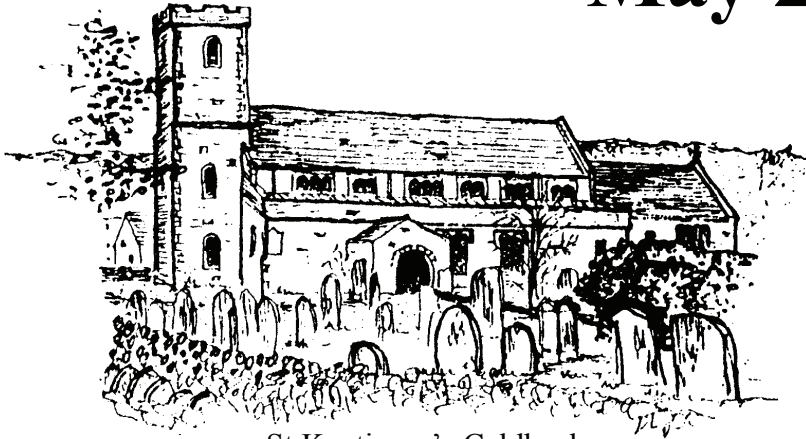


May 2009



St Kentigern's Caldbeck



St Mary's Sebergham



St Kentigern's Castle Sowerby

**Parish
Magazine**

CHURCH STAFF AND CONTACTS

DURING THE VACANCY

For *weddings*, please direct queries to: Rev Norman Robinson (Asst Rural Dean) 016973 43723

For *funerals*, please direct queries to: Mr Geoff Hine (Reader) 016974 76308

Unfortunately, we are unable to arrange *baptisms* during the vacancy. General oversight and point of contact will be the Assistant Rural Dean, as above.

CALDBECK - St Kentigern's

Churchwardens	Mrs E Boydell Mr R Brough Dr R Davie	
Treasurer	Mrs C Hine	
Secretary	Mrs S Beale	016974 78353

CASTLE SOWERBY - St Kentigern's

Churchwardens	Mrs M Edmondson Mr J Foster	
Treasurer	Mr B Mallinson	
Secretary	Jean Mallaband	016974 78143

SEBERGHAM - St Mary's

Churchwardens	Mrs M Mattinson Mrs E Luck	
Treasurer	Mr J S Hollins-Gibson	
Secretary	Mrs J de Robeck	016974 76349

Parish Magazine Contacts

Editor: Mrs Roberta Bowen

Tel: 016974 78100 **Email address:** drbowen@btinternet.com

(please put 'magazine' in the subject and paste items in the body of the email)

NOTE: Copy deadline **15th May** for inclusion in June's magazine.

Subscriptions: Mrs Jean Holden, 1 Hodden Court, Caldbeck

Tel: 016974 78097

The Rector Writes

As most of you know, Susan and I will be moving early this month to go to Rushden, Northamptonshire, where I will serve as Rector of St Mary's with St Peter's Newton Bromswold. We have thoroughly enjoyed the seven-plus years that we have shared with you in this beautiful place. I have relished the fell walking I have been able to do on my days off and I hope we have made the most of the wonderful opportunities presented by living in the Lake District.

As well as the general run of parish ministry, I have enjoyed the particular opportunities that I had in ministry here: training a curate in rural ministry - Ruth Hind - and the students' placements in the parish - Philip Dowling and Eleanor Hancock - and developing work with children and young people through school, after-school clubs and family-services. My time here allowed me to work as assistant Diocesan Director of Ordinands for a while, encouraging and guiding people who felt called to ordained ministry. I have also greatly appreciated working together with the ministry team made of both lay readers and clergy, all of whom have given the parishes unstintingly of their time and energy and have been an incredible support and encouragement to me.

All the acts of friendship and support that the people in both church and community have shown to us are too many to mention individually, but we do thank God for you all.

What of the future? I look forward to the opportunity to concentrate on encouraging and developing lay ministry and to work with the congregation in Rushden to try to fulfil their goal of outreach to young adults and families. I will still be involved in children's work, but in a more supportive role as there is a part-time youth worker in addition to other volunteers. There is also the possibility of the parish being used as a training parish for curates. Sue looks likely to take part of her current job with her, working "remotely" with the computer and internet. I am sure that many challenges and opportunities of which we have, as yet, no idea will confront us both.

For these three parishes, the *future* begins with the Archdeacon, Kevin Roberts, calling a special meeting for the Parochial Church Councils to begin to look at the way forward. Whether the benefice will remain exactly as it is at present, or whether the PCCs, together with the diocese, will decide that it would be appropriate to reorganize some of the parishes in the area has yet to be determined. Hopefully, this will be resolved quickly and positively in order to enable the church to face the challenges of its present and future ministry. The stewardship campaign in Caldbeck parish, which begins this month, underlines that all paid ministry needs to be adequately funded if it is to remain secure, whatever shape it takes.

The future looks somewhat indistinct for all of us at the moment! But that future is already occupied by God, ready to meet us and sustain us there, whatever shape it takes. What's more, I want to remind you that as Christians we are *Easter People*. Whatever darkness or difficulty we may face, we live strengthened and guided by one who, faced with the worst this world could throw at him, trusted his Father God and was raised by Him from the dead. If we are *Easter People*, celebrating God's victory over sin and death in the Resurrection of Jesus, then we can look to the future as both individuals and communities with real hope.

*By his great mercy we have been born anew in a living hope
through the resurrection of Jesus Christ from the dead.*

1 Peter 1.3

Stephen Prior

BIBLE STUDY

The Bible Study Group will meet at Caldbeck Methodist Chapel on the 2nd, 4th and 5th Tuesdays of the month at 2.00pm. It will be led by Revd Kim Hurst. All are welcome to attend!

The Parish Registers

Funerals

Robert Earl

2nd April 2009

St Kentigern's Church, Castle Sowerby

Sarah Jane Boustead

14th April 2009

St Mary's Church, Sebergham

Thomas Richardson

16th April 2009

Carlisle Crematorium



Steve and Sue Prior are leaving us to go to Rushden in Peterborough Diocese taking with them our best wishes and happy memories of the Northern Fells



The Rector's *farewell* service is on Sunday 3rd May 11.00am St Kentigern's Church, Caldbeck followed by a finger buffet in church

We hope as many people as possible will join us in church that morning for worship, fellowship and refreshment as we bid them both farewell and wish them every success in their new life and ministry together in Northamptonshire.

Geoff Hine

A NEW FLOWER AND CLEANING ROTA FOR CALDBECK CHURCH

We are delighted with the number of people willing to give a little of their time to make our church so inviting.

If anyone would like to be part of the team and add their name to the rota please contact: Margaret Brough 78634 or Christine Pearson 78114.

MOTHERS' UNION

It was 'Full House' when we met for the Soup Lunch at the Parish Hall. Every table was taken by members and their friends, including our Diocesan President, Elizabeth Walton, all looking forward to sampling the delicious home-made soups - eight in all - served with breads piled high in baskets. Waitress service too - courtesy of the committee! It was a delightful social occasion from which a profit of £150 was sent to the Mothers' Union Overseas Fund.



A short film showed us some of the ways this fund is used to support families worldwide: not only by offering disaster relief, but by training in child-care, by caring for AIDS orphans, and perhaps crucially, by teaching women to read, affording them an escape from the traditional role of women and the possibility of selling their skills to make incomes for their families.

The next meeting of Caldbeck Mothers' Union will be held on 19 May at 2.00pm in Caldbeck Chapel. The speaker will be Mrs Curry: 'Operation Mobilisation (OM)'.

Ladies' Bright Hour

Tuesday 5 May at 2.00pm

Speakers: Dorothy and Ruth

Caldbeck Methodist Chapel

ST KENTIGERN'S—A CHURCH FOR ALL SEASONS

Our church building has evolved and grown since the 12th century when the original Norman simple cell construction was erected. St Kentigern brought the Christian faith to our Northern Fells on his way from Glasgow to Wales many years before in the 6th century. The present church building draws many visitors but it is much more than an architectural delight. It is a living church at the centre of a living community and seeks to serve anyone who may turn to it for support at any time of their lives. The worshipping community is a visible sign of its life and a source of great strength and peace for those who take part. For others, its presence is a promise that there is a place open to them to gather together in celebration of christenings, marriages and funerals. Others appreciate the time given to children and youth. For some it is a place of quiet for tranquillity or reflection.

*She came to the village church,
And sat by a pillar alone;
An angel watching an urn
wept over her, carved in stone.*

These lines from Tennyson's '*Maud*' (1855) speak of a person seeking refuge and comfort. St Kentigern's is still such a place for those who seek it. It is also a place from which its members seek to reach out to others in fellowship or in personal support at times of joy or sadness. We are fortunate to live in an area where the word 'community' still has a great deal of meaning and our church is part of the fabric which holds it together and gives it form.

Maintaining the ministry of the church in an ancient building costs a lot of money and for several years we have managed this through the generosity of people in the past and used up significant reserves. About £10,000 was needed for repairs to the tower last year. We are grateful for the support we receive in so many different ways and the Church Council wants to say a big 'thank you' to everyone. However, we do need to address the shortfall in our income which is about £6,000 p.a. To this end the PCC have engaged in a stewardship initiative to give people the opportunity to reflect on their existing levels of giving or consider if they are able to join the planned giving scheme.

Carol Hine
Treasurer

THURSDAY CLUB

Everyone was welcomed by Mr John Wooler. Notice was given about next month's trip and menus were given out. Notice was given about the forthcoming History Society meeting.

A letter of thanks has been received for our donation to 'Sight Savers'.

Mr Wooler welcomed our speaker Mrs Antoinette Ward who spoke about her work as a nurse in our area. When she first came she was 27 years old and the job entailed 'triple working': welfare of the elderly, nursing people at home and maternity care. Antoinette overheard her interviewers say, "She'll maybe last a year or two"! We are all very happy she's still here! Antoinette loved babies, and still does. She has always supported home confinements, although her predecessor didn't. They were a very close unit at the surgery in the small space. The new surgery has more room and they are able to run antenatal classes, and have more facilities.

This was a very interesting talk, and there were many shared reminiscences. Mr Wooler warmly thanked Antoinette.

EB

CALDBECK AND DISTRICT GARDENING CLUB

PLANT POT RECYCLING SCHEME!

Rather than throw away your unwanted plant pots and seed trays, take them to any Caldbeck Gardening Club meeting, for example, our plant sale, or The Potting Shed, Caldbeck. Then for a small voluntary donation to The Northern Fells Group they will be made available for anyone wishing to reuse them. Pots must be clean and in good condition.

If you would like further information contact Marjorie Watson 78190.

CALDBECK AND DISTRICT THURSDAY CLUB OUTING

Thursday 14 May 2009

Meet at car park at 11.15am

Pick up at Hesket Newmarket

Lunch: Brantwood Country Hotel
Stainton

Cost of lunch: £12.50 (menus at
Post Office)

Return via Rheged.

Cost of coach depends on numbers
Ring Mrs Boydell 78315

Caldbeck & District Gardening Club

Wednesday, 13 May

PLANT SALE

Millhouse Village Hall

7.30pm

All Welcome!

**Proceeds will be donated to
the Northern Fells Group**

CALDBECK & HNM FAIRTRADERS

There will be a Fairtrade and local crafts and food fayre at The Old Smithy, Caldbeck on Monday 25 May, 10.00am - 5.00pm. A variety of stalls will be selling locally produced and Fairtrade crafts, clothing, gifts and foods. Do come and browse and buy! *Sally Vaux*



Public exhibition

Conservation Area Appraisals & Management Plans for

Caldbeck Conservation Area

Hesket Newmarket Conservation Area

Monday 11 May 2009 from 6.30 to 7.30pm at the Oak Room, Caldbeck Parish Hall, Caldbeck

We want to hear the views of local people, organisations, businesses and other interest groups about the draft Conservation Area Appraisals and Management Plans. A National Park staff member will be available at the exhibition if you have any questions. The matter will then be introduced and discussed at the Annual Parish Meeting at 7.30pm.

If you cannot attend, the exhibition is also available to view online from 24 April at www.lake-district.gov.uk/ then type Caldbeck or Hesket Newmarket

CALDBECK PARISH HALL



SPRING CLEANING AND DECORATING DAY

Tuesday 12 May, 10.00am onwards.

Any volunteers who would like to come and help will be very welcome!

For further details contact Richard Brough 78634

THE WEST END COMES TO CALDBECK

Most of you will remember Alice Fearn (Midtown House). After obtaining her musical degree she quickly moved into parts on the West End stage. With her fond memories of Fellview School she is returning with a group of her fellow professionals/friends to put on an evening of Musical Theatre (a percentage of ticket sales will go to Fellview).

WEST END LIGHTS

present

'A CELEBRATION OF MUSICAL THEATRE'

West End Lights are a group of West End and Broadway performers who between them have appeared in some of the most popular and prestigious shows of the last two decades.

A Celebration of Musical Theatre aims to bring you the best of the West End from classics such as 'Sweet Charity', 'Hello Dolly' and 'Mack and Mabel' to 'Phantom of the Opera', 'Chicago', 'Oliver' and 'Les Miserables', to name but a few. It promises to be a truly magical evening of song by performers direct from London's West End.

The evening will include a two-hour Cabaret style show with complimentary glass of wine and table nibbles. The bar will remain open throughout the evening.

Venue: Caldbeck Parish Hall

Date: Saturday 23 May 2009

Time: 7.30pm (performance starting at 8.00pm)

Tickets: £17.50 each. Why not book a table?

Raffle: In aid of Caldbeck Church (prizes will include West End Memorabilia)

Tickets available from: MARGARET BROUGH 016974 78634

CALDBECK WI

Mrs P Shaw welcomed everyone to the meeting. Mrs P Richardson read the Minutes. Invitations have been received from Stoneraise and Cummersdale WIs. The Shawk Valley Group will have a silent auction this year. The History Society meeting was publicised. Our birthday party will be a mystery tour with a meal afterwards. The menu was available and members will meet at the car park at 5.15pm on the day. The County News was discussed.

Caldbeck W I

6 May at 7.30 pm

Speakers:

Arnison's Solicitors, Penrith
Where there's a Will there's a way

Caldbeck Parish Hall

Mrs Shaw then welcomed our speaker, Beverley Bargh from Get Ahead Hats. This is a co-operative for women from all over the country. There are about twenty members who meet, get together and support each other. Everything is British made. There is a variety of trades: hats, shoes, bags, jewellery and umbrellas. Beverley had brought along many hats in various styles and colours. She also read a poem written by a customer. We enjoyed trying on hats. Mrs Wolfenden gave the vote of thanks.

The Easter bonnet competition was won by J Todhunter; 2nd, T Richardson. The draw was won by E Benson.

EB

Annual Parish Meeting in Caldbeck Parish Hall

Oak Room

Monday 11th May at 7.30pm

Preceded by an Exhibition about the Caldbeck and Hesket Newmarket Conservation Areas from 6.30pm – 7.30pm

David James, LDNPA Conservation Officer, will talk about the Conservation Areas, listen to comments and answer any questions. The Annual Parish Meeting is also an opportunity for you to have your say to the Parish Council about any matter in the community that you wish to raise.

The Meeting will end with Refreshments

LOCAL BUSES

Again we would like to remind people about the buses which serve our villages. We are fortunate to have them but the operating companies will provide them only if they are used by a reasonable number of people. For those who have bus passes they represent a wonderful way of getting to places free of charge, having a better view over walls, hedges, etc. without the stress of driving, and leaving a smaller carbon footprint. The journeys are also good social occasions and there is often a lot of banter and laughter.

The buses running at present are:

ROUTE 73/73A THE CALDBECK RAMBLER AND OSPREY BUS (STAGECOACH). Runs to Keswick via various villages. At Dodd Wood you can view the ospreys and at Keswick you can catch other buses to such places as the Borrowdale Valley and Honister Pass. Also to Grasmere and Brockhole. It is a much better service this year—see the timetable.

ROUTE 620 TO CARLISLE. Runs on Wednesdays only. (Stagecoach).

The bus to **PENRITH** runs on Tuesdays only. (NBM)

Bim Tyson also runs a bus to **WIGTON** on Tuesdays.

Timetables for the Stagecoach buses are available in the Heskett and Caldbeck shops and at Tourist Information Offices, and we will help if we can.

ALL ABOARD!

Tony and Audrey Ryan 78423

Caldbeck Multi Purpose Tennis Court

AGM

The AGM of the Caldbeck multi purpose Tennis Court Committee will be held at

THE GREEN, CALDBECK

[HOME OF ANTOINETTE AND DAVID WARD]

on Thursday 21st May 2009 at 8 pm.

All persons aged 16yrs and over, resident in the parishes of Caldbeck, Sebergham and Castle Sowerby are entitled to attend and vote at the AGM.

All are welcome.

CALDBECK PARISH COUNCIL - 6 APRIL 2009

1. **Unregistered Motorbikes on the Common.** Graham Standing, the National Park Ranger, notified the Council that he had seen two unregistered motorbikes being ridden on the Common. If anyone knows who might be doing this please tell them that they are breaking the following laws: 1. Section 34 Road Traffic Act 1988, and 2. Wildlife and Countryside Act 1981 (as amended by the Countryside and Rights of Way Act 2000). They are also committing Trespass but may not be aware that they are actually breaking the law.
2. **PC Blain.** PC Blain introduced PCSO Lynsey Tuck who organises Farm and Neighbourhood Watch. Under these schemes items can be marked, and then tracked if they are stolen. PC Blain explained that there had been no crime reported in Caldbeck parish in March and the level of crime over the last three months was lower than last year at the same time.
3. **Duncan Fairbairn, County and District Councillor.** Mr Fairbairn supplied a leaflet entitled 'Farming and the public Highway' (available from the Clerk) which highlights the cost of brushing farm mud off roads. He also mentioned that the **Voluntary Car Organiser for Caldbeck and District** is the Clerk (in her voluntary capacity!) – contact details below.
4. **Thank you to Councillor Henry Hellon.** The Chairman thanked Mr Hellon for painting the bridge over the culvert on the Green at Caldbeck and for cutting a shallow trench to drain water off the footpath behind the Bower.
5. **Allotments, Heskett Newmarket.** The twice yearly inspection of the Allotments was organised for the month of May. There is just one person on the Allotments Waiting List now so if anyone is interested in joining the list please contact the Clerk.
6. **Pond weed, Heskett Newmarket.** It was agreed to ask the LDNPA to identify the weed in the pond at Heskett Newmarket so that a plan can be drawn up for its removal.
7. **Tenders for maintenance and grass cutting, Heskett Newmarket and Caldbeck Greens.** The Contract for 2009 was awarded to Mark Monkhouse, Grange Farm, Caldbeck.
8. **Cumbria In Bloom.** It was agreed to enter the two villages in the 'Tidy Village' and the 'Cumbria in Bloom' categories this year.
9. **The Annual Parish Meeting for all residents will be on the 11th May at 7.30pm** in the Oak Room at the Parish Hall, following the Conservation Area Exhibition by the Lake District National Park Authority at 6.30pm. The next Parish Council Meeting will be on the 18th May at 7.30pm.

Antoinette Ward, Clerk to Caldbeck Parish Council
The Green, Caldbeck, Wigton, CA7 8ER
Telephone: 016974 78220 Email: aw.caldbeck@googlemail.com

CALDBECK AND DISTRICT LOCAL HISTORY SOCIETY

On Wednesday 18 March an audience of about 40 people gathered in Caldbeck Village Hall to listen to June Hall, a local historian and expert on wool crafts. Her fascinating and illuminating talk was entitled 'Sheep and Wool in history'.

June began by reminding us how many words in the English language have their origins in the wool industry. Her own interest began when she lived next door to a wool shop as a child. Later she lived in the Yorkshire Dales and kept a few sheep of her own which she interbred to produce wool for spinning, knitting and other wool crafts.

She described the history of sheep farming and the wool industry over the centuries in Britain, from the introduction of hardy breeds into the more marginal area of our islands long ago and the development of a wide range of breeds adapted to their local environments. There are currently more than 60 recognised breeds of sheep.

June explained the importance of selective breeding to produce the varieties of sheep best suited to their environments and yielding high quality wool and meat. Ideas and breeds were spread amongst farmers via agricultural societies and shows - practices which still thrive today. This works to the benefit of hill farmers today; the female offspring of cross-bred parents are sold on the autumn markets for crossing with downland sheep to produce high quality meat.

June traced the history of wool production from the Middle Ages highlighting its importance in funding the 'wool churches' in Norfolk and the Cotswolds. Every part of a sheep was used to support a family. With industrialisation, skills of hand-processing were largely replaced by machines. Merino wool from the southern hemisphere has unique properties which favour its use in mass produced woollen clothing, ending the commercial viability of UK-produced wool but initiatives such as the 'Wool Clip Co-operative and Shop' and wool festivals such as 'Woolfest' in Cockermouth have helped to revive the traditional woolcraft skills.

June's talk was illustrated with slides and artifacts, including beautiful examples of knitted clothing from around the world and implements used in knitting in the past. She is involved in helping to revitalise wool crafts through income-generating projects in Eastern Europe.

Excellent refreshments were provided by Evelyn Tickle and Eleanor Benson.

Sally Vaux

Caldbeck & District Local History Society

presents

Edward Thompson

on

Hutton-in-the-Forest: Its History

Wednesday, 20 May

7.30pm

Caldbeck Parish Hall

Tickets: Members £2;

Visitors £3

**Refreshments included
Everybody welcome!**

ST KENTIGERN'S, CALDBECK, CHURCH DUTIES

	Welcomers' Rota 8.30am	Sanctuary Duty (8.30am unless specified)	Sidespersons' Rota 11.00am
May 3	<i>no service</i>	(11am) Margaret Tinniswood	Gwen Coulthard
10	Kathleen Davie	Liz Boydell Diana Greenwood	<i>no service</i> (Rogation Service at Roe Foot)
17	Ann Wade	Liz Boydell Rosemary Bailey	Marjorie Atkinson
24	John Price	Jean Holden Joan Todhunter	Peter Sageman
31	<i>no service</i>	(11am) Liz Boydell Diana Greenwood	<i>tbd</i>
June 7	<i>no service</i>	(11am) Margaret Tinniswood	Malcolm & Eleanor Thyne
14	Ron Davie	Liz Boydell Diana Greenwood	Jean Holden
21	Diana Greenwood	Liz Boydell Rosemary Bailey	Christine Pearson
28	Liz Boydell	Jean Holden Joan Todhunter	David Smith

CALDBECK CHURCH Cleaning Rota

May	
1st	Mrs M Ridley
8th	Mrs M Bell & Mrs G Coulthard
15th	Mrs M Whitson
22nd	Mrs L Ramsay
29th	Mrs E Patterson

Take time for prayer!

The ecumenical prayer group meets
each Tuesday morning at 8.45am in the
back of Caldbeck Church to pray for the
needs of our community and the world.

Why not join us?

ALL WELCOME!

DIARY OF EVENTS 2009

May

- 4th Annual Plant Sale, in the centre of Hesket Newmarket
- 5th Ladies' Bright Hour, Dorothy & Ruth, Caldbeck Meth Chapel – 2.00pm
- 6th Caldbeck WI, *Where there's a Will*, Parish Hall – 7.30pm
- 11th Caldbeck Parish Council Annual Parish Meeting, Parish Hall – 7.30pm
- 12th Sebergham WI, G Barnett, *Life of Roman Soldier*, Old School -7.30pm
- 13th Caldbeck Gardening Club, Plant Sale, Millhouse Village Hall – 7.30pm
- 14th Thursday Club, Outing
- 15th CAFS, *Casino Royale*, Parish Hall
- 18th History Society, Business Meeting, 1 Back Green HNM – 7.30pm
- 18th Caldbeck Parish Council, Caldbeck Parish Hall – 7.30pm
- 19th Mothers' Union, Mrs Curry, *OM*, Caldbeck Chapel – 2pm
- 20th History Soc, E Thompson: *Hutton in the Forest*. Parish Hall – 7.30pm.
- 21st Caldbeck Tennis Court AGM, The Green, Caldbeck - 7.30pm
- 28th Heartstart Course - ELS training, Millhouse Village Hall

June

- 2nd Ladies' Bright Hour, Mary Pattinson, Caldbeck Meth Chapel – 2.00pm
- 3rd Caldbeck WI, Birthday Outing
- 9th Sebergham WI, Visit to Carlisle Cathedral
- 11th Thursday Club, C Marsden, *Mum's Junk*, Oak Rm, Parish Hall –2pm
- 16th Mothers' Union, Outing
- 17th History Society, *Outing to Hutton*.
- 29th Caldbeck Parish Council, Caldbeck Parish Hall – 7.30pm

July

- 1st Caldbeck WI, Visit to Booths, Keswick.
- 7th Ladies' Bright Hour, Pat Staley, Caldbeck Methodist Chapel – 2.00pm
- 14th Sebergham WI, E Harbord, *In a Man's World*, Old School – 7.30pm
- 15th History Society, To be arranged.

August

- 4th Ladies' Bright Hour, Picnic
- 10th Caldbeck Parish Council, Caldbeck Parish Hall – 7.30pm
- 11th Sebergham WI Dinner at Denton House

September

- 2nd Caldbeck WI, D Kerry, *Highway Code*, Parish Hall - 7.30pm
- 7th Ladies' Bright Hour, Dilys Tomkins, Cald Meth Chap - 2.00pm
- 8th Sebergham WI, N Pickthall, *Nancy's Experience*, Old School 7.30pm
- 10th Thursday Club, Members' After-noon, Oak Rm, Parish Hall - 2pm
- 16th Hist Soc, D Shotter: *Roman Conquest of NCumbria*, ParHall 7.30pm.

21st Caldbeck Parish Council, Caldbeck Parish Hall – 7.30pm

October

6th Ladies' Bright Hour, Anna Brown, Caldbeck Meth Chapel – 2.00pm

7th Caldbeck WI, N McCrorie, *Pioneer Foods* Parish Hall - 7.30pm

8th Thursday Club, Luncheon Outing

13th Sebergham WI, B Richardson, *Village Store*, Old School, 7.30pm

21st History Soc, *AGM and Supper*.

November

2nd Caldbeck Parish Council, Caldbeck Parish Hall – 7.30pm

3rd Ladies' Bright Hour, Marjorie Malinson Cald Meth Chapel – 2.00pm

4th Caldbeck WI, D Stewart, *Cumbrian Myths and Legends*, Parish Hall - 7.30pm

10th Sebergham WI, L English, *Home Fire Safety*, Old School, 7.30pm

12th Thursday Club, N Godfrey, *Mont Blanc*, Oak Rm, Parish Hall - 2pm

December

1st Ladies' Bright Hour, Caldbeck Methodist Chapel – 2.00pm

Reg charity no 110 8013

**CUMBRIA
Community
First Responders**

In Association with Cumbria Ambulance Service NHS Trust

**If you have a medical
emergency, dial 999.**

*Please note that you cannot call
First Responders direct.*

If appropriate, the Ambulance
Service will call us out, as well
as (not instead of) an ambulance.

CALDBECK SURGERY

www.caldbecksurgery.co.uk

Staff Training Afternoons

The surgery will be closed in the afternoon for staff training:

Wednesday, 13th May

Thursday, 18th June

Tuesday 14th July

On these afternoons the surgery (including the dispensary) will close at 1.00pm. All calls will be redirected automatically to CueDoc.

Computer downtime Wednesday 13th, Thursday 14th & Friday 15th May

Please note we will be unable to process prescriptions on 13th-15th May. If you are due to order a repeat prescription, please order it:

- Either the week before, ie, by Friday 8th May
- Or the week after, ie, from Monday 18th May

We apologise for any inconvenience and thank you for your co-operation.

SEBERGHAM FLOWERS & CLEANING ROTA

May 3rd
May 10th & 17th
May 24th & 31st
June 5th & 12th

Mrs A Brough
Mrs de Robeck
Mrs Holliday
Mrs Hollins-Gibson

Sebergham Weather Recordings

Rainfall

March 2009: 67.00 mm (2.64 ins)
Aggregate for year: 185.45 mm (7.30 ins)

March 2008: 99.10 mm (3.50 ins)
Aggregate for year: 367.90 mm (14.48 ins)

The rainfall for the first three months of this year is half of that of last year. In January 2008 we recorded 223.10 mm (8.78 ins) which accounted for this high rainfall.

Temperature March 2009:

The average maximum day temperature was 49.76°F (9.71°C)
The average minimum night temperature was 36.85°F (2.69°C)
We recorded frost on 8 days during March.



RdeR

Living Word in Carlisle

ALL WELCOME

to this ecumenical gathering for
Bible teaching, worship and fellowship

Tuesday, Wednesday and Thursday 12th - 14th May

At the Methodist Church, Wigton Road, Carlisle
(corner of Stanhope Road and Wigton Road; Car Park behind church)

SPEAKER: Liam Goligher
Senior Pastor, Duke Street Church, Richmond, London

Evening Meetings, 7:30 - 9:00 pm.
Morning Meetings, 10:30 - 12:00 noon.

SEBERGHAM WI

President, Dorothy Staples, welcomed a full house for our April meeting as we had invited members from Blencowe, Ireby, Kirkbampton and Plumpton WIs to join us for supper and a very special speaker.

Sebergham members served chicken and leek pie and vegetables, and invited everyone to help themselves from a wonderful selection of homemade puddings and there were seconds for all!

While we finished our teas and coffees, Dorothy Staples introduced our speaker Betty Garvey who is a 'Friend' of St George's Chapel, Windsor.

30 years ago Betty had been on a family holiday on a boat on the Thames and had stopped to visit Windsor Castle. For £25 she was able to become a life member of the Friends of St George's Chapel. She became 'hooked' and thinks it was the best money she ever spent.

She is kept informed of all the events that happen, is able to attend all the ceremonies for free and has a beautiful 'Friends' badge.

The Chapel does not belong to any diocese and is therefore self-funding and the 'Friends' provide an important service. Over the years Betty has given many talks and she gives all the donations to the Chapel. Recently she was rewarded for her fund-raising work by attending a service of thanksgiving and a reception in the State Apartments, where, after formal proceedings, she had a long chat with Margaret Thatcher.

The Chapel is 600 years old, is still in beautiful condition and is a 'must-see' for visitors.

Betty talked us around the Chapel describing all the side-chapels or chantries including the Catherine of Aragon Chantry where Queen Victoria, when in mourning for Prince Albert, was able to sit for her son's wedding and see the wedding, without being seen herself.

The Garter Knights' seats that surround the Chapel have flags hanging above them that represent each Knight. Recently Prince William was made the 1000th Garter Knight.

As a 'Friend' Betty is able to attend these ceremonies, standing outside the Chapel watching members of the Royal Family and famous people walking within feet of her.

Mrs Garvey is also able to attend residential week-ends staying in St George's House in Windsor Castle, visiting Frogmore House, the Royal Cemetery, the Royal Mausoleum and the Royal Dairy created by Prince Albert, where milk, in special bottles, is still sent to Buckingham Palace just for the Queen.

Betty described some of the scenes on the night of the fire at St George's Hall and how over 2000 people came to help carry out treasures, and offered furniture vans and storage for the treasures. McDonalds sent coffee all night to the fire fighters. Prince Philip was responsible for getting the restoration work completed within 5 years and some sketches he made of the fire and restoration work have been used for a beautiful stained glass window in the Private Chapel.

I could tell you a lot more about this wonderful talk, but I hope you will visit St George's Chapel and see it for yourself. Secretary, Margaret Mattinson thanked Mrs Garvey for her inspiring talk.

Our competition for the night was a Royal Memento: first for the visitors was Thelma Cartner from Kirkbampton, and second was Christine Morley from Plumptton . From Sebergham, Jessie Ostle was first, and second, Poppy Hollins-Gibson.

Drawing winners were Christine Rule, Anne Garland (Ireby,) Nancy Alty and others.

After a farewell to our visitors a short business meeting followed. County news was noted, raffle tickets distributed and a note made, that bulb orders must be in by our May meeting. The ever-popular beading classes taken by Edith Knapton are to be continued with two more planned for 19th Sept and 3rd Oct.

The Shawk Valley group is holding a silent auction at Rosley Village Hall on Tuesday 20th May at 7.30pm. Entry is £1.00, which includes refreshments.

Poppy Hollins-Gibson 76276 Press secretary

what's on for young people

DISCOVERY CLUB
 Tuesday 12 May
 3.15—5.00pm
 Caldbeck Parish Hall
 Tel: Celia 78500 or Helen 78669

DROP IN
 For ages
 10+

Saturday 30 May
GAMES NIGHT
 7.00—9.00pm
 Fellview School Playing Field
 (if wet, Caldbeck Parish Hall)
 Contacts: Richard & Celia 78500 or
 Chris & Jo 76646

CLUB X
After-school club for Juniors
Tuesdays during term-time
 Except 2nd Tuesday of month
GAMES - CRAFTS -
TEACHING - REFRESHMENTS
 From 3.20 to 5.00pm
 Caldbeck Parish Hall

SEBERGHAM PARISH COUNCIL - 11 MARCH 2009

The Parish Council met on 11 March 2009.

Allerdale Council are doing another Housing Needs Survey in the Parish in the next few weeks. The Parish Council want to encourage everyone to complete the surveys and return them. It is important that these surveys are all returned as they are used to consider the housing needs of the wider area. If anyone has children or relatives who would like to live in the Parish but are forced to live elsewhere because they cannot afford the property in the area we would encourage them to complete a form too. Further copies will be available from Allerdale.

The Parish Council have written to Allerdale and expressed their support for Solway Arts Society and to ask that their grant of £4000 is reinstated for the coming year. This society is one of the few who come and provide live entertainment in our Parish and their efforts have always been well supported.

The Highways Steward has been doing a great job in the area cleaning out the road-side drains. The road from Welton to Nether Welton is much improved. We are very grateful for his efforts.

The Parish Plan is coming along nicely. The questionnaires should be coming out in the next few months.

The Police now have their report for our area on their website
www.cumbriapolice.gov.uk

The Annual Parish Meeting will be held on Wednesday 13 May at 7pm in Welton Village Hall. We hope to have some speakers to discuss the problems with the roads in the Parish together with a presentation on the Parish Plan. The next Parish Council meeting will be on 19 May 2009 in Welton Village Hall.

Lynne Gauntlett, Parish Clerk

CALDBECK PLAYERS

AGM

Tuesday 5 May in Caldbeck Parish Hall

Caldbeck Players has no formal membership and is open to everyone in the Caldbeck area so come along to the AGM. We are always pleased to involve new people both on stage and backstage. Anyone who would like to be involved in future productions please contact the secretary Pauline Woolfenden: 016974 78212

NORTHERN FELLS GROUP (10TH ANNIVERSARY YEAR)

Would you enjoy running a coffee shop for a day (or two!) or baking cakes, scones, or making soup, for a good cause?

The Northern Fells Group is planning to rent the Mosedale Meeting House again, as we have done for the last three years, for Thursdays to Sundays from July to September, to run the Coffee Shop there.

We need people to join a rota for running the coffee shop from 10am to 5pm on Thursdays, Fridays, Saturdays and 2pm – 5pm on Sundays as there is a Quaker Meeting in the morning, from Thursday 2nd July to Sunday 6th September.

Or would you be willing to donate home baking for the Coffee Shop, or plants for the Plant Stall?

Please ring Antoinette Ward on 016974 78220 if you can volunteer to help. A few half days, or full days if you prefer, running the Coffee Shop with other volunteers, or doing some baking or soupmaking would be very gratefully received. Thank you very much.

Northern Fells Group: Boltons, Caldbeck, Castle Sowerby, Ireby/Uldale, Mungrisdale, Sebergham/Welton and Westward/Rosley parishes.

'Drop In'

for tea, coffee, homemade cake, biscuits
and a chat

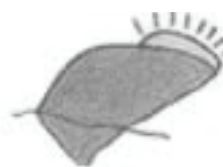
**Millhouse Village Hall
every Friday from 10 to 11.30am
£1 per person**

Come and join us to catch up with
friends and neighbours from the
Northern Fells area!

Let us know if you need a lift.

Contact: Antoinette Ward, 016974 78220

THE NORTHERN FELLS GROUP



Northern Fells Group

Spring Coffee Morning with scones

Mungrisdale Village Hall
Saturday, 9th May, 10.30-12.30
Admission by donation
Proceeds to RNLI



A Musical Evening will be held on Saturday 6 June 2009 in St Kentigern's Church, Castle Sowerby. The programme will consist of easy-listening music played on the organ by John Bromley, and Claire Ross, a guest artist, will perform on the flute, tenor saxophone and piano.

There will be a raffle and a quiz. Proceeds will be divided equally between the Radiotherapy Department at Cumberland Infirmary and the Church.

Programmes are £5 which will include light refreshments at the interval, and will be available from John Foster, Marjorie Edmondson, Beatrice Earl and Jean Mallaband in May.

A CHANGE OF PROGRAMME FOR MAY

CAFS is now showing the 2006 film 'Casino Royale' starring Daniel Craig in his first role as James Bond on Friday 15 May at 7.30pm in Caldbeck Parish Hall.

This film is 144 minutes long and is rated PG - 13.

Tickets are £3.00 for members and £4.00 for non-members on the door.

We look forward to seeing you there!



We also hope to screen an extra award-winning film in June. Watch this space for details!

CALDBECK SURGERY

We are now taking bookings for Art in the Waiting Room from July onwards.
Please contact Gail Cass on 016974 78254.

Northern Fells Group

Boltons, Caldbeck, Castle Sowerby, Ireby & Uldale, Mungrisdale,
Sebergham & Welton and Westward & Rosley parishes

Greenhill Dinner Dance

at the Greenhill Hotel, Red Dial
Friday 8th May 2009
7pm arrival to be seated for 7.30pm

£30 per ticket

Seating at round tables of 10

Aperitif Drink & Music by Reverb

Meal

Coffee

The raffle will be drawn while coffee is served

Dancing to 1am with 'The Reason' Live Band

A small Auction of Goods & Promises will be held on the night.

D & H Photographers will be taking portraits & more informal pictures which can be purchased on the evening with a donation going to the Northern Fells Group.

Contact: Margaret Hodge 016974 78094/75920
or Lynn Steadman on 016974 78141

Anyone willing to donate Goods or a Promise for the Auction, please contact Lynn Steadman 016974 78141 or <lynn.steadman@virgin.net>. We would be most grateful.

REVERB

Performance during reception drinks

Please watch out for other events we will be running later in the year to celebrate our 10th Anniversary.

Mungrisdale WI May Event

Saturday 2 May 2009 from 10.30am - 5.00pm
All day lunches, teas & table top sales

HESKET NEWMARKET

FREE CHURCH

Sunday School & Worship Service -

10.30am

First Sunday - Communion

**CASTLE SOWERBY FREE
EVANGELICAL CHAPEL**

Sunday School each Sunday - **10.30am**

Sunday Evening Service - **6.30pm**

QUAKERS: MOSEDALE MEETING HOUSE

Commencing in April, and for the summer months until the end of October,
Meeting for worship will be held every Sunday at 10.30am.

Everyone is welcome to attend.

ROMAN CATHOLIC: ST CUTHBERT'S WIGTON

Sunday Mass: 9.00am and 6.00pm

<p align="center">COLIN ARMSTRONG Garden Maintenance Grass Cutting, Strimming, Hedge cutting, etc. also Painting and Decorating Tel: 01228 538798 Mob: 07936 243234</p>	<p align="center">JOHN BELL (ELECTRICAL SERVICES) Your Local "Qualified" Electrician NICEIC Part P Registered Over 30 years of Electrical Experience based in the locality (Caldbeck & surrounding area) All types of domestic and Farm Electrical Installations and Repairs. Own Van-mounted Access Hoist for those hard to reach Electrical Maintenance and Repair jobs Tel: 016974 78620</p>
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<p align="center">LOFTERS HAIR DESIGN CALDBECK</p> <p align="center">Appointment times:</p> <p>Tuesday 8 am -12 am Wednesday 9 am - 4 pm Thursday 2 pm - 8 pm Friday 9 am - 4 pm Saturday 8 am - 2 pm</p> <p align="center">Barbara Mitchell 016974 78609</p>	<p align="center">P A MONKHOUSE BALE WRAPPING</p> <p>Tractor and Man for Hire Also mini-digger for hire —with or without driver 016974 78428 07748 986978</p>
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<p>THERAPEUTIC MASSAGE Karen Royall Dip ITEC <i>Ease away aches, pains and stress and discover the ancient art of massage.</i> HEAL THE BODY SOOTHE THE MIND STRENGTHEN THE SPIRIT tel: 016974 78443 Email: kzmorgan37@hotmail.com</p>	<p>ANDREW WHITE Professional Driving Instructor D.O.T. Approved, Long-established. GRADE 6. Excellent Pass Rate. Car - Car + Trailer - Mini bus - LGV - PSV Friendly & Patient Tel: 016974 78605</p>
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<p>THE FAIR WORLD SHOP Fairly traded foods, teas and coffees unusual crafts and gifts. Weekdays (except Monday mornings) April 6 to Oct 31 10.30am-4.30pm Nov 1 to Dec 24 1.00pm-4.00pm Saturdays & most Sundays April - Dec 2.00pm-4.00pm Contact: Lynette 016974 78544</p>	<p>WRAGG MARK-BELL SOLICITORS To assist with: residential, commercial & French property; small businesses; wills; employment & immigration; crime & road traffic offences; matrimonial & children matters. Liz Berry/Gaynor Wragg 01228 711728</p>

CHURCH SERVICES IN MAY 2009

Sunday, 3rd May		Easter 4
<i>Caldbeck</i>	8.30am	<i>no service</i>
	11.00am	Holy Communion
<i>Castle Sowerby</i>	11.00am	<i>no service</i>
<i>Sebergham</i>	11.00 am	<i>Service cancelled</i>
Sunday, 10th May		Easter 5 - Rogation Sunday
<i>Caldbeck</i>	8.30am	Holy Communion
	11.00am	<i>Service cancelled</i>
<i>Castle Sowerby</i>	11.00am	Rogation Service at Roe Foot Barn
<i>Sebergham</i>	11.00am	Morning Prayer
Sunday, 17th May		Easter 6
<i>Caldbeck</i>	8.30am	Holy Communion
	11.00am	Family Service
<i>Castle Sowerby</i>	11.00am	<i>no service</i>
<i>Sebergham</i>	11.00am	<i>no service</i>
Thursday 21st May		Ascension
<i>Caldbeck</i>	7.30pm	Holy Communion
Sunday, 24th May		Sunday after Ascension
<i>Caldbeck</i>	8.30am	Holy Communion
	11.00am	Morning Prayer
<i>Castle Sowerby</i>	11.00am	<i>no service</i>
<i>Sebergham</i>	11.00am	Holy Communion
Sunday, 31st May		Pentecost
<i>Caldbeck</i>	11.00am	Joint Holy Communion