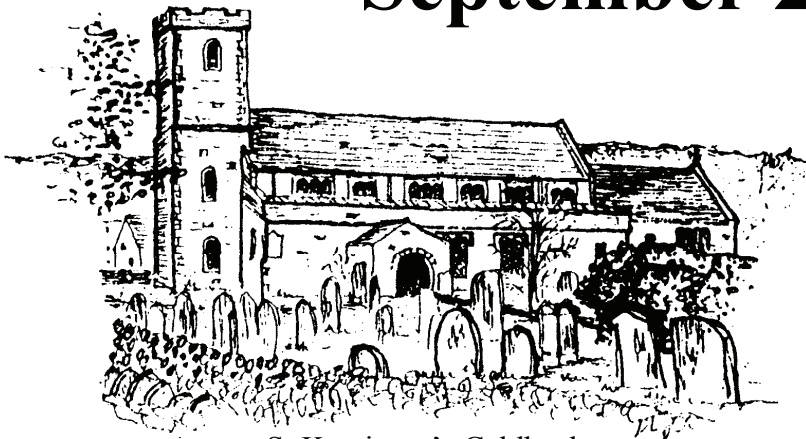


**September 2009**



St Kentigern's Caldbeck



St Mary's Sebergham



St Kentigern's Castle Sowerby

**Parish  
Magazine**

## CHURCH STAFF AND CONTACTS

### DURING THE VACANCY

For *weddings*, please direct queries to: Rev Norman Robinson (Asst Rural Dean) 016973 43723

For *funerals*, please direct queries to: Mr Geoff Hine (Reader) 016974 76308

Unfortunately, we are unable to arrange *baptisms* during the vacancy. General oversight and point of contact will be the Assistant Rural Dean, as above.

#### CALDBECK - St Kentigern's

<b>Churchwardens</b>	Mrs E Boydell Mr R Brough Dr R Davie	
<b>Treasurer</b>	Mrs C Hine	
<b>Secretary</b>	Mrs S Beale	016974 78353

#### CASTLE SOWERBY - St Kentigern's

<b>Churchwardens</b>	Mrs M Edmondson Mr J Foster	
<b>Treasurer</b>	Mr B Mallinson	
<b>Secretary</b>	Jean Mallaband	016974 78143

#### SEBERGHAM - St Mary's

<b>Churchwardens</b>	Mrs M Mattinson Mrs E Luck	
<b>Treasurer</b>	Mr J S Hollins-Gibson	
<b>Secretary</b>	Mrs H Holgate	016974 76478

#### Parish Magazine Contacts

**Editor:** Mrs Roberta Bowen

Tel/Fax: 016974 78100 **Email address:** drbowen@btinternet.com

*(please put 'magazine' in the subject and paste items in the body of the email)*

**NOTE:** Copy deadline **15th September** for inclusion in October's magazine.

**Subscriptions:** Mrs Jean Holden, 1 Hodden Court, Caldbeck

Tel: 016974 78097

## *Not The Rector's Letter*

...continuing with some more extracts and notes of the three parishes taken from the '*History and Topography of Cumberland 1861*' by William Whellan, and Bulmer's '*History and Directory of Cumberland 1901*':

**Caldbeck Parish.** Unlike the other two local parishes, Caldbeck is not only enclosed by obvious physical features like roads and rivers, for part of this parish boundary crosses open fell, so here it also uses other evidence, such as, standing stones, wells, etc. On the latest 2½ in to 1 mile Ordnance Survey Map, some of the places mentioned cannot be found, but some can, even though there are occasional small spelling differences from this 1861 description of the parish. I will bracket the 'OS new name' where I think the spelling has changed next to the old 1861 names and, except for these minor bracketed additions, this is exactly how the 1861 parish was described. I apologise now for any stupid mistakes I have made.

The 1861 Caldbeck Parish .... 'The boundary line commences at the church, and extends northwards along Bowten Beck to the angle of the road to Carlisle, from thence in a straight line to Thornthwaite Gillhead, then to Folds (Faulds), and thence by Thorney Stone to Pin Hill, then to Elpha (Elfa) Well, from thence to Greenah Well, near Uldale, then to a stone chair near Bagray Gate (Baggra Yeat), then to a stone called Fallen Gruel, then to a cinder bed near Longlands; thence to a boundary stone adjoining the River Ellen, from thence to a stone near Coppock (Cockup), thence to the road and enclosed land to Dash and Candlesieve Bog and to Dead Beck Foot, and to the River Caldew at Scot's Fold, and along the River Caldew to the River Micklebeck near Hesketh Hall, and along the River Micklebeck to the commencement near the church.'

(According to the latest Ordnance Survey Map, from where the river rises in Raughton Gill, it changes its name five times before it joins the River Caldew at the 'Waters Meeting': first the Dale Beck; second the Branthwaite Beck; third the Parkend Beck; fourth the Whelpo Beck; fifth the Cald Beck; and now, perhaps, there is, or was, according to the 1861 record, also a sixth name, the Micklebeck - but I cannot find this name recorded anywhere else!)

'The parish area is 24,280 statute acres, of which about 12,000 are common and fells, which afford good pasturage to numerous flocks of sheep, and abound with various kinds of game. The lands seem to rise by gentle ascent from the vale of the Caldew up to the mountains. The soil near Caldbeck

and Hesket is fertile, but the western part of the enclosed land is cold and heavy. The minerals found in this parish are lead, copper, coal and limestone, .... there is almost boundless variety of the former, few districts of a similar extent contribute more to the pleasure curiosity of the tourist and the cabinet of the mineralogist. The parish is divided into the townships of Low Caldbeck, High Caldbeck, Haltcliff, Mosedale and Swineside. The inhabitants attend the Wigton, Carlisle and Penrith markets. They reside in several small villages, but the majority are dispersed in single houses for agricultural purposes, and are engaged in agriculture and mining. The rateable value of the whole parish is £6,073 per annum. It is evident that a Roman road has passed through the parish, from the 'station' near Papcastle to another near Plumpton. Entering the parish at the boundary near Uldale, it proceeded over the common to Pikeless Gate, thence by Wath to Hesket Newmarket, along the road now called Street, and from Hesket to Millhouse, in the parish of Castle Sowerby, in the direction of the 'station' Petriana. The commons belonging to the various townships in this parish are not enclosed and contain, by measurement, 12,633 acres.'

*Ron Brame*

## **THE PARISH REGISTERS**

### **Funerals**

Cissie Benn

*23rd July 2009*

Caldbeck Church

Followed by burial in the churchyard

Annie Graham

*31st July 2009*

Caldbeck Church

Followed by burial in the churchyard



**ST KENTIGERN'S CHURCH, CALDBECK  
HARVEST SERVICE  
SUNDAY 4 OCTOBER  
11.00am**

**ST KENTIGERN'S CHURCH, CALDBECK  
HARVEST LUNCH**

**Sunday 4 October 2009  
Caldbeck Parish Hall  
12.30 for 1.00pm.**

Tickets: £10.00 per head, available in church at service times  
or from the Post Offices in Caldbeck and Hesket Newmarket.

**Still studying? Funding available for books etc.  
HALTCLIFFE SCHOOL TRUST FUND GRANT DISTRIBUTION  
2009**

Application forms for these grants can be obtained from the Secretary,  
Mrs J Stobart, 'Ritchie Ghyll', Hewer Hill, Hesket Newmarket, Wigton  
CA7 8HZ. Tel: 016974 76575.

The forms must be returned by 30 September 2009.

Distribution of interest will be made following a Trustees' Meeting to be  
held on 14 October. Individuals and groups who successfully applied for  
grants last year, may reapply this year for further consideration. Parish  
groups may apply each year but individuals may only make application  
twice.

The Trustees shall apply the income of the charity in promoting the edu-  
cation, including social and physical training, of persons resident in the  
parishes of Caldbeck and Castle Sowerby. In allocating benefits, the  
Trustees shall have regard to the promotion of education in accordance  
with the principles and doctrines of the Church of England and the Meth-  
odist Church.

## MOTHERS' UNION



We have enjoyed a busy summer with, incredibly, fine weather on each occasion.

Our June outing was an afternoon trip through the contrasting scenery of the Solway, followed by a delicious tea at The Gincase and a sunlit journey towards the fells.

In July it was our turn to host the Deanery summer meeting and St Kentigern's was filled with members from as far away as Longtown, Lanercost and Bowness-on-Solway. We were grateful to Rev Kathleen Ashbridge for leading the service, and to David Ward who played the organ. The collection will go towards our 'Away from it all' fund which enables needy families to be given a holiday. A stall for the Fair World Shop was well supported, and members were free to look round our village before making their way to the Parish Hall to enjoy their refreshments. This was a rare opportunity for our members to meet those from distant branches, to enjoy their company and learn of the doings of the Mothers' Union where they live.

In August we received an invitation to join the Bright Hour at their picnic meeting in Margaret and Kathleen's garden. We had great fun when challenged to complete the verse of a hymn, having been given the first line. This proved to be unexpectedly difficult - we thought we knew them well! Mrs Helen Stobart spoke of her upbringing in a Christian family and described some of the things she and her family are involved in today. She sang a solo and we all sang hymns, by which time we were all ready to do full justice to the lovely tea laid ready for us in the house.

On Sunday 9 August there was an opportunity to enjoy the beautiful grounds at Rydal Hall for a 'Family Fun Day' - with games, story-time and a Teddy Bears' Picnic - greatly enjoyed by the children. Adults had the opportunity to play croquet.

### **Ladies' Bright Hour**

Tuesday 1 September  
Dilys Tomkins  
Caldbeck Methodist chapel

### **MOTHERS' UNION**



Tuesday 15 September  
2.00pm  
Caldbeck Methodist Chapel  
Speaker: Mr Shawn Atkinson  
'Fire Prevention in the Home'  
Everyone is welcome!

**what's on for young people**

**DROP IN**  
Gaitsgill Village Hall  
7.30-9.30pm  
  
Saturday 26 September

**DISCOVERY CLUB**  
Tuesday 8 September  
3.15—5.00pm  
Caldbeck Parish Hall  
Tel: Helen 78669

**Junior Church  
At  
Hesket Newmarket  
Free Church**  
A welcome is extended to anyone who would like to send their children to Junior Church which runs every Sunday 10.30-11.45am. The children join in the main service for a short while before leaving to go to their classes. They are split into two groups, juniors and seniors, with two teachers in each group.  
Tel: Helen 78669

**Reverb**  
*Youth Music Group (8-18)*  
Tuesday evenings  
6.30 - 8.30pm  
Caldbeck Parish Hall  
£2 a session  
*Open to all,  
of any level of ability*  
**Starting back on Tuesday 8  
September  
6.30-8.30pm.**

**Reverb**  
**Open evening Tuesday 15 September  
6.15pm onwards - for all ages, come and see  
what we do and have a go!**  
**Refreshments**

**CALDBECK METHODIST CHAPEL**

**Harvest Thanksgiving**

Saturday 26 September at 7.30pm

Preacher: Rev P Dew

**Harvest Festival**

Sunday 27 September at 2.30pm

Preacher: Mr D Faulds

**Sale of Produce**

Monday 28 September at 2.00pm

All are welcome



**HESKET NEWMARKET FREE CHURCH**

**HARVEST WEEKEND**

**Saturday 12 September**

**BUFFET SUPPER**

**6.30pm**

followed by harvest hymn singing and a presentation by Wayne Hutchinson about his work with the charity 'Send A Cow'.

**Sunday 13 September**

**THANKSGIVING SERVICE**

**10.30am**

Speaker: Andy Wade  
followed by tea and coffee.

**A special collection for 'Send A Cow' will be taken at each service.**



## **CALDBECK PARISH COUNCIL**

The next Parish Council meeting will be on Monday 28 September instead of Monday 21 September as originally advertised.

### **HESKET-NEW-MARKET AGRICULTURAL SHOW**

at

**Throstle Hall, Caldbeck**

(by kind permission of Mr & Mrs R Mounsey)

**Saturday 5 September 2009**

**Show Field opens at 8.30am**

*Horses, cattle, sheep, dogs, poultry, rabbits, vintage vehicles, terrier and Jack Russell race, pony sports and tug-of-war*

Cumberland & Westmorland Wrestling, Horticultural & Industrial Section, Crafts, Children's Fancy Dress and much more

Stands and Side Shows. A great day for all the family!

**Enquiries - Helen Greenbank 016974 78125**



### **WELTON KNIFE & FORK SUPPER DANCE**

Welton Village Hall on Friday 18 September

Dancing to Roe Valley Band

Proceeds to Welton Church

Tickets: 016974 76468/76452

### **JAZZ CONCERT**

**Friday 9 October at 7.30pm in Caldbeck Parish Hall**

**The Kevin Wright Quartet**

Following the successful Partita concert last month, this one will be quite different - but just as good. It will be a traditional jazz concert. Kevin has played before with George Macdonald and James Birkett. This time he will be bringing his own group. Fuller details next month.

## CALDBECK PLAYERS



Our next production, to be presented on Thursday, Friday and Saturday, 26-28 November 2009, will be a pantomime version of 'Babes in the Wood' which, as you read this, is in the process of being written by Caldbeck resident, Teresa Richardson. Regular rehearsals will be held on Monday and Thursday evenings (school holidays excepted). There will be parts for all ages, so, if you would like to be involved, please come along to our preliminary meeting on Monday 7 September in the Oak Room at Caldbeck Parish Hall. We will need people to act, sing, dance, build the set, paint scenery, sort out props, help with lighting and costumes, ETC., ETC. So, if you would like to be involved onstage, backstage or 'front-of-house', please come along to find out more.

6.30pm - children and young adults (and parents), ages 8 years and upwards.

7.00 - 7.45pm - adults.

If you would like to be involved but can't make the meeting, please get in touch and let us know.

Ken & Pauline Woolfenden Tel: 016974 78212

e-mail: [greenrigg@btinternet.com](mailto:greenrigg@btinternet.com)

Sarah Morley & Patrick Keane are delighted to welcome their son Daniel Patrick into the world. We would like to thank everyone for the cards, gifts and money and kindness – it's been overwhelming. Thank you.

**COLIN SMITHSON - Painter, decorator and handyman**  
3 Upton Cottages, Caldbeck  
016974 78161  
077877 10061



## **CALDBECK AREA FILM SOCIETY**

If you haven't already joined CAFS, come to our first presentation of the season in Caldbeck Parish Hall on Friday 18 September to see 'Slumdog Millionaire', and join then. If you would like to join before that, then please contact Poppy Hollins-Gibson on 016974 76276 to ensure your ticket and membership.

The film starts at 7.30pm and lasts for 120 minutes. Maybe stay for a coffee afterwards and swap impressions with other audience members.

'Slumdog Millionaire' is based on the novel 'Q and A' by Vikas Swarup and is directed by Danny Boyle. It is Certificate 15 and contains scenes which some people may find disturbing for their violence. It tells how 18 year old Jamal has, by luck, managed to get to the final of the Indian version of 'Who Wants To Be A Millionaire?' The oily quizmaster believes he is a cheat and so Jamal is detained by the police and brutally interrogated on the eve of the final round of the show. How could the uneducated, former street kid, who now serves tea at a call centre, correctly answer the questions? As the police go over each question with Jamal, there is a flashback to his earlier life, which shows how he came to know each answer.

The film is brilliantly photographed and there is a strong emotional storyline, but some critics felt that the characters lacked complexity.

It does, however, give a sharp-eyed look at the brutality of living in the slums of Mumbai compared to life for the middle classes and the rich. It also begs the question of whether Danny Boyle is patronising the 'slumdogs' in this film. Everyone loves a story where the underdog triumphs and, after all, the film did go on to win the Best Film Oscar for 2009. So there is much to enjoy as well as making you think in this vibrant film.

## **CALDBECK AREA FIRST RESPONDERS**

At the AGM of the First Responders held on 21 July, the Chairman, Gary Lewin, thanked all those who had contributed to the success of the group, including the responders, donors and the sponsors of the pagers. The team is in a strong position and is well supported by the community. There are currently 19 active responders and 12 trainees. The responders are located throughout the large area covered but more volunteers from Sowerby Row, Churchtown and Sebergham are needed. Training, which is on-going, is progressing very well, under the supervision of the co-ordinator for the group,

Philippa Groves, who also runs the local Heartstart courses. There have been fifteen call-outs this year.

The committee for the year 2009/2010 is: Gary Lewin (Chairman), Philippa Groves (Co-ordinator), Diane Brown (Secretary), Pauline Woolfenden (Treasurer) and David Kerry.

We are very grateful for the continuing general support of the community but a little disappointed that it was not possible for more people to attend the AGM. We hope to see more people next year.

In the meantime, anyone wishing to volunteer to become a first responder should contact Philippa Groves on 016974 78555.

## **CALDBECK & DISTRICT LOCAL HISTORY SOCIETY**

Our outing in July was on a lovely evening with the sunlight catching the distant fells. We found our way without difficulty to Wreay and had time to absorb the atmosphere of the Church of Saint Mary before our guide from the Parochial Church Council arrived to tell us about it. The Church was the brainchild and creation of a very special lady, Sarah Losh. She had an interesting upbringing, in a family who were friends with the movers and shakers of the time and her intellect was stimulated from an early age. She found it easy to learn and had wide interests. Her imagination was aroused by her Grand Tour of Europe and, when she found the local church in a poor state of repair, she offered to give the land and rebuild it, if she was given a free hand in the design.

She employed local craftsmen and materials and was keen on recycling, reusing the stones from the original building and the wood of the old pews to line the roof of the nave. Local tradition has it that she sent stonemasons over to Italy to learn the skills they needed and that her brother, William, brought back broken stained glass from the iconoclasts of the French Revolution which is incorporated in the main windows. She, herself, carved the Font with its symbols of new life. The whole church is full of symbolism and the current congregation are still learning more of the reasoning behind some of the decoration.

The journey of faith can be traced: As we enter, the porch and doorway are decorated with signs of the Creator and symbols of death. The font shows new life and, as we proceed towards the apse, drawn by the seven lights representing the gifts of the Spirit and admire the links with Old and New Testament stories, we come to the lectern and reading desk which, like the pulpit, are made from ancient wood dug from the bog. The lectern is an eagle for St John, the reading desk, a stork, or possibly a pelican, and the pulpit is an old stump with a new shoot springing from its root symbolising Christ. Within the apse is an altar, carved with ears of wheat and bunches of grapes, set centrally with designs of the Apostles set into the outer wall and the Creed lettered below them.

Numerology has its place also, three for the Trinity, four for the earth or humanity, seven for the gifts of the Spirit, twelve for the tribes of Israel and the Apostles. There are four main windows along each side of the nave, each with three smaller ones above and there are three times four times seven windows altogether.

When Ron Davie had thanked Raymond Whittaker and the other members of the PCC who welcomed us, we walked across to the Losh family burial ground and admired the mausoleum Sarah had built for her sister showing a sculpture of her as a maiden. We then went on to The Plough Inn where we enjoyed a good meal.

**FOUND**

**Found outside Kirkland Stores, Caldbeck, a set of house keys. If these belong to you, please call at the shop or telephone 016974 78252.**

Reg charity no 110 8013

**CU♥BRIA  
Community  
First Responders**

In Association with Cumbria Ambulance Service NHS Trust

**If you have a medical emergency, dial 999.**

*Please note that you cannot call First Responders direct.*

If appropriate, the Ambulance Service will call us out, as well as (not instead of) an ambulance.

## ST KENTIGERN'S, CALDBECK, CHURCH DUTIES

	<b>Welcomers' Rota 8.30am</b>	<b>Sanctuary Duty (8.30am unless specified)</b>	<b>Sidespersons' Rota 11.00am</b>
<b>Sept 6</b>	<i>no service</i>	(11am) Margaret Tinniswood	Malcolm & Eleanor Thyne
<b>13</b>	Ron Davie	Liz Boydell Diana Greenwood	Christine Pearson
<b>20</b>	Ann Wade	Liz Boydell Jean Holden	Peter Sageman
<b>27</b>	John Price	Jean Holden Joan Todhunter	<i>no service</i>
<b>Oct 4</b>	<i>no service</i>	(11am) Margaret Tinniswood	R & M Brough Wm & Judith Cowx
<b>11</b>	Ron Davie	Liz Boydell Diana Greenwood	<i>no service</i>
<b>18</b>	Diana Greenwood	Liz Boydell Jean Holden	Gwen Coulthard
<b>25</b>	Liz Boydell	Jean Holden Joan Todhunter	Peter Sageman

### Ecumenical Bible Study

Caldbeck Chapel  
at 2.00pm

Tuesday 8 September  
Tuesday 22 September  
Tuesday 29 September

### Take time for prayer!

The ecumenical prayer group meets  
each Tuesday morning at 8.45am in the  
back of Caldbeck Church to pray for the  
needs of our community and the world.

Why not join us?

ALL WELCOME!

## DIARY OF EVENTS 2009

### September

- 1st Castle Sowerby PCC, Millhouse Village Hall, 7.45pm.
- 2nd Caldbeck WI, D Kerry, *Highway Code*, Parish Hall - 7.30pm.
- 5th Hesketh Agricultural Show.
- 7th Ladies' Bright Hour, Dilys Tomkins, Cald Meth Chap - 2.00pm.
- 7th History Society, Business Meeting, Elm Lodge, HNM, 2.00pm..
- 8th Sebergham WI, N Pickthall, *Nancy's Experience*, Old School 7.30pm.
- 10th Thursday Club, Members' Afternoon, Oak Rm, Parish Hall - 2pm.
- 16th Hist Soc, D Shotton: *New Perspectives on Roman Conquest of North-West*. Parish Hall 7.30pm.
- 16th Gardening Club, 7.30pm, Millhouse Village Hall, Kevin Preston-Sweet Peas.
- 18th CAFS, *Slumdog Millionaire*, 7.30pm Caldbeck Parish Hall.
- 23rd Heartstart, Millhouse Village Hall 7.30pm.
- 26th Caldbeck Methodist Chapel, 7.00pm, Rev R Teal.
- 27th Caldbeck Methodist Chapel, 2.00pm, Mr D Faulds.
- 28th Caldbeck Parish Council, Caldbeck Parish Hall - 7.30pm.

### October

- 4th St Kentigern's Church, Caldbeck, Harvest Festival.
- 4th St Kentigern's Church, Caldbeck, Harvest Lunch, Caldbeck Parish Hall 12.30 for 1.00pm.
- 6th Ladies' Bright Hour, Anna Brown, Caldbeck Meth Chapel - 2.00pm.
- 7th Caldbeck WI, N McCrorie, *Pioneer Foods* Parish Hall - 7.30pm.
- 8th Thursday Club, Luncheon Outing.
- 9th Castle Sowerby Harvest Festival - 7.30pm.
- 9th Jazz Concert, Caldbeck Parish Hall, 7.30pm.
- 11th Castle Sowerby Harvest Service 11.00am.
- 12th Castle Sowerby Harvest Sale, 7.15pm, Millhouse Village Hall.
- 13th Sebergham WI, B Richardson, *Village Store*, Old School - 7.30pm.
- 21st History Soc, *AGM and Supper*.
- 22nd Sebergham WI Quiz Night, Sebergham Village Hall 7.30pm.
- 23rd CAFS, *The Reader*, 7.30pm Caldbeck Parish Hall.
- 27th Heartstart, Millhouse Village Hall 7.30pm.

### November

- 2nd Caldbeck Parish Council, Caldbeck Parish Hall – 7.30pm.
- 3rd Ladies' Bright Hour, Marjorie Mallinson Cald Meth Chapel – 2.00pm.

- 4th Caldbeck WI, D Stewart, *Cumbrian Myths and Legends*, Parish Hall.  
10th Sebergham WI, L English, *Home Fire Safety*, Old School, 7.30pm.  
12th Thursday Club, N Godfrey, *Mont Blanc*, Oak Rm, Parish Hall - 2pm.  
14th 'Nosh and Natter Night', The Mill, Millhouse - 7.00pm.

### **CALDBECK SURGERY**

[www.caldbecksurgery.co.uk](http://www.caldbecksurgery.co.uk)

#### ***Staff Training Afternoons***

The surgery will be closed in the afternoon for staff training:

Wednesday 16th September

Tuesday 13th October

Thursday 19th November

On these afternoons the surgery (including the dispensary) will close at 1.00pm. All calls will be redirected automatically to CHOC (was CueDoc).

Art in the Waiting Room: exhibits by Caldbeck Art Group.

#### **If you have flu-like symptoms and are concerned that you may have swine flu:**

- Contact the Swine Flu information line on 08001 513513 or
- NHS Direct 0845 46 47 or online at [www.nhsdirect.nhs.uk](http://www.nhsdirect.nhs.uk)
- If you are then still concerned, stay at home and call the surgery
- If swine flu is confirmed, ask a healthy friend or relative to visit the surgery to pick up a document entitling you to antiviral medication
- They will then need to pick the medication up at a collection point your GP will advise on (a local pharmacy or similar)

**Note:** If you belong to a high-risk group it is particularly important you start taking antivirals as soon as possible. High-risk groups include people with long-term conditions, those over 65, children under five and pregnant women.

## CALDBECK SURGERY FLU CLINICS 2009

*We will be holding flu vaccination clinics on the following dates:*

Tuesday 29 <sup>th</sup> September	8:30am – 5:30pm
Thursday 1 <sup>st</sup> October	8:30am – 5:30pm
Tuesday 6 <sup>th</sup> October	8:30am – 5:30pm
Thursday 8 <sup>th</sup> October	8:30am – 5:30pm
Thursday 15 <sup>th</sup> October	8:30am – 5:30pm
Tuesday 20 <sup>th</sup> October	1:30am – 5:30pm
Thursday 22 <sup>nd</sup> October	8:30am – 5:30pm

*Influenza and pneumococcal vaccinations are recommended if you are aged 65 years and over or suffer from any of the following:*

Heart disease	Lung disease
Diabetes	Liver disease
Absent or malfunctioning spleen	Kidney disease

If you have any queries, please contact the surgery and ask to speak to a nurse or doctor.



Caldbeck Cricket Club would like to say a big thank you to Bim Tyson for providing a bus, free-of-charge, to their recent Cricket Final at Cockermouth.

The money that was collected,, which came to £180, will be divided between Caldbeck Cricket Club and Dawn Jackson's Memorial Fund.

Many thanks again.

We would like to say a big 'thank you' to Ewan Mcfadzean for organising the charity football match once again and to all the players who took part.

Thanks for the wonderful donation of £130 to Dawn's Fund.



We hope there were not too many injuries and that the foul box is not too full!



**CHARITY CRICKET, 7N'S FINAL DAY  
FAMILY FUN DAY  
AND  
DUCK RACE!!**

**Sunday 13 September  
Caldbeck Cricket Club  
Starting at 10.30am with Duck Race**

Gladiator Duel, Bungee Run and Bouncy Castle  
Raffle  
Bran Tub

Competitions to include: Decorated Hat  
(Any theme. All entries to be brought to Cricket Club on  
day of judging)

Refreshments available throughout the day  
(Including: Bacon Butties, Teas, Curries and stuff for the  
kids!!)

**All proceeds to be divided between  
Dawn Jackson's Memorial Fund and Caldbeck Cricket  
Club**

**PLEASE NOTE DATE CHANGE OF ABOVE FROM SATUR-  
DAY 12 SEPTEMBER TO SUNDAY 13 SEPTEMBER.**

## Sebergham Weather Recordings

### Rainfall

<b>July 2009</b>	142.20 mm	(5.60 ins)
Aggregate for year	473.85 mm	(18.61 ins)
<b>July 2008:</b>	103.10 mm	(4.06 ins)
Aggregate for year:	618.70 mm	(24.35 ins)



*The wettest day of the month was Friday 17 July when we recorded 35.5 mm (1.40 ins). The last two years' July's rainfall has been well above the average for the month of 75.66 mm (2.98 ins).*

### Temperature July 2009:

The average maximum day temperature was 66.84°F (19.35°C)  
 The average maximum night temperature was 56.52°F (13.62°C)



The warmest day was Thursday 2 July at 82°F (27.78°C)  
 The coolest night was Saturday 11 July at 49°F (9.45°C)

*July.2008 was 2°F warmer during the day but nights were 1°F cooler. However, on Thursday 2 July to Friday 3 July, the night temperature did not go below 67°F (19.45°C).*

*R de Robeck*

## ST MARY'S CHURCH, SEBERGHAM FLOWERS & CLEANING ROTA



DATE	NAME
September 6	Mrs Weston
13,20	Mrs J & T Wetherell
27	Mrs Brough
October 4	Mrs Brough

**SEBERGHAM SUNDAY SERVICES**  
**LESSON READING ROTA**

DATE	SERVICE	READINGS	READER
<b>September 6</b>	Morning Prayer	<b>Proverbs 22</b> vv 1-2,8-9, & 22-23 <b>Mark 7</b> vv 24 to end	Carol Hine (or J de R) Peter Weston
<b>13</b>	Morning Prayer	<b>Proverbs 1</b> vv 20-33 <b>Mark 8</b> vv 27 to end	Joyce Wetherell Doreen Ward
<b>20</b>	<i>No service</i>		
<b>27</b>	Harvest Thanksgiving 2.30pm	<b>Esther 7</b> vv 1-6, & 9-10 <b>James 5</b> vv 13 to end <b>Mark 9</b> vv 38 to end	Stephen Hollins-Gibson Poppy Hollins-Gibson Rev Walter Wade
<b>October 4</b>	<i>No service</i>		



The congregation of  
**ST MARY'S CHURCH, SEBERGHAM**  
invite you to join in their  
**HARVEST THANKSGIVING**

on

**SUNDAY 27 SEPTEMBER at 2.30PM.**

The service will be led by the **REV WALTER WADE.**

Once again we welcome the **HIGHSIDE SINGERS** to take part in the service.

Refreshments will be served later in the Old School and any produce which has been given will be available for sale.

This is **BACK-TO-CHURCH SUNDAY** so we invite you to join us in fellowship and praise.

Everyone is most welcome.

**CASH IN THE ATTIC**  
AUCTION SALE OF DONATED ANTIQUES  
AND COLLECTABLES  
to be held in Sebergham Village Hall  
on Thursday 8 October  
at 7.30pm

IN AID OF ST MARY'S CHURCH, SEBERGHAM

Auctioneer - Mr Howard Naylor

Viewing from 5pm on 8 October - Catalogues £1.00  
REFRESHMENTS AVAILABLE  
If you would like to donate goods please contact:  
016974 78213, 78127, 76453, 76275



**SEBERGHAM WI  
QUIZ NIGHT**  
Sebergham Village Hall  
Thursday 22 October at 7.30pm  
Admission: £2.50 - to include refreshments

Teams of four, if possible (but not essential)

Everyone welcome - not solely for WI members

For queries, or to book a table, ring Christine:  
016974 76410

## **CASTLE SOWERBY PARISH COUNCIL - CORRECTION**

Money raised at the Castle Sowerby re-cycling centre should have read: £400.00, and not £4000.00, as in the August magazine.

## **ST KENTIGERN'S, CASTLE SOWERBY - JOINT SERVICE**

On a beautiful, sunny morning parishioners from Caldbeck, Sebergham and Castle Sowerby joined in a Joint Benefice Service at Castle Sowerby Church. The service was conducted by Geoff Hine who welcomed around 50 parishioners and introduced the Preacher and Celebrant, the Venerable Archdeacon Kevin Roberts and his wife Anne, who now live in Carlisle. The Archdeacon said he was looking forward to being involved in the church activities during the coming week. The theme for his sermon was 'The Feeding of the Five Thousand'. Prayers were led by Geoff and the organist was Eleanor Benson; readings by Jenny de Robeck and Geoff Hine. The offertory was taken by the Churchwardens, Marjorie Edmondson and John Foster.

### **COFFEE EVENING**

John and Connie Foster would like to thank everyone who attended and helped in any way at the Coffee Evening held at Roe Foot, Sowerby Row on 5 August 2009.

The Coffee Evening held at Roe Foot was a tremendous success, the proceeds of £449.25 going to Castle Sowerby Church Funds. Many thanks to John and Connie for hosting the event, and to everyone who supported the evening.

### **STRAWBERRY TEA**

Ratten Castle, Sowerby Row held a Strawberry Tea and Sale on Sunday 9 August for Breast Cancer UK and the Radiotherapy Department in Carlisle Infirmary. Bouncy castle, football, face painting, plant sale and auction made £1,300.00, also helped by a contribution from a dance held in Sebergham Village Hall by John and Connie Foster. The Stalker family have £500.00 to add to this sum as their daughter ran the Great North Run. All the catering was provided by their daughters and friends.

## SOWERBY ROW COFFEE EVENING

The weather was perfect for the coffee evening held at Roe Foot on 5 August and was attended by about 60 people taking part in the competitions, buying from the cake stall laden with food and groceries, the white elephant stall, raffle - and a walk around the garden. Winners were: Diane Scott (Hidden Square 16); Bert and Dorothy Richardson (Guess the birds); Jennifer Stobart (Guess the flowers); Gordon Savage (Guess the hen's name (Peggy)); Brian Holgate (the depth of the well).

Trevor Foster won the bottle of whisky which he donated back to be auctioned, purchased by Sid Asbridge. Jean Mallaband took charge of the raffle. Winners: Brian Mallinson, Vera Steadman, Bill Hogg, Phyllis Little, Jamie Foster, William Bell, Eleanor Earl, Rosie Wright, Margaret Mattinson, Jean Dickinson, Charlie Relph, Helen Holgate, Doreen Ward, Diane Scott, Bert Richardson, Dorothy Blaylock and Sid Asbridge.

At the end of the evening, Margaret Mattinson thanked the Foster family for organising such an enjoyable evening.



Northern Fells Group



### **NORTHERN FELLS GROUP ANNUAL GENERAL MEETING**

Wednesday 30 September 2009

at  
7.30pm

in  
Millhouse Village Hall

**Everyone welcome!**

### **HARVEST HOG ROAST AND DISCO**

Saturday 10 October at 7.30pm

Mungrisdale Village Hall

£12.50 Hog Roast Supper and Disco

£5.00 Disco only (after 9.30pm)

For tickets tel: Bob 017687 79009

JoAnne 017687 79605

Peter 017687 79013

## **CALDBECK METHODIST CHAPEL**

**Sundays at 6.30pm**

6 September	Miss D Chalk
13 September	Rev K Hurst
20 September	R Pattinson
<b>Harvest Thanksgiving</b> 26 September (Saturday at 7.30pm)	Rev P Dew
<b>Harvest Festival</b> 27 September at 2.30pm	D Faulds

## **CASTLE SOWERBY FREE EVANGELICAL CHAPEL**

Sunday School each Sunday	<b>10.30am</b>
Sunday evening Service	6.30pm

## **HESKET NEWMARKET FREE CHURCH**

Sunday School & Worship Service - **10.30am**  
First Sunday - Communion

## **QUAKERS: MOSEDALE MEETING HOUSE**

Commencing in April, and for the summer months until the end of October,  
Meeting for worship will be held every Sunday at 10.30am.  
*Everyone is welcome to attend.*

## **ROMAN CATHOLIC: ST CUTHBERT'S, WIGTON**

Sunday Mass: 9.00am and 6.00pm

<p align="center"><b>COLIN ARMSTRONG</b>  <b>Garden Maintenance</b>            Grass Cutting,            Strimming, Hedge cutting, etc.            also            Painting and Decorating            Tel: 01228 538798            Mob: 07936 243234</p>	<p align="center"><b>JOHN BELL</b>  <b>(ELECTRICAL SERVICES)</b>  <b>Your Local "Qualified" Electrician</b>            NICEIC Part P Registered            Over 30 years of Electrical Experience based in            the locality (Caldbeck &amp; surrounding area)            All types of domestic and Farm Electrical            Installations and Repairs.            Own Van-mounted Access Hoist for those hard to reach            Electrical Maintenance and Repair jobs            Tel: 016974 78620</p>
<p align="center"><b>S &amp; C ASBRIDGE LTD</b>            Building &amp; Roofing Contractor            Lyndene, Sowerby Row            Carlisle, Cumbria CA4 0QH            Tel: 016974 76384            Mobile: 07831 485 520</p>	<p align="center"><b>DAVID BOWEN</b>  <b>Cane &amp; Rush Reseating</b>            ❖ Quality Materials            ❖ Collection &amp; delivery            Located behind the village pond            at Caldbeck            tel: 016974 78100            E-mail: drbowen@btinternet.com</p>
<p align="center"><b>BED AND BREAKFAST            ACCOMMODATION</b>  <b>BROWNRIGG FARM</b>            Fairtrade and local produce            Contact: Sally Vaux—016974 78626            sallyvaux@aol.com            www.caldbeckvillage.co.uk</p>	<p align="center"><b>CALDEW KITCHENS LTD</b>            Traditional handmade            KITCHENS &amp; FURNITURE            Workshop &amp; showroom            Avondale, Hesket Newmarket, CA7 8HR            Tel/Fax: 016974 78385            Mobile: 078315 72301            Web: www.caldewkitchens.co.uk            Email: office@caldewkitchens.co.uk</p>
<p><b>THE BAROMETER WORKSHOP</b>            If you have an antique barometer or clock in need of            repair/restoration then come to the specialists.            • Free detailed written estimates.            • High quality work fully guaranteed.            • Collection/delivery service.            • Open by appointment            Antique barometers, scientific instruments &amp; clocks            repaired, restored, bought and sold            Tel &amp; Fax: 016974 76823            Email: info@barometerworkshop.co.uk</p>	<p align="center"><b>CARROCK DESIGN &amp; BUILD</b>            Full Design, Planning Permission;            Building Regulations AND on-site build from            one local company.            Come and talk to us about your project—            large or small with no obligation            WWW.CARROCKDB.CO.UK            E-mail: INFO@CARROCKDB.CO.UK            TEL: Malcolm Iredale on 017684 88859</p>
<p align="center"><b>BARTON SERVICES</b>  <b>Property Maintenance</b>            No job too large or small -            Also motor body repairs            undertaken - modern and classics.  <b>Tel: 016973 71672; Mob: 07733107177</b>            Email: Kevin@kbarnton3.orangehome.co.uk</p>	<p align="center"><b>CARROCK ARCHITECTS</b>            Chartered Architects            Member of Royal Institute of British Architects            Member of the Guild of Master Craftsmen            For all your building design needs;            plans and building regulations.            WWW.CARROCK.CO.UK            E-mail: INFO@CARROCK.CO.UK            Tel: Malcolm Iredale on 017684 84484</p>

<p align="center"><b>CARROCK COTTAGES</b> FIVE STAR LUXURY</p> <p>Self catering cottages on the fringe of the Lake District National Park. 10% discount to bookings from local or family/friends</p> <p align="center">WWW.CARROCKCOTTAGES.CO.UK INFO@CARROCKCOTTAGES.CO.UK Tel: Gill Iredale on 017684 84111</p>	<p align="center"><b>FIONA COX</b></p> <p>I buy and sell vintage clothes, accessories, textiles, linen and lace</p> <p align="center"><b>016974 78302</b> fiona.cox@btconnect.com</p>
<p align="center"><b>CARROCK PHYSIOTHERAPY</b></p> <p>Backs/necks - sprains &amp; strains - pain - neurological complaints - stroke - MS - mobility problems - acupuncture. Home visits available.</p> <p align="center"><b>Patrick Keane &amp; Sarah Morley</b> Chartered Physiotherapists, BSc (Hons) Tel: 016974 78612</p>	<p align="center"><b>DENTON HOUSE GUESTHOUSE &amp; RESTAURANT</b></p> <p>Outside Catering for all occasions. Sunday Lunches Homemade Cakes to order</p> <p align="center"><b>Tel: 016974 78415</b> dentonhnm@aol.com www.dentonhouseguesthouse.co.uk</p>
<p align="center"><b>CHIMNEY SWEEP</b> Tim Shepherd</p> <ul style="list-style-type: none"> <li>~ Open fires</li> <li>~ Aga &amp; ranges</li> <li>~ Woodburners</li> <li>~ Bird Nets fitted</li> <li>~ Pots &amp; Cows Replaced</li> </ul> <p align="center">016973 60038 / 07771 723793 Fully insured. 42 George St., Wigton</p>	<p align="center"><b>ELECTRICAL &amp; PLUMBING</b></p> <p>Commercial—Industrial—Domestic NICEIC</p> <p align="center">Approved Electrician Trevor Studholme Tel: 016974 76455 Fax: 76680 Mobile: 07710 015319</p>
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<p><b>TREE MAINTENANCE &amp; FELLING</b></p> <p>Fully qualified. Ten - years' experience. Very competitive rates. <i>Call Alan or Justin</i> <b>Tel: 016974 78178</b> <b>Mobile: 07905 409851</b></p>	<p><b>ANDREW WHITE</b> Professional Driving Instructor D.O.T. Approved, Long-established. GRADE 6. Excellent Pass Rate. Car - Car + Trailer - Mini bus - LGV - PSV Friendly &amp; Patient Tel: 016974 78605</p>
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## CHURCH SERVICES IN SEPTEMBER 2009

### Sunday 6 September

*Caldbeck* 8.30am  
11.00am  
*Castle Sowerby* 11.00am  
*Sebergham* 11.00 am

### 13th Sunday after Trinity

*no service*  
Holy Communion  
*no service*  
Morning Prayer

### Sunday 13 September

*Caldbeck* 8.30am  
11.00am  
*Castle Sowerby* 11.00am  
*Sebergham* 11.00am

### 14th Sunday after Trinity

Holy Communion  
Morning Prayer  
Holy Communion  
Morning Prayer

### Sunday 20 September

*Caldbeck* 8.30am  
11.00am  
*Castle Sowerby* 11.00am  
*Sebergham* 11.00am

### 15th Sunday after Trinity

Holy Communion  
Family Service  
*no service*  
*no service*

### Sunday 27 September

*Caldbeck* 8.30am  
11.00am  
*Castle Sowerby* 11.00am  
*Sebergham* 11.00am

### Sebergham Harvest

Holy Communion  
*no service*  
*no service*  
Harvest Service

