obtainable from the Treasurer: Antoinette Ward, 016974 78220

Children, 16 and under: £5 per year

Adults, 17 and over: £15 per year

The tennis court is situated on the school field at Fellview School. It is open to all, subject to booking a slot on the booking sheet at the Garage, and putting the fee in the honesty box at the Garage.



MOTHERS' UNION

Our speaker was Mrs Ann O'Loughlin who came to share with us her memories of an incredible holiday. She had taken this at the suggestion of her friend, Dr Jane Sampson, who was familiar with the country from many years of working there.

Together, they visited a remote valley of the Himalayas discovering an extraordinary diversity of scenery, from immense mountain tops to valleys fertile enough to yield crops of apricots. She described it as unbelievably beautiful and something of her delight was conveyed to us in an impressive selection of slides.

As she described this, she told us the amazing story of her friend, Jane. A committed Christian from childhood, she had trained as a doctor, got married and raised six children before, finding herself unexpectedly widowed at 60, she began her new career.

Widening her skills, she trained in tropical medicine and took a post in a Christian hospital out in the Himalayas. Here she worked for ten years, with very limited facilities and often being the only doctor. Then she 'retired' and moved higher up that valley to an even more remote hospital where isolation was almost complete - no phone, no electricity, no running water. After another ten years she 'retired' again, moving to an even higher mountainside to establish a clinic for girls and babies - a long-held ambition. Here, everywhere could be reached only on foot and she opened the clinic whenever she could, hoping the girls would be able to reach her. It was also fraught with danger because this was Taliban country, where facilities for girls were not encouraged. Jane always said that, working on her own, not responsible to any organisation or bureaucracy, she was able to take risks and venture on plans which never would have been sanctioned.

Underpinning and enabling everything she understood was the practice of Christian prayer, and over the years she became known as 'Doctor Jane', welcomed over a huge area, often walking mile after mile to reach a village which had no access to a doctor or even basic nursing.

Hoping, presumably, that 'retirement' one day would really *mean* retirement, Jane bought a cottage in Uldale where some of our members came to know and admire her. Not even this is permanent, however, since, now well into her eighties, she is back in the Himalayas, not yet having found anyone to take over her work - her lifelong mission.

We thanked Ann for presenting us with this portrait of an amazing woman in a spectacular setting.



The Northern Fells Group

The new Northern Fells Minibus will be on the road in June!

An Enormous Thank You is due to so many people from all the seven parishes, who made the Auction of Goods and Promises in aid of buying and equipping the new Northern Fells minibus such a tremendous success.

Minibus drivers Malcolm Threlkeld, David Bruin, Peter Huntington, Keith Bridges, John Chaddock, Len Williams, John Havelock, Anne Armstrong, Jim Cox and David and Antoinette Ward joined Lesley Smith, Carol Hickson, Mary Threlkeld, Sue and Jeff Clarke, Anne and Emily Manger to advertise and request goods and promises, produce the fascinating catalogue, organise Caldbeck Parish Hall on the day, and act as barmen, doormen, drawing ticket sellers, goods handlers, cashiers and general handy people on the evening itself, ably assisted by Sue Knowles, Fraser Shaw, Willy Smith, Tom Reid, Fiona Cox, Dawn Bruin, Philippa Groves, Dorothy Knowles, and Colin Smith,

Thanks are also due to John Murchison for checking the leads of the electrical goods, to the Village Shop at Hesket Newmarket and Kirkland Store at Caldbeck for selling catalogues, to Martyn and Gillian Barnes for supplying the Café on sale or return, to Hesket Newmarket Brewery for donating a firkin of ale to the Bar, and to Andrew Ward for illustrating the catalogue.

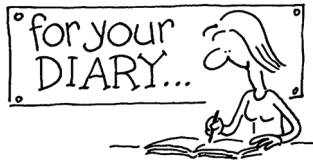
But all their efforts would have been in vain were it not for the incredible support and generosity of donors and buyers of goods and promises, donors of cheques and cash, bakers of cakes and makers of produce for the cake stall, and the persuasive talents of Gordon Savage our entertaining auctioneer with his capable assistant, our Chairman, Malcolm Threlkeld. The Auction raised £4,329.68 on the night after expenses were deducted, with another £738 given in personal donations and by businesses and organisations within the seven parishes and beyond. In addition the Minibus Replacement Fund has received £1,000 donation from Caldbeck Young Farmers Christmas Ball, £1,000 donation from a Dinner and Cabaret with West End Lights held in January, and an anonymous £995 donation.

Details:

	£	p
Takings: Sales of goods and promises:	3536.00	
Catalogues and Admissions	283.10	
Drawing:	307.00	
Cake stall:	281.20	
Bar:	100.00	
Café:	<u>27.35</u>	
	4534.65	
Minus Expenses: Hall/Temporary Events Licence/Printing	-	<u>204.97</u>
	4329.68	
Plus Donations: From individual donors, from organisations and business	+	<u>738.00</u>
TOTAL:		5067.68
Plus earlier donations for the Minibus Replacement Fund		<u>2995.00</u>
GRAND TOTAL FOR MINIBUS REPLACEMENT FUND		8062.68

Rogation Sunday Service

This service will be held at Roe Foot, Sowerby Row
on 9 May 2010 at 11.00am



CALDBECK WI
Wednesday 7 April
'Back to our roots - the WI garden at Tatton Park'
Speaker: Pauline Bibby
Competition:
A 1940's item

CALDBECK & DISTRICT LOCAL HISTORY SOCIETY
Presents the ever-popular
JUNE HALL
on
'ENGLISH RURAL LIFE
IN
THE MIDDLE AGES'
Wednesday 21 April 2010
at
7.30pm
Caldbeck Parish Hall
Tickets: Members £2
Visitors £3 \\
Refreshments included
EVERYBODY WELCOME!

CALDBECK & DISTRICT GARDENING CLUB
Wednesday 14 April
at 7.30pm, Millhouse Village Hall
Jack Gott: A Rainbow of Dahlias

THURSDAY CLUB
8 April
Caldbeck Parish Hall at 2.00pm
Speaker: Tony Reid
'30 Years in the police'

CALDBECK BOWLING CLUB
Easter Monday
Coffee Morning
10.30am
(usual stalls)

Bingo
7.30pm

Proceeds to Club Funds



CALDBECK & DISTRICT LOCAL HISTORY SOCIETY, 17 FEBRUARY 2010

Caldbeck and District Local History Society hosted a speaker for the first time this year.

The President, Ron Davie, welcomed members and requested silence in memory of a former President, Mary James, who died recently. He reported that the General Meeting last month had decided to continue the Society, scaling down meetings, closing for three winter months, and asking members to take a more active part in some of the work entailed.

Peter Messenger was welcomed to tell us about the County Archaeological Society's Project on Dated Structures. He produced his first item, a brick inscribed with a date, initials and village name, which had been retrieved from a Carlisle wall when it was demolished. He was hoping for local groups to explore their own neighbourhood and make lists to add to the county archives. Barrow, Kendal, Ulverston, Shap, Maryport and Carlisle are all active in this field. The project is a long-term one, no pressure.

We saw slides of Brackenhill, a Tower house built for protection, with a date stone of 1584, possibly the date it was bought. Low Levens showed a change of style with no defences dated 1594.

English Heritage has picked up the care of clay buildings, usually cruck framed, and encouraged craftsmen to pass on their skills. Monkhill has a stone lintel, dated 1750 for a brick extension, where the rest was a cruck clay building of an earlier age. Lamonby Farm, Burgh by Sands was estimated to be 200 years old in 1953, now it is thought to be about 300. At Durdar, an interesting stone gave two family initials, possibly two brothers, in 1689. The clay building has been dated to 1505, extended in 1586 and then part stone-faced with the new door surround in 1689.

Interior features can also provide dates: fireplaces, salt cupboards or larger, in-built cupboards or presses. A date stone in the wrong place becomes a feature but does not help in dating the building. Interior graffiti can also be important.

The project had extended from dated buildings to dated structures with reports of bridges and lampposts. Tullie House has ornate lead piping dated 1689. Peter ended with a series of love letters cast in brick from Newton Arlosh in 1755, culminating in "Your consent is my content".

Dr. Davie thanked Peter, and members enjoyed conversation over the refreshments provided by Evelyn Tickle and Eleanor Benson..

THURSDAY CLUB

Everyone was welcomed by Mr Tony Ryan in the absence of Mr John Wooler. One of our members, Mrs Vera Mason, who lives at Midtown House, is not well and a card will be sent to her. Mr Tommy Little, a former chairman, sent everyone his best wishes.

Mr Ryan then welcomed our guest speaker, Mrs Anne O'Laughlin, a former nurse, who spoke about Dr Jane who is 83 years old and still working in the Pakistan area. Anne had visited her there and was able to relay first-hand the work and the terrain covered by Dr Jane.

Mrs Audrey Ryan thanked Anne for her interesting talk. We finished the meeting with tea and biscuits.

PRESERVING INFORMATION ABOUT OUR AREA'S PAST

In the Parish Hall, Caldbeck & District Local History Society stores archives dealing with many aspects of this area's past: special events, places & people; photographs; postcards; newspaper and journal articles; parish magazines; books; tapes & CDs; artefacts, documents, etc.

Anyone is welcome to look at this material.

If you would like a summary list of what there is, please telephone me on 016974 – 78364.

Also, if you have anything of interest which you would like to contribute to the archives (or let us copy), I would be very pleased to hear from you.

Remember: we are doing this not only out of interest but also for posterity!

Kathleen Davie, Archives Officer

LAKELAND LIFE IN THE 1900s

An illustrated talk by Irvine Hunt

Proceeds for the Haiti Earthquake Appeal

Thursday 8 April 2010 at 7.30pm in Millhouse Village Hall

All are welcome to an interesting and informative talk by poet and writer Irvine Hunt. He speaks with warmth and enthusiasm about the Lake District and its past.

This talk about Lakeland life, farm and fell, crafts and trades, evokes a past age. It ranges from daily life around the family hearth to the remoteness of the shepherd tending his sheep on Helvellyn's heights.

There will be light refreshments to follow, so please join us to enjoy an interesting evening with family and friends, and raise some money for the victims of this terrible event.

Please let us know you will be coming, and anyone interested in helping in any way or with refreshments, please contact Philippa Groves 016974 78555.

CALDBECK WI, 3 MARCH 2010

Twenty one members travelled to Mungrisdale to hold a joint meeting with Mungrisdale WI. Everyone was welcomed by Mrs. E. Earl, President of Mungrisdale WI. Helen Hinvest from WI House was a guest and the evening began with the singing of Jerusalem.

Mrs. Earl then introduced Heather Davies who was the speaker for the evening. On holiday in Tanzania in 2008, she visited a small hospice and was impressed with the work being carried out there. On returning home she decided that she would like to help and support this initiative and so contacted the doctor working in Tanzania. She returned to Tanzania, taking with her a nurse from Eden Valley Hospice. While there, they recruited two doctors, a nurse, a social worker and a manager and began the work of setting up another hospice in Lushoto. Heather spoke enthusiastically about the people and the area and showed some fascinating pictures to illustrate what their life was like whilst staying there. She continues to support them with fundraising and plans to return. Mrs. Earl thanked Heather for the talk and wished the team success in Tanzania.

As this was Mungrisdale WI's eightieth birthday, it was celebrated with a delicious buffet and rounded off with a toast for eighty more years. Helen Hinvest proposed the vote of thanks and toast to Mungrisdale. Mrs. Shaw, Caldbeck W.I. President, thanked Mungrisdale WI for inviting Caldbeck to join them on such an enjoyable evening.

The competition for a birthday card was won by Annie Brownrigg with Joan Todhunter second.

There were numerous prizes in the draw and £260 was raised for Lushoto Palliative Care.

CALDBECK PLAYERS

Caldbeck Players' AGM will be on Monday 12 April at 8.00pm in the Oak Room at Caldbeck Parish Hall.

Everyone welcome to help our discussion of future productions.

For further information please contact the secretary,

Pauline Woolfenden: tel: 01697478212

email: greenrigg@btinternet.com

NOTES FROM CALDBECK PARISH COUNCIL MEETING OF 8 MARCH 2010

1. Police Report. PC Chris Blain had sent an email from Wigton Community Police reporting a burglary of electrical equipment near Caldbeck, theft of roofing lead at Fellside, and theft of a Landrover from Caldbeck. The Police suspect that all three offences are linked and enquiries are continuing. PC Blain is impressed by the calls from the public locally when seeing suspicious vehicles and wants to encourage people to make these calls as they assist the police to catch the offenders.

2. Graham Standring, LDNPA Ranger sent a report describing 1. the crackdown on illegal vehicle use on the Common because of huge amounts of recent damage – both Police and Rangers are monitoring and will take action against offenders including crushing bikes and putting points on driving licences. 2. concerns re overnight occupation of vehicles at Faulds Brow, Carrock Beck ford and Heskett Newmarket Back Green. This is illegal under the Commons Byelaws and Graham will be following up these reports.

3. Planning. Decisions:

7/2009/2051 Street Head, Heskett Newmarket. Construction of dwelling. Granted with 14 conditions, including agricultural worker occupation.

7/2009/2264 Nettlesyke, Caldbeck. Construction of Agricultural shelter. Refused.

Applications:

T/2010/0012. Bobbin Mill Gate, Caldbeck. Fell 1 pear tree. **No objections.**
7/2010/2009 The Old Joiner's Shop, Caldbeck. Conversion of Garage/Store into Camping Barn. It was **agreed to strongly object** to this application on the following grounds: with reference to the LDNPA's planning policy on camping barns, the building is not part of an agricultural unit and is not 'traditional' – it is a small timber building on the edge of the Green, an area of common land (part of CL20) surrounded by houses in a residential area (and Conservation area) near the centre of Caldbeck Village. There are houses opposite, just across the road, and there would inevitably be an increase in noise and disturbance for this residential area. The map accompanying the application unfortunately ends at the road on the south side of the Green so it does not show the houses on the other side of the road. The Old Joiner's Shop has no grounds as part of its curtilage – it stands directly on the Green.. Any visitors to the proposed Camping Barn would only have the Green as their outdoor space with all the restriction that that would place on their outdoor activities. Such a development would be very likely to lead

to inappropriate levels of recreational use in what is a tranquil area of the village and part of a conservation area. The Council queried the description of the building as a Garage and Store as although it has been used for storage in recent years since it ceased to be used as a Joiner's Shop, the Council was not aware of a vehicle ever having been parked within the building.

7/2010/2022 East View Cottage, Caldbeck. Roof over open storage area at rear of cottage to provide covered general purpose store. It was **agreed to support** this application.

4. Parish Maintenance

- a) Road salt and gritting. Councillor Colin Smithson reported he has made two grit containers and has placed them at the top and bottom of Wath Brow as the County Council has recently supplied one to the Nether Row road.
- b) Caldbeck Pond. The Clerk reported that she is in the process of applying for a free waste exemption for spreading some of the silt from the pond in hollows on the banks. The Chairman reported that ice and frost have prevented her from organising a boating party to measure the extent of the silt but will be able to do so soon.
- c) Proposed Bus Shelter, Caldbeck Village. The Council considered this was a good idea but, following a broad ranging discussion, was unable to think of a suitable site in the middle of the village. The Clerk was directed to write to John Carter who had proposed the idea and explain the difficulty of finding a site and that the Council would continue to look out for a possible site.
- d) Speed Indicator Device Scheme. Councillor Audrey Noble reported that the SID would next be in the parish later in March and the Chairman offered to host it. The Clerk was directed to write to the Police and suggest times for monitoring traffic speed in the villages with a speed gun.
- e) Other Parish Maintenance matters: 1) The riverside path along the south side of the Cald Beck below the Old Rectory garden has lost much of its underpinning with the spate of water at times over the winter. Graham Standing, the LDNPA Ranger, has put warning notices up and the LDNPA are going to repair the path. 2) The Clerk was directed to write to Highways Dept to express the Council's concern at the poor standard of repair of the retaining wall at Commercial Row with holes filled with just mortar instead of properly repaired with stone. 3) An email had been received from the Highways Inspector, Kevin Lumley, to say that the white lining at Watery

Lonning would be done next time the Team are in the area and that the gullies at Parkend and Hesket Newmarket should have been cleared now. The Clerk was directed to report to Highways that the gully at the foot of Woodhall Lane is still not cleared. 4) Michael Bell had responded to the Council's request for an estimate for reinstating the drainage ditch below the Old Joiner's Shop on Caldbeck Green. As the work is likely to cost more than £200 the Clerk was directed to advertise for Tenders for the work, both in the parish magazine and on the noticeboards. 5) As the White Lining Team will be coming to the area to paint the lines at Watery Lonning the Clerk was directed to write to the Highways Dept with a list of all the faded white lines in the parish that could do with renewal. 6) The putting out of bollards the night before the road sweeping team came in the morning had been successful in keeping the centre of Caldbeck clear for road sweeping but the severe frost meant that the team's efforts could not actually lift the frozen debris. It was agreed that the Clerk should write to Mr Jimmy Irving asking for liaison again the next time the team is coming to sweep the villages and to check that Hesket Newmarket is definitely swept at the same time as Caldbeck.

Antoinette Ward, Clerk to the Parish Council.

CALDBECK MULTI-PURPOSE TENNIS COURT

AGM

The AGM of the Caldbeck multi-purpose Tennis Court Committee will be held at

MARDALE, UPTON, CALDBECK

[HOME OF ANTOINETTE AND DAVID WARD]

Telephone 016974 78220 for directions

on Wednesday 14 April

at 8 pm.

All persons aged 16 yrs and over, resident in the parishes of Caldbeck, Sebergham and Castle Sowerby, are entitled to attend and vote at the AGM.

All are welcome.

BIRTHDAY PUDDINGS

ALL GONE! DELICIOUS! THANK YOU!

Empty dishes, milk jug, + two large spoons await owners!

017684 84431

ST KENTIGERN'S, CALDBECK, CHURCH DUTIES

	Welcomers' Rota 8.30am	Sanctuary Duty (8.30am unless specified)	Sidespersons' Rota 11.00am
April 4	<i>no service</i>	(11am) Margaret Tinniswood	Dick & Penny Bird
11	John Price	Liz Boydell Diana Greenwood	Richard & Margaret Brough
18	Ann Wade	Liz Boydell Jean Holden	David Smith
25	Joan Todhunter	Jean Holden Joan Todhunter	Marjorie Atkinson

ST KENTIGERN'S, CALDBECK, LESSON READING ROTA

DATE	SERVICE	READINGS	READER
April 1 Maundy Thursday	HC 7.30pm	Exodus 12 vv 1-4 (5-10) 11-14 1 Corinthians 11 vv 23-26 John 13 vv 1-17, 31b-35	TBA
2 Good Friday	Family Praise 10.00am Good Friday Reflections 7.30pm	TBA	TBA
4 Easter Sunday	HC 11.00am	TBA	TBA
11 Easter 2	HC 8.30am MP 11.00am	Exodus 14 vv 10 to end 15 vv 20-21 Acts 5 vv 27-32 John 20 vv 19 to end	Liz Boydell Peter Sageman (same Read- ings both services)
18 Easter 3	HC 8.30am Family Praise 11.00am	Zephania 3 vv 14 to end Acts 9 vv 1-6 (7-20) John 21 vv 1-19	Ann Wade TBA (same Reading both services)
25 Easter 4	HC 8.30am MP 11.00am	Genesis 7 vv 1-5, 11-18 8 vv 6-18 9 vv 8-13 Acts 9 vv 36 to end John 10 vv 22-30	Roberta Bowen Shirley Rolfe

DIARY OF EVENTS 2010

April

- 7th Caldbeck WI '*Back to Our Roots—the WI Garden at Tatton Park*'
Pauline Bibby, 7.30pm, Caldbeck Parish Hall.
- 8th Thursday Club, Tony Reid '*30 Years in the Police*', 2.00pm, Caldbeck Parish Hall.
- 10th Caldbeck Methodist Chapel Anniversary, 7.00pm, Seaton Ladies' Choir.
- 12th Caldbeck Players AGM, 8.00pm, Oak Rm, Caldbeck Parish Hall.
- 13th Sebergham WI '*Life as a Doctor 60 Years Ago*' Dr Michael Cox,
7.30pm, Sebergham Old School.
- 14th Gardening Club, Jack Gott '*A Rainbow of Dahlias*', Millhouse Vill Hall, 7.30pm.
- 16th CAFS, *The Damned United*, 7.30 Caldbeck Parish Hall.
- 19th Caldbeck Parish Council, 7.30pm, Caldbeck Parish Hall.
- 21st History Society, June Hall '*English Rural Life in the Middle Ages*',
7.30pm, Caldbeck Parish Hall.
- 26th Castle Sowerby and Sebergham Joint Annual Vestry and Annual PCC meetings, 7.30pm, Millhouse Village Hall.
- 28th Heartstart, 7.30pm, Millhouse Village Hall.

May

- 5th Caldbeck WI '*Colour Analysis*' Fiona Hudson, 7.30pm, Caldbeck Parish Hall
- 11th Sebergham WI, Visit to Moota Garden Centre.
- 15th Gardening Club, Jack Clegram '*Old Garden Machinery & Tools*'.
Talk & Exhibition, Caldbeck Par Hall, 2.00pm.
- 17th Annual Parish Meeting, 7.30pm, Caldbeck Parish Hall. Speaker TBA.
- 19th History Society, H Hawkins '*History of Shap Abbey*', 7.30pm,
Caldbeck Parish Hall.
- 24th Caldbeck Parish Council, 7.30pm, Caldbeck Parish Hall.
- 25th Heartstart, 7.30pm, Millhouse Village Hall.

June

- 2nd Caldbeck WI 90th Birthday Party, 7.30pm, Caldbeck Parish Hall.
- 5th Caldbeck Methodist Church '*Fanny Crosby Evening*', Mrs Thelma Hobday, 7.00pm.
- 8th Sebergham WI '*Humorous Anecdotes*' Mrs Pat Staley, 7.30pm,
Sebergham Old School.
- 16th History Society, '*Guided Tour around Shap Village and Shap Abbey*'.
- 30th Heartstart, 7.30pm, Millhouse Village Hall.

July

5th Caldbeck Parish Council, 7.30pm, Caldbeck Parish Hall.

CALDBECK SURGERY

www.caldbecksurgery.co.uk

Staff Training Afternoons

The surgery will be closed in the afternoon for staff training:

No closure in April

Tuesday 18 May

Wednesday 6 June

On these afternoons the surgery (including the dispensary) will close at 1.00pm. All calls will be redirected automatically to CHOC (was CueDoc).

Art in the Waiting Room this month by David Wood

CALDBECK SURGERY - DELIVERY DRIVER WANTED

Caldbeck Surgery requires a delivery driver for home delivery of prescription medicines every Wednesday

- Must have own vehicle
- Will be CRB checked

£5.80 per hour plus mileage allowance

Please contact:

Gail Cass Medicines Manager

on 016974 78254

or write or call in to the surgery for details.

Closing date for applications: Friday 16 April

Key Ring C P R Face Masks are Available Now

Following the successful HEARTSTART evening for Farmers at Caldbeck, we were asked if we could source some single-use keyring **C P R face masks**. These are simple plastic face masks, which, if an emergency arises can be used to perform rescue breathing without the risk of contamination from the casualty. You will still close the nose with your thumb and forefinger but you will use the valve to breathe into the casualty's mouth.

These are available now for a £2.50 donation from most Caldbeck Area First Responder Team members or at Caldbeck Shop and Post Office and Hesket Newmarket Shop and Post Office.

The next HEARTSTART evening is at Millhouse Village Hall on Wednesday April 28th at 7.30pm. Everyone is welcome to come and in under two hours, learn the simple skills which may one day help to save a life.

For more details, for dates of other courses or to book a course for your group please contact Philippa Groves on 78555 or any team member.



CALDBECK AREA FILM SOCIETY

The final film in the CAFS season is **The Damned United** on Fri 16 April at 7.30pm in Caldbeck Village Hall. It was released in 2009, runs for 97min and was directed by Tom Hooper. It will only offend those who find swearing, arrogance and smoking not acceptable. The screenplay is by Peter Morgan, who also wrote the screenplay for **The Queen**.

The film is set in 1974, before there was a Premier league, when players were not overpaid athletes and could have a quick smoke before they went on the pitch. It covers just 44 days when Brian Clough took on the role of Manager of Leeds United. Clough, not noted for being self-effacing or for his tact and diplomacy, ended up taking on the players, the club, the fans and the boardroom. It turned out to be a rough ride.

Michael Sheen plays Clough and once again convincingly inhabits the part (as he did when playing Tony Blair, Kenneth Williams or David Frost). Clough's right hand man, Peter Taylor, is played by Timothy Spall and his predecessor at Leeds, Don Revie, is played by Colm Meanie.

Ladies do not despair - the action on the pitch is limited in favour of the drama being played out in the dugout, boardroom and behind the scenes at Elland Road.

Films at Keswick in April include **Un Prophete** on Sun 4th at 5pm.



THE PROMISED QUIZ

SATURDAY 24 APRIL IN CALDBECK PARISH HALL STARTING AT 7-30PM

Teams to consist of up to 4 people

Team Fee: £10 per table

Raffle and bar

Contact Liz to pre-book your table 016974 78618

FAIRTRADE NEWS



Last month included Fair Trade Fortnight, which began with a talk about Palestine by Jo Alberti in Mosedale Meeting House to some 40 people. Here is a brief outline of her talk.

Jo talked about her experience of staying in a Palestinian West Bank village as an Accompanier for the Ecumenical Accompanying Programme for Palestine and Israel (EAPPI). The Accompanier goes round with local people, Palestinian or Israeli, and a camcorder; this aims for the end of Israel's occupation of the West Bank, recording non violent actions and advocacy.

The situation is complex. Israelis fear being outnumbered by Arabs; Arabs have been displaced from their land. A big bone of contention is the Israeli settlers, constantly increasing in numbers and sometimes harassing Palestinian villagers. Another annoyance to Palestinians is the Wall (the Barrier to Israelis), to protect against suicide bombers but built on Palestinian soil, causing Palestinians many problems having to go through check points, where they are treated arbitrarily.

Jo lived for three months among the inhabitants of Yanoun, a village which had been so harassed by the settlers that the people left, and only went back when guaranteed some protection. She witnessed clashes between settlers and Palestinian villages, where the Israeli army came later but took the side of the settlers, who had burnt or cut down olive trees.

Jo also met Israelis. One believed peace would come from Israeli and Palestinian villages co-existing on good terms; another was very critical of Israel's militarisation, with this declaration: "We, a group of feminist women and men, are convinced that we need not live in a soldiers' state"; and a third brought together Israelis and Palestinians who had lost members of their family through violence.

The Caldbeck Fairtraders are grateful to The Quakers of Mosedale for hosting the event at their Meeting House and for those who served Fairtrade refreshments and sold Fairtrade products from Palestine. You can support the Palestinians by buying their Fairtrade olive oil, on sale in Caldbeck's Fair World shop and The Old Smithy.



Sebergham Weather Recordings

Rainfall

February 2010	36.60 mm	(1.45 ins)
aggregate for year	73.67 mm	(2.74 ins)
February 2009	20.10 mm	(0.79 ins)
aggregate for year	118.45 mm	(4.66 ins)



The first two months of this year have been the driest recorded here at Sebergham since records began in 1965. It is interesting to note that the driest year here was 1995 but in the first two months of that year we recorded 310.70 mm (12.23 ins). So who can predict what will happen! Snow fell on 4 days.

Temperatures

The average maximum day temperature 39.04°F (3.91°C)
 The average minimum night temperature 27.25°F (-2.64°C)
 The warmest days of the month were 5th and 25th at 44°F (6.67°C)
 The coldest night was 23rd at 21.00°F (-6.12°C)



*We recorded a frost on 23 nights of the month (only 5 nights frost free).
 The average day temperature was 1.17°F cooler than January. In previous years our average February day temperature has been 43.79°F (6.55°C) and night temperature 34.39°F (1.33°C).*

R de Robeck

ST MARY'S CHURCH, SEBERGHAM FLOWERS & CLEANING ROTA



DATE	NAME
April 4	Mrs Holliday
11,18	Mrs Hollins-Gibson
25	Mrs Horn
May 2	Mrs Horn

SEBERGHAM WI
Tuesday 13 April
'Life as a Doctor Sixty Years Ago'
Dr Michael Cox
Competition: A photo or picture of a sailboat

**ST MARY'S CHURCH, SEBERGHAM
LESSON READING ROTA**

DATE	SERVICE	READINGS	READER
April 4	HC Easter Day	Acts 10 vv 34-43 1 Corinthians 15 vv 19-26 John 20 vv 1-18	Peter Weston Doreen Ward Preacher
11	MP	Acts 5 vv 27-32 John 20 vv 19-end	Stephen Hollins-Gibson Poppy Hollins-Gibson
18	<i>no service</i>		
25	HC	Acts 9 vv 36-end Revelation 7 vv 9-end John 10 vv 22-30	Richard de Robeck Jenny de Robeck Preacher

SEBERGHAM WI MARCH 2010

Sebergham WI celebrated its 62nd birthday with a delicious dinner at Denton House, Hesket Newmarket. Although several members were unable to attend because of various reasons, (the Caldbeck play rehearsal, a new grandchild and sadly two with ill health), we had a really excellent evening.

Following this very jolly party, Margaret Mattinson again took the meeting standing in for our president, Dorothy Staples, who is still in hospital and we wish her all the best for a very speedy recovery.

We then proceeded with the business part of the meeting and the County News was read and noted.

Many of our members were disappointed that the cheque book is planned to be phased out by 2017 and feel that there are many non-internet users who will find financial transactions difficult without one. We were asked to make a list of all the uses when we think a cheque is indispensable and a comprehensive list will be sent to the Federation.

At the County event to be held on 8 July at the Greenhill Hotel to celebrate the Federation's 90th anniversary, the Shawk Valley group will help with stewarding and the Tombola. Sebergham has been asked to provide three bottles.

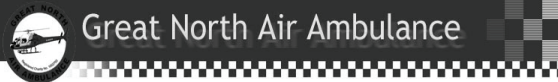

We were also reminded that Sebergham will be responsible for the entertainment at the Shawk Valley group meeting in the autumn.

Plans for the dinner party to be held in the Old School on 4 May were set in motion with lots of recipe ideas and a price of £15 a ticket was agreed. More information will be available in April.

The competition for a brooch was judged by the excellent chefs of Denton house and first was Poppy Hollins-Gibson and Maureen Allen, second.

Next month our speaker is Dr Michael Cox on life as a doctor 60 years ago and as many of us were his patients this will be a very happy reunion and a testament to his excellent care!

Poppy Hollins-Gibson, Press Secretary



Bag to School

Wednesday 28 April 2010

Back by popular demand, the Great North Air Ambulance and Friends of Fellview are once again collecting bags of fabric, i.e. **clothes, towels, bedding, curtains and also shoes, belts and handbags**. Please support this great cause, while having a clear out at home!!

Proceeds are split between the two charities.

Please take your **bags to Fellview School, Caldbeck by 9.30am on Wednesday 28 April**
(bags can be left at school from Monday 26 April onwards).

Please phone Karen on 016974 78018 if you require any assistance in getting your bags to school.

FILM AND FISH AND CHIPS

A good crowd turned out to view "Up", which was a really enjoyable, family film - funny yet thought-provoking too. Plenty of crisps, chocolate, popcorn and drinks were consumed and those that had any room left were able to enjoy freshly fried fish or sausage and chips later on! The standard of the food was very high and we are grateful to Richard, of Bryce's Wigton, for bringing his mobile fish and chip shop to Caldbeck!

The afternoon was organised by the Hesket Newmarket Play Area Association, with help from Roy Knowles in projecting the film. We were delighted with the response, which was overwhelmingly positive - we have had lots of requests to repeat this initiative! Although we did not set out to make money from this venture several people made donations to the Association and so a small profit was made.

Thank you to all who helped set it up, and particularly to Roy for giving up his afternoon, and thanks to all who came along to make up the audience.

Sue Braithwaite

MY BRILLIANT DIVORCE

Former Sebergham resident and Caldbeck Players member, Jan Kirk, is bringing her latest production to Welton Village hall on Friday 9 April at 7.30pm. Act Out - the company that Jan formed after leaving Penrith Players - has joined forces with Brough Players for this production of the comedy My Brilliant Divorce. The play, written by Geraldine Aron and directed by Ailsa McKenzie, is comedy drama at its best, packed with delightfully observed humour.

Angela, played by Jan Kirk, has been abandoned by her husband. Her daughter has moved into her own flat and she is left alone with only the family dog, Axl. She introduces the audience to some bizarre characters she meets along her journey of self-discovery and finally happiness. The play jumps from absurdly funny situations to moments of extreme poignancy and back.

Tickets cost £7.00 on the door, with concessions £6.00 paid for in advance. Group rates are available. There is a reduction for Solway Arts members. For further information and advance booking call Ailsa on 017683 42390.

We hope to see you there.



ST KENTIGERN'S CHURCH, CASTLE SOWERBY

Services resume in Castle Sowerby Church in April.

Caldbeck Area Community First Responders

Registered Charity No 1108013

In Association with North West Ambulance Service

If you have a medical emergency, **dial 999 or 112**

(Please note that you cannot call First Responders direct)

If appropriate, the Ambulance Service will call the First Responders as well as (not instead of) an ambulance

CALDBECK PARISH COUNCIL

Tenders are invited

**for reinstating the drainage ditch on the edge of Caldbeck Green,
below the Old Joiner's Shop, opposite Deer Park.**

**The work should include digging out the ditch, carrying away the debris,
putting in a drainage pipe to carry the water to the drain under the slab
(opposite the lanning down to the car park), and infilling around the drain-
age pipe, so reinstating a successful drainage ditch.**

More information available from the Clerk – details below.

**Applications for this tender to the Clerk, Antoinette Ward,
Mardale, Upton, Caldbeck, Wigton, CA7 8EU**

by noon on Friday 16th April.

Telephone: 016974 78220

Email: aw.caldbeck@googlemail.com



CALDBECK & DISTRICT GARDENING CLUB

Wanted to borrow:

We need your old lawn mowers and gardening tools, regardless of condition, to exhibit at our meeting on 15 May. This will be a talk and exhibition on 'Old Gardening Tools and Machinery' presented by Jack Clegram from Durham, and will be held in Caldbeck Parish Hall starting at 1.30pm. All are welcome, admission £4.50 (members £1.50), including afternoon tea. There will also be a plant sale and raffle.

All proceeds will be donated to the 'Hospice At Home' .

Workshop - making garden figurines using Pavapol:

Tutor Mrs Pearl Wilson

Saturday 10 April 10.00am -3.00pm in Caldbeck Cricket Club

Places still available

Further details for either event available from Marjorie Watson 016974 78190

CALDBECK METHODIST CHAPEL

4 April, Easter Sunday at 2.30pm	Rev K Hurst
11 April, Anniversary Service at 2.30pm	Mr R Moscrop
18 April at 6.30pm	Mrs E Haywood
25 April at 6.30pm	Mr R Pattinson

CASTLE SOWERBY FREE EVANGELICAL CHAPEL

Sunday School each Sunday	10.30am
Sunday evening Service	6.30pm

HESKET NEWMARKET FREE CHURCH

Sunday Morning Service - 10.30am with Communion on the first Sunday
Junior Church - 10.30am. All children welcome.

EASTER SERVICES

Good Friday Devotional Services 10.30-11.00am

Easter Sunday

10.30am Speaker: Bill Chalmers from Edinburgh City Mission

6.30pm Songs of Praise

Refreshments after both services

QUAKERS: MOSEDALE MEETING HOUSE

From the beginning of April until the end of October, Meeting for Worship
will be held every Sunday at 10.30am.
Everyone is heartily welcome to attend.

ROMAN CATHOLIC: ST CUTHBERT'S, WIGTON

Sunday Mass: 9.00am and 6.00pm

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<p>THERAPEUTIC MASSAGE Karen Royall Dip ITEC</p> <p><i>Ease away aches, pains and stress and discover the ancient art of massage.</i></p> <p>HEAL THE BODY SOOTHE THE MIND STRENGTHEN THE SPIRIT tel: 016974 78443 Email: kzmorgan37@hotmail.com</p>	<p>WATERMILL CAFÉ LTD</p> <p>Priests Mill, Caldbeck, Wigton, Cumbria CA7 8DR 016974 78267</p> <p>ANNUAL SHUT DOWN - Mon 5th January Open Again Saturday, 14th February 9.00am — 5.00pm (until 2nd Nov) 9.00am—4.30pm (until Xmas) Closed Christmas day, Boxing Day, 27th December and New Year's Day</p>
<p>TREE MAINTENANCE & FELLING</p> <p>Fully qualified. Ten - years' experience. Very competitive rates. <i>Call Alan or Justin</i> Tel: 016974 78178 Mobile: 07905 409851</p>	<p>ANDREW WHITE</p> <p>Professional Driving Instructor D.O.T. Approved, Long-established. GRADE 6. Excellent Pass Rate. Car - Car + Trailer - Mini bus - LGV - PSV Friendly & Patient Tel: 016974 78605</p>
<p>VIOLIN TUITION</p> <p>Beginners of all ages to Grade 4 Music theory to Grade 5 Mrs Rosemary White B Ed Hons (Music) Greystoke Rectory, Greystoke, nr Penrith Tel: 017684 83293 Years of experience in school, private tuition at my home Individual lessons from £10.00</p>	<p>THE WOOL CLIP</p> <p>Priests Mill, Caldbeck A local co-operative selling high-quality woollen goods made by hand. Open: 11am-5pm Easter to Oct 31st 11am-4pm Mid-February to Easter, Nov and Dec, Jan 2nd - 5th Closed: Jan 6th to Mid-February 016974 78707</p>
<p>THE FAIR WORLD SHOP</p> <p>Fairly traded foods, teas and coffees, unusual crafts and gifts.</p> <p>Weekdays (except Mondays) March 30 to Oct 31 11.00am-4.00pm Nov 1 to Dec 24 1.00pm-4.00pm Saturdays & most Sundays April - Dec 2.00pm-4.00pm Contact: Lynette 016974 78544</p>	<p>WRAGG MARK-BELL SOLICITORS</p> <p>To assist with: residential, commercial & French property; small businesses; wills; employment & immigration; crime & road traffic offences; matrimonial & children matters. Liz Berry/Gaynor Wragg 01228 711728</p>

CHURCH SERVICES IN APRIL 2010



Thursday 1 April		Maundy Thursday	
<i>Caldbeck</i>		7.30pm	Holy Communion (+ stripping of altar)
Friday 2 April			Good Friday
<i>Caldbeck</i>		10.00am	Family Praise and Easter Garden
<i>Caldbeck</i>		7.30pm	<i>At the Foot of the Cross</i> , Good Friday Reflection
Sunday 4 April			Easter Sunday
<i>Caldbeck</i>		8.30am	<i>no service</i>
		11.00am	Holy Communion
<i>Castle Sowerby</i>		11.00am	Holy Communion (by extension)
<i>Sebergham</i>		11.00am	Holy Communion
Sunday 11 April			Easter 2
<i>Caldbeck</i>		8.30am	Holy Communion
		11.00am	Morning prayer
<i>Castle Sowerby</i>		11.00am	<i>no service</i>
<i>Sebergham</i>		11.00am	Morning Prayer
Sunday 18 April			Easter 3
<i>Caldbeck</i>		8.30am	Holy Communion
		11.00am	Family Praise
<i>Castle Sowerby</i>		11.00am	<i>no service</i>
<i>Sebergham</i>		11.00am	<i>no service</i>
Sunday 25 April			Easter 4
<i>Caldbeck</i>		8.30am	Holy Communion
		11.00am	Morning Prayer
<i>Castle Sowerby</i>		11.00am	<i>no service</i>
<i>Sebergham</i>		11.00am	Holy Communion