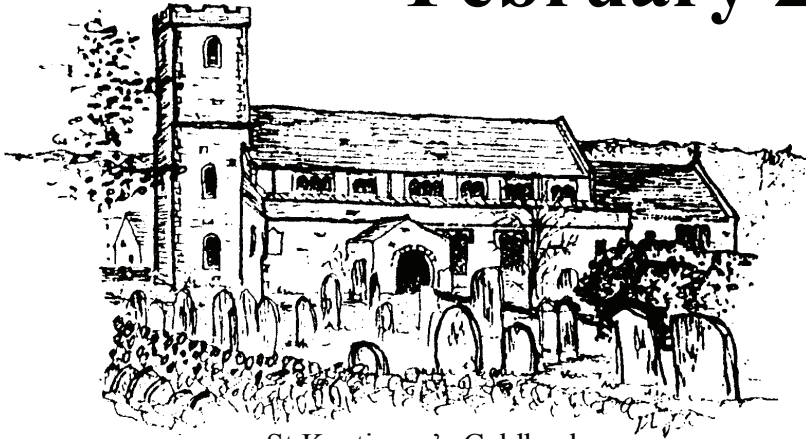


February 2009



St Kentigern's Caldbeck



St Mary's Sebergham



St Kentigern's Castle Sowerby

**Parish
Magazine**

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	Mr J Foster	
Treasurer	Mr B Mallinson	
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(please put 'magazine' in the subject and paste items in the body of the email)

NOTE: Copy deadline **15th February** for inclusion in March's magazine.

Subscriptions: Mrs Jean Holden, 1 Hodden Court, Caldbeck

Tel: 016974 78097

The Rector Writes

Let me share some hope with you.

I know there is not a lot of good news around. As the economy continues in recession, we hear of more businesses going into administration and further redundancies. Unbelievably, over the Christmas break, violence erupted between Gaza and Israel; Russia argued with the Ukraine over the gas pipeline, leaving millions without heat in freezing temperatures; and remember all those *other* problems we had before the economy went south? Well, they are still there, too. But, as I said in my letter last month, I am *hopeful*, and I want to explain a bit more about why.

The hope that I hold is that God, who loves the world and has committed himself to it, is able to bring about that good purpose which he has planned for the world.

It is amazing to think that God is still committed to the world - committed to all that he created and that we have gone on to hurt and destroy - the ecology, the animals and plants, the rivers and oceans and the air we breathe. It is amazing to realize that he is committed to each one of us. We know that God has committed himself to the world, and to us, because, in Christ, he came to be with us, to be made a human creature as a part of the world ("God is with us" is the meaning of "Emmanuel"), for the very purpose of putting things right.

So, as a Christian, I have hope because of my belief that God is with us all the time, which means that we do not face the difficulties and challenges of the year ahead alone. That does not mean that we expect to avoid problems, pain and suffering (which is what many people think of as *optimism*: a vague wish that we will somehow come through situations without too much struggle). Just as our God of hope has good purposes for us and for the whole of his creation, I believe that God is calling each of us to take our part in the healing, re-creating, putting-right process.

I have hope that in the current economic difficulties, God will help us to see and appreciate afresh many good things that cannot be either produced or exchanged by the marketplace: compassion, integrity, community, and peace. I have hope because I face the uncertainty of the future in the centre of God's love.

"We have this hope as an anchor for the soul,
firm and secure." *Hebrews 6.19*

Stephen Prior

The Parish Registers

Funerals

John Richard Coombs
24th December 2008
St Kentigern's Church, Caldbeck

James Bainbridge
15th January 2009
St Kentigern's Church, Caldbeck
St Mary's Church, Sebergham

THANK YOU

May I, through the parish magazine, offer my heartfelt thanks to all the wonderful friends and neighbours who offered prayers and support during what has been a very traumatic few weeks. I will always remember your kindness to both John and I.

Margery Coombs

MAGAZINE SUBSCRIPTIONS

Subscriptions for this magazine are now due for 2009. Individuals may give their Distributors £5.00 for the year to come. Distributors, please give the collected subscriptions to:

Mrs Jean Holden, 1 Hodden Court, Caldbeck CA7 8EN.

Those who receive their magazines by post are asked to send their £9.00 subscription to Mrs Annie Benn, Ling Cottage, Upton, Caldbeck CA7 8EU.

FAITH - HOPE - LOVE

Tuesday evenings, beginning 3rd March, and running for five weeks through Lent, at the Rectory in Caldbeck, we will be looking at the York Course entitled *Faith, Hope and Love*. Based on the passage in 1 Corinthians 13, the course delves to the heart of what it means to be a Christian. For more information, ring Steve on 016974 78233.

WOMEN'S WORLD DAY OF PRAYER

*"In Christ there are many members
yet one body."*

A service prepared by the Christian women of Papua New Guinea

All Saints Church, Raughton Head

2.00pm

Friday 6th March.

Led by Mrs Jenny deRobeck

Speaker: Mr David Kendrew

Refreshments will be served following the service.

Everyone welcome!

CHOCOLATE IN LENT!

Faith and Film - We will be exploring the film, *Chocolat*, based on the book by Joanna Harris, to see what issues arise from a Christian viewpoint. Tuesdays in March (10, 17, 24 & 31) at 7.30pm in Rosley Millennium Room, Rosley Village Hall. All welcome. Enquiries to Rev Norman Robinson, tel: 016973 43723.

CALDBECK CHRISTMAS SERVICES

Our thanks to all those who brought gifts for children or gave donations at the Caldbeck Carol Service and the Christingle Service. From the Carol Service, we divided £321.56 in donation among Christian Aid, Crisis at Christmas and TearFund. The Christingle Service raised £148.96 for the Children's Society.

CASTLE SOWERBY CAROL SERVICE

The Carols by Candlelight Service at Castle Sowerby Church raised £201.00 for Eden Valley Hospice. Our thanks to all who attended and donated to this worthy cause.

FAIRTRADE NEWS



To mark Fairtrade Fortnight - this year planned for Monday, 23 February to Sunday, 8 March - *The Old Smithy* in Caldbeck will be again holding a Fairtrade Breakfast on Saturday, 28 February from 9.30 - 11am in aid of *The Fairtrade Exchange Loan Scheme*.

To celebrate the first anniversary of Caldbeck and Hesket Newmarket's status as a Fairtrade "Zone", the local Steering Group invites you to a "Birthday Tea" on Saturday, February 28 from 4 - 6pm at Millhouse Village Hall. There will be a *Fairtrade Banana Cake* competition (enquiries to Susan Beale: telephone 78353), a Fairtrade birthday cake and Fairtrade tea and coffee. All welcome!

Thanks to all those who have helped and supported Fairtrade events over the past twelve months. We welcome any ideas you may have for the future. If you wish to be directly involved in any way please do not hesitate to contact us.

Sally Vaux

(on behalf of Caldbeck and Hesket Newmarket Fairtraders).

CALDBECK CAROL SINGING 2008

Once again our apologies to those we did not reach on our Carol Singing evening on the 18th December, and our thanks to those who enabled us to reach a total of £366 from our collecting boxes and related donations. We divided this between the three children's charities: NSPCC, NCH and SCF. The Caldbeck Methodist Church Carol Service collection added a generous £138 for these charities, to bring the final total to £504.

To refreshment providers and the helpers who served the mince pies and coffee, to singers and drivers and all others who helped in any way, thanks again on behalf of the three children's charities that are supported. A special thank you this year goes to Beverley Noble who produced laminated carol sheets, which will prove very useful on carol singing evenings when the weather is not as kind to us as it was this year.

Next Christmas we hope to visit some of the areas we missed this time; we only had three singing groups this year but hope for more next so that we can perhaps cover the whole parish! So come and sing with us in December 2009 on what is a very enjoyable evening. You will be most welcome!

Hilary Mattinson

David and Antoinette Ward

what's on for young people

Discovery Club

For ages 4-11 (primary)

Tuesday 10th February

3.15 - 5.00pm

Caldbeck Parish Hall

Gordon and Helen Bingham and
Helen and Celia Stobart

016974 78669

Children are escorted across to the
hall from school.

CLUB X

After-school club for Juniors

Tuesdays during term-time

3rd, 17th & 24th February

GAMES - CRAFTS -

TEACHING - REFRESHMENTS

From 3.20 to 5.00pm

Caldbeck Parish Hall

DROP IN

For ages 10+

Tuesday, 28th February

Wallace & Gromit Evening

7.30-9.30pm

Gaitsgill Village Hall

£2.50

Richard or Celia - 78500

Peter & Helen - 78669



CALDBECK PLAYERS

The spring production from Caldbeck Players (a comedy) will be during the week beginning March 23rd. Any *adult* who would like to be involved please contact Pauline Woolfenden, either by telephone on 016974 78212 or by email: greenrigg@btinternet.com

PARISH HALL LOST PROPERTY

- One pair of red leather gloves – possibly left after the WI Over 60's party in December?
- One grey anorak hood with silver grey lining, attaches to anorak with poppers.

If you know the owners of these items, please contact Anne Cartmell on 016974 78484 before **15th February** when they will be disposed of.

THURSDAY CLUB

It was the 16th Annual Meeting of the Thursday Club. We were reminded of this when 25 members met on a cold January afternoon in the Parish Hall.

Tommy Little has been our chairman for all of this time and we were so pleased to see him there that afternoon, after a long period of illness. Sadly, he felt the time had come to resign and during the business meeting John Wooler was elected Chairman, with Tony Ryan as Deputy Chairman.

Jo Reid has also decided to give up her job as secretary. She has given the club eight years of splendid work and we are so sorry that she feels she must stand down. Lynette Ramsay will be taking over as Speaker's Secretary, with Eleanor Benson writing up the monthly reports. All the other officers are staying. Kathleen Davie proposed a vote of thanks to Jo, who was absent due to ill health, for her wonderful contribution as the club secretary.

All this business was settled in a very friendly and informal way; we then were ready to settle down to our annual Domino Drive, to be conducted by Vera Mason and Mamie Potts. Unfortunately, this had to be cancelled as, due to a misunderstanding; no dominoes had been brought! So we all settled for a welcome cup of tea, biscuits and a good social chat.

Subscriptions (£3) will be due at the next meeting on 12th February. *VW*

<p>CALDBECK AND DISTRICT THURSDAY CLUB February 12th at 2 pm The Oak Room Caldbeck Parish Hall QUIZ TIME</p>

CHRISTMAS DOMINOES

Every table was full for the Domino Drive held at Caldbeck Bowling Club on Sunday 14th December, with lots of new faces as well as the regulars.

Our thanks go to George Bainbridge for organizing this event, once again, and to Will Strong for bar duty and use of the bower. Thanks also to Paul and Richard Hellon (P & R Electronics) Barbara Mitchell (Lofters) and Robert Watson for donating turkeys for the turkey draw, as well as to everyone else who donated prizes for the dominoes and raffle or made cash donations.

A grand total of £291 was made on the night, which was divided between *First Responders* and the *Dawn Jackson Memorial Fund*.

**Saturday 7th March
Caldbeck Parish Hall
7.15 - 11.30pm**

Charity Hog Roast

with Live Music

*All proceeds going to Age Concern
and the Great North Air Ambulance **

Music and dancing to

Bare Wires

[featured in live performances on Granada TV &
in session for BBC Radio 2 Paul Jones Show.

Tickets £20.00 in advance

Phone: 016973 71812

e-mail: keith.bridges@virgin.net

- Sponsored by Hesket Newmarket Brewery
- 3-course meal including Hog Roast
- Vegetarian option.
- All Beer @ 2.50/pint.
- Wide selection of good wines @ 10.00/bottle
- Free prize draw
- Seating for groups of 4 or more or tables of 8 can be reserved

* Teresa and Keith Bridges will be running the London Marathon in April.

FAIR WORLD SHOP - ANNUAL MEETING

Anyone who is interested in the past year or the future of the FairWorld Shop is welcome to come to this open meeting at Millhouse Village Hall on Thursday, the 12th of February.

We will start with a shared lunch at 12 o'clock so that the meeting itself can begin at 12.30pm. The reports and discussion should last about an hour, enabling members of the Thursday Club time to return to Caldbeck for the Quiz!

Please join us!

Caldbeck W I

February 4th at 7.30 pm

Speaker: I Sanderson
Oriental Ink Painting
Caldbeck Parish Hall

Caldbeck Mothers' Union

Tuesday 17th February

2.00pm

D.I.O.

Family Relationships

- Looking at Ruth

Caldbeck Chapel



CALDBECK PARISH COUNCIL

Notes from Caldbeck Parish Council Meeting 15th December 2008.

1. **Hesket Newmarket Recycling Bins.** The result of the vote in Hesket Newmarket regarding the recycling bins was: out of 76 voting papers distributed (to all households in Hesket Newmarket and Howbeck) there were 44 replies: 27 in favour of the bins staying; 17 against. The Parish Council therefore agreed that the recycling bins would remain on the layby on Wood Hall Lane.
2. **Free Fire Safety Checks.** Duncan Fairbairn, the County and District Councillor, gave out the number for free *Fire Safety* checks. Call **0800 358 4777** if you would like a free fire safety check. The Fire Officer will fit one free fire alarm in your home and recommend where to site others.
3. **Precept 2009/10.** The Council finalised the budget and set the precept at £9,250 for 2009/10.
4. **Publication Scheme** – Freedom of Information Act 2000. The Council adopted the Model Publication Scheme as required by the Information Commissioner, and agreed the Caldbeck Parish Council Guide to Proactively Published Information for the Public, which will be available on the Caldbeck Website: www.caldbeck.org.uk, and from the Clerk.
5. **Highways.** The Council has reported the following problems to the Highways Hotline: a ‘No Through Road’ sign, rotted off at Greenhead, needs replacing; pavements and roads in villages need sweeping (the Chair informed this is to be done very soon); potholes are on the road to Nether Row and on The Street near Sharp House; heaps of grit are needed on The Street between Street Head and Hesket Newmarket, and at Hanging Acre on Hesket Lonning; there is a request to extend gritting of B5299 beyond the School up Maidens Hill to Parkend, Thistlebottom, up to the Caldbeck crossroads and down Brocklebank; water is lying on the road near Brownrigg Hall Lonning; and the renewal of painted white lines is needed at Watery Lonning junctions. **Highways Hotline number: 0845 6096609, or email: contact@cumbriahighways.co.uk** if you want to report anything relating to roads locally yourself.
6. **Cumbria in Bloom.** Trophies for ‘Best in Allerdale District’ have arrived and will be put up in Hesket Newmarket and Caldbeck.

*Antoinette Ward, Clerk to Caldbeck Parish Council
tel: 016974 78220, email: aw.caldbeck@googlemail.com*

CALDBECK WI

Everyone was welcomed to the January meeting of Caldbeck WI and wished a Happy New Year. We all then welcomed two new members: Mrs Rachel Nicholson and Mrs Janet Cox.

The business part of the evening proceeded with the minutes read by Mrs P Richardson and County News discussed. It is our turn to send a delegate to the London AGM. Subscriptions are now due for 2009, set at £29; tea and biscuits will remain ten pence each; drawing tickets are twenty pence each. Soup and mince pies served later in the evening were £1.00. The Children's Party was discussed and thanks were expressed to the Hound Trail Association, who sent us £50 towards our parties. We have also been awarded £100 from the Hesket Newmarket Shop Consortium towards our party expenses. These generous gifts were very much appreciated. Members were then told of a new suggestion box in which they are to put ideas.

Following the business meeting, Mrs Shaw welcomed Mr Roy Knowles who spoke to us about the life of the honey bee. He told us about the diseases to which they are subject and the beekeeper's job to try to eliminate them. Roy's brilliant slides and interesting talk made us all realise the importance of bees and the debt we owe them. As the wild bees have succumbed to disease, it is very important for the beekeepers to keep the other bees safe.

Mrs R Bowen thanked Roy for his informative talk. The competition was won by Mrs P Shaw with a honey twizzler. The draw was won by Mrs K Davie. Next month I Sanderson will talk to us about *Oriental Painting* and the competition will be *a black and white picture*.

Sunday 15 Feb
Pub Quiz
at the Old Crown
7pm
in aid of HNM Play Area

*Full details
on Parish notice boards.*

**Caldbeck & District
Gardening Club
AGM**
Wednesday 11th February
Speaker: Janet Queen
Road to Arcadia
Millhouse Village Hall
7.30pm
All Welcome!
Guests £2.50

'Drop In'

for tea, coffee, homemade cake, biscuits and a chat

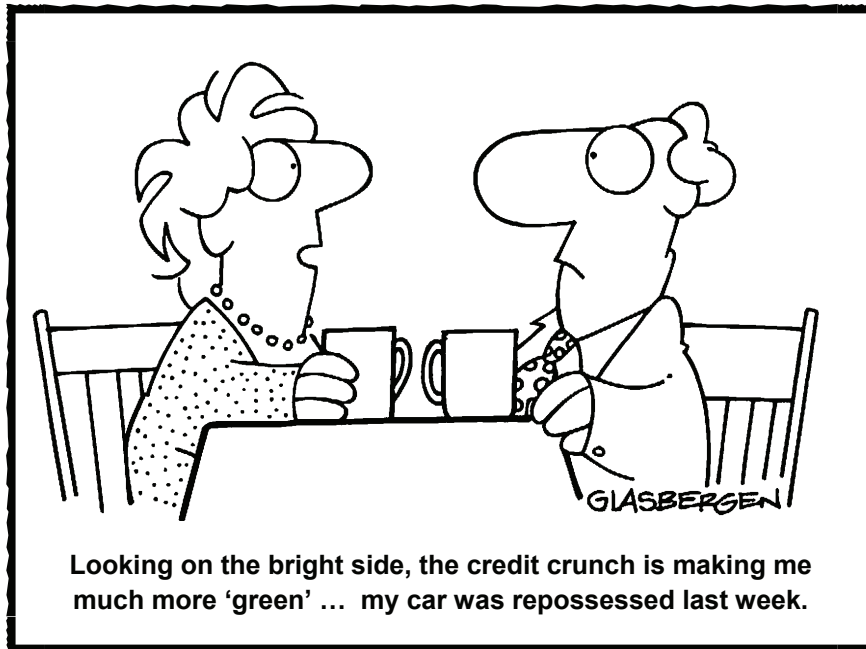
Millhouse Village Hall
every Friday from 10 to 11.30am
£1 per person

Come and join us to catch up with friends and neighbours
from the Northern Fells area!

For transport or other information:
Contact: Antoinette Ward, 016974 78220

THE NORTHERN FELLS GROUP

NOTE: One or two more volunteers to help with the
Drop In would be very welcome. Each volunteer usually
helps once a month or so. Please contact Antoinette Ward
on 016974 78220, or email: aw.caldbeck@googlemail.com
if you can help.



ST KENTIGERN'S, CALDBECK, CHURCH DUTIES

	Welcomers' Rota 8.30am	Sanctuary Duty (8.30am unless specified)	Sidespersons' Rota 11.00am
Feb 1	<i>no service</i>	(11am) Margaret Tinniswood	Charlie Rolfe
8	Rosemary Bailey	Liz Boydell Diana Greenwood	Dick & Penny Bird
15	Jean Holden	Liz Boydell Rosemary Bailey	Sue Prior
22	Liz Boydell	Jean Holden Joan Todhunter	Judith Cowx
March 1	<i>no service</i>	(11am) Margaret Tinniswood	Malcolm & Eleanor Thyne
8	Ann Wade	Liz Boydell Diana Greenwood	Jean Holden
15	Jean Holden	Liz Boydell Rosemary Bailey	Peter Sageman
22	Dianna Greenwood	Jean Holden Joan Todhunter	Marjorie Atkinson



CALDBECK FLOWERS & CLEANING

There are new rotas in the porch of Caldbeck Church for those who would like to be on the flower rota.

We also need more people to help clean the church: please put your name on the list if you will be able to help in this way. Many thanks.

CALDBECK CHURCH Cleaning Rota

February

6th Mrs M Ridley
13th -
20th Mrs M Cowx
27th -

March

6th Mrs M Bell &
Mrs G Coulthard
13th Mrs E Paterson
20th -
27th Mrs Pears &
Mrs Milburn

DIARY OF EVENTS 2009

February

- 4th Caldbeck WI, I Sanderson, *Oriental Ink Painting* Parish Hall – 7.30pm
- 10th Sebergham WI, J Harrison, *Fascinators*, Old School – 7.30pm
- 11th Gardening Club, AGM & *Road to Arcadia*, Millhouse V Hall – 7.30pm
- 12th Annual Meeting of FairWorld Shop helpers, Millhouse V Hall – 12pm
- 12th Thursday Club, *Quiz Time*, Oak Room, Caldbeck Parish Hall – 2pm
- 14th CAFS, *Eat, Drink, Man, Woman*, (plus supper) Parish Hall
- 15th Pub Quiz in aid of HNM Play Area, Old Crown, HNM – 7pm
- 17th Mothers' Union, *Do-It-Ourselves*, Caldbeck Chapel – 2pm
- 18th Hist.Soc Colin Smith: *Turnpike Roads of N.Cumbria*. P.Hall – 7.30pm
- 21st Heskett Newmarket Agricultural Society Show Dinner

March

- 2nd Caldbeck Parish Council, Caldbeck Parish Hall – 7.30pm
- 4th Caldbeck WI, C Mounsey, *The Queen said to me*, Par Hall – 7.30pm
- 7th Charity Hog Roast with live music, Parish Hall – 7.15pm
- 9th History Society Business Meeting. Elm Lodge, HNM – 7.30pm
- 10th Sebergham WI, 61st Anniversary Party Dinner, Denton House
- 11th Gardening Club, *Water in the Garden*, Millhouse Vill Hall – 7.30pm
- 12th Thurs Club, F Cox, *Backward Look at Clothes*, Oak Rm, Par Hall-2pm
- 13th CAFS, *Michael Clayton*, Parish Hall
- 17th Mothers' Union, Soup Lunch (for MU Overseas) Parish Hall – 12pm
- 18th Hist Soc. June Hall: *Sheep and Wool in History*. Parish Hall – 7.30pm

April

- 1st Caldbeck WI, B Bargh, *Get ahead hats*, Parish Hall – 7.30pm
- 6th Caldbeck Parish Council, Caldbeck Parish Hall – 7.30pm
- 7th East Family Fun Day, Caldbeck Cricket Club
- 8th Gardening Club, *Plants & Ideas*, Millhouse Village Hall – 7.30pm
- 9th Thursday Club, Antoinette Ward, Oak Rm, Parish Hall – 2pm
- 14th Sebergham WI, B Garvey, *St George's Chapel*, Old School – 7.30pm
- 15th Hist Soc. T Padley: *30 Years of Excavation in Carlisle*. P.Hall -7.30pm
- 17th CAFS, *Garage*, Parish Hall
- 21st Mothers' Union, S Braithwaite, *Looking after Tom*, C'k Chapel – 2pm

May

- 4th Annual Plant Sale, centre of Heskett Newmarket
- 6th Caldbeck WI, *Where there's a will*, Parish Hall – 7.30pm
- 12th Sebergham WI, G Barnett, *Life of Roman Soldier*, Old School -7.30pm
- 13th Caldbeck Gardening Club, Plant Sale, Millhouse Vil Hall – 7.30pm

- 14th Thursday Club, Outing
- 15th CAFS, *There will be Blood*, Parish Hall
- 18th Caldbeck Parish Council, Caldbeck Parish Hall – 7.30pm
- 19th Mothers' Union, Mrs Curry, *OM*, Caldbeck Chapel – 2pm
- 20th Hist Soc. E Thompson: *Hutton in the Forest. Parish Hall –7.30pm.*

June

- 3rd Caldbeck WI, Birthday, Parish Hall – 7.30pm
- 9th Sebergham WI, Visit to Carlisle Cathedral
- 11th Thursday Club, C Marsden, *Mum's Junk*, Oak Rm, Parish Hall –2pm
- 16th Mothers' Union, Outing
- 17th History Society. *Outing to Hutton.*
- 29th Caldbeck Parish Council, Caldbeck Parish Hall – 7.30pm

July

- 1st Caldbeck WI, Visit to Booths, Keswick, Parish Hall – 7.30pm
- 9th Thursday Club, B Pedder,

Reg charity no 110 8013

**CU♥BRIA
Community
First Responders**

In Association with Cumbria Ambulance Service NHS Trust

If you have a medical emergency, dial 999.

Please note that you cannot call First Responders direct.

If appropriate, the Ambulance Service will call us out, as well as (not instead of) an ambulance.

CALDBECK SURGERY
www.caldbecksurgery.co.uk

Staff Training Afternoons
The surgery will be closed in the afternoon for staff training:
Thursday, 12th February
Tuesday, 10th March
No closure in April

On these afternoons the surgery (including the dispensary) will close at 1.00pm. All calls will be redirected automatically to CueDoc.

Early Bird & Twilight Surgeries
If you find it difficult to see a doctor during the normal surgery hours of 8.30am – 6.00pm (eg if you work unsocial hours) please ask for an appointment in one of our early bird or twilight surgeries. (Please note: these appointments are not available with practice nurses.)

Art in the Waiting Room: photographs by Dorothy Wannop.

SEBERGHAM FLOWERS & CLEANING ROTA

February 1st and 8th	Mrs Hine
February 15th and 22nd	Mrs Mattinson
March 1st and 8th	Mrs Ward
March 15th and 22nd	Mrs Weston

Sebergham Weather Recordings

Rainfall

December 2008:	72.10 mm	(2.84 ins)
Aggregate for year:	1140.10 mm	(44.87 ins)
December 2007:	111.20 mm	(4.38 ins)
Aggregate for year:	921.93 mm	(36.29 ins)



2008 was a wet year and similar to 2004, although the most rain in one year that we have recorded was in 2000 when we reached 1261.70 mm (49.65 ins).

However, the twenty year average rainfall has fallen from 912.63mm (39.08 ins) to 954.02mm (37.56 ins)

Temperature November 2008:



The average maximum day temperature was 42.52° F (5.84° C)
The average minimum night temperature was 33.42° F (0.788° C)
The warmest day was Sunday, 21st December at 53° F (11.67° C)
The coldest night was Wednesday 31st Dec. at 22.0° F (-5.56° C)

We had sixteen days of frost during December and it is surprising that December 2007 was cooler than December 2008.

On the 30th and 31st December, the temperature did not go above freezing, rising only to 29° F (-1.67° C) and 28° F (-2.23° C) respectively.

RdeR

SEBERGHAM OLD SCHOOL GATE

The padlock for the gate on the drive to Sebergham Old School has gone missing. If anyone finds it, we would appreciate its being returned to the Rector or left at St Mary's Church or the Old School.

SEBERGHAM WI REPORTS

December 2008

A warm glass of punch and an equally warm welcome by President Dorothy Staples got the Annual Meeting off to a good start. Members were pleased to welcome back Evelyn Johnston, Jessie Ostle and Claire Guest, who brought along her new baby, Steven. The programme for 2009 is now finished and we look forward to a variety of interesting meetings, to some of which we have invited visitors from other WIs. The Porkers and Chicks appeal was completed and the lucky number winner from the spotty pig was Carol Hine. Members received the County News to peruse over the Christmas and New Year period, before enjoying a delicious 'Bring and Share' supper. Jessie Ostle entertained members with some amusing poems and readings.

After supper the business of the Annual Meeting was carried out. The treasurer reported a more expensive year than usual, largely due to the cost of our 60th Anniversary celebrations. The secretary reported an increase in membership once again and an interesting and varied programme of speakers, both on light and serious topics. President, Dorothy Staples, in her address, thanked members for their commitment and support; members were pleased to note that Dorothy is happy to continue in her present position. There were no changes to the makeup of the committee but Jenny deRobeck was warmly thanked for her role as press correspondent and as a member. She is leaving our membership for a while; we hope she will be able to rejoin us again in the near future.

The competition for the *wrapped parcel* was won by Anne Ludlam, 2nd Carol Hine, and 3rd Heather Magnay. The overall winner of the most points in the monthly competitions were 1st Anne Ludlam, 2nd Margaret Mattinson and 3rd Poppy Hollins-Gibson.

Sebergham WI

10TH February

"Fascinating Fascinators"

Joyce Harrison

at

The Old School, Sebergham

7.30pm

Competition: an unusual feather
H.T.E. Sebergham

The meeting closed with members exchanging cards and seasonal greetings and looking forward to meeting again in 2009.

Margaret Mattinson

Sebergham WI Reports (cont) - January 2009

On a cold January night our members gathered for what is one of our favourite meetings of the year. We were all warmly welcomed by Dorothy Staples and secretary Margaret Mattinson. Dreadful colds had prevented four ladies from attending but we were pleased to see Shirley Mandale back after breaking her foot on an 'away break' holiday!

The business session was completed efficiently with plans for a guest night in April and menus chosen for our birthday party in March. Two members are joining the County coach to see *Mary Poppins* in Manchester and a third is on the waiting list. The contents of the County News were noted.

January has become a members' night owing to the number of times speakers have been unable to get to us in sometimes appalling weather conditions. We have a wealth of talents among the members and use this night to learn and make a new craft item. This year we all made an *origami folding Granny's boasting book*, a little photo album to keep in our handbags to show others our favourite family photos. These were made with a little glue and a lot of fun and laughter and was a happy way to start our WI programme. The finished results were all excellent, but first prize was awarded to Carol Hine with Shirley Mandale in second place. While we worked we all shared a delicious box of chocolates, kindly sent to us by former member, Evelyn Tickle. This was much appreciated. We were all very pleased with our origami albums and our talented teacher was thanked by Nancy Hullock.

Sebergham Village Hall	
Domino Drive	
Thursday	
19th February	
7.45pm	

The Sowerby Row group provided excellent refreshments of sandwiches and cakes and so the start of several ladies' New Year resolutions were delayed!

We meet in the Old School again in February when our member, Joyce Harrison, and her daughter Laura will

CALDBECK AREA FILM SOCIETY



CAFS presentation for February the 14th from 6.30pm is a combined meal and film. The film *Eat, Drink, Man, Woman* is scheduled for approximately 7.30pm, for those who wish to skip the supper. But I would recommend you try both these food-celebrating events!

Tickets for the meal will be available from Caldbeck and Hesket Newmarket Village stores and can also be reserved by ringing Sally Vaux on 016974 78626. If you require a vegetarian option, then please ring Sally by the 7th of February. The cost of the meal ticket will be £11.00. Members can use their season ticket for the film, or pay £3, non-members pay £4 per ticket.

Now, the film *Eat, Drink, Man, Woman* is a treat for any foodie. It was made in Taiwan in 1994, and directed by Ang Lee, before he went on to direct *Sense and Sensibility* and *Brokeback Mountain*. It lasts 119 minutes and has English subtitles. Widower and master chef Chu expects his three daughters to join him for Sunday lunch each week. The opening sequence shows the lengths to which he goes to provide exquisite dishes (warning: vegetarians may find this trying!).

The eldest daughter is a business woman on the verge of moving out of the family home. She also has an ex' she can't quite give up. The second daughter is an earnest teacher, a Christian and in danger of becoming an old maid. The youngest girl is still at college and just beginning to think of having a boyfriend. There is wit, drama and romance and the food is delectable. Family and food are the master chef's life. He even improves local school dinners. (Now where have we heard of that before?)

Just to remind you that the Keswick Film Festival runs from 12th to 15th February with an eclectic selection of films. Check out their programme at www.keswickfilmfestival.org/films.php

Tricia Nelson

BENEFITS HELP AND HELP WITH FORMS.

For help with checking eligibility for benefits, filling in claim forms for disability or low income benefits, and finding out about various welfare services, please contact Antoinette Ward, the *Lend a Hand Benefits Worker*, on 016974 78220, or email: aw.caldbeck@googlemail.com

NORTHERN FELLS LEND A HAND GROUP

BERRIER WIND FARM OPPOSITION GROUP

**Presentation &
Open Day**
Greystoke Village Hall
21st February
BERRIER HILL WIND FARM
OPPOSITION GROUP

Following inquiries about the current position with regard to the Planning Application to site nine wind turbines on Berrier Hill, the *Berrier Hill Wind Farm Opposition Group* (BWFOG) are holding an Open Day, with power point and video film presentations, progress reports, newspaper articles, etc. which will be an opportunity to update and inform all of our supporters.

There will also be on display information and statistics on all forms of *Renewable Energy*, together with details of experiences elsewhere in Cumbria and nationally. Refreshments will be available throughout the day.

If you find you are unable to attend this Open Day, you will find updated news on our website at our website www.blencathra.net. For any further information please telephone 017687 79602.

**Caldbeck & District
Local History Society**
**The Coryn Clarke
Memorial Lecture**

Colin Smith

will give an illustrated talk on

**'Turnpike Roads
of North Cumbria'**

Wednesday, 18th February

7.30pm

Caldbeck Parish Hall

Tickets: Members £2; Visitors £3
Refreshments included

Everybody Welcome!

LONDON PHILHARMONIC SKIFFLE ORCHESTRA

Mungrisdale Village Hall
Saturday 14th February
Doors open at 7pm
Bar & raffle

Tickets £5/ £3 children
Box office 017687 79397
*This performance comes to
Mungrisdale under
Highlights Touring Scheme*

ST VALENTINE'S SUPPER DANCE

**MUNGRISDALE
VILLAGE HALL**
FEBRUARY 21ST

7pm for 7.30pm meal
Dancing to Kenny Bell
Bar & raffle

(For British Heart Foundation)
Tickets £12.50 available from
Bob Watt - 017687 79009
& Penny Sutton - 017687 79691

CALDBECK METHODIST CHAPEL

Sundays at 6.30pm

1st February - Rev I Haywood

8th February - Miss D Chalk

15th February - Mr R Pattinson

22nd February - Rev K Hurst

CASTLE SOWERBY FREE EVANGELICAL CHAPEL

Sunday School each Sunday - **10.30am**

Sunday Evening Service - **6.30pm**

HESKET NEWMARKET FREE CHURCH

Sunday School & Worship Service - **10.30am**

First Sunday - Communion

QUAKERS: MOSEDALE MEETING HOUSE

Commencing in November until the end of March,
Meeting for worship will be held the 2nd and 4th Sunday at 10.30am
Everyone is welcome to attend.

ROMAN CATHOLIC: ST CUTHBERT'S WIGTON

Sunday Mass: 9.00am and 6.00pm

Take time for prayer!

The ecumenical prayer group
meets each Tuesday morning at
8.45am in the back of Caldbeck
Church to pray for the needs of
our community and the world.

Why not join us?

ALL WELCOME!

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CHURCH SERVICES IN FEBRUARY 2009

Sunday, 1st February

<i>Caldbeck</i>	8.30am	
	11.00am	
<i>Castle Sowerby</i>	11.00am	
<i>Sebergham</i>	11.00 am	

Candlemas

<i>no service</i>
Holy Communion
<i>no service</i>
Morning Prayer

Sunday, 8th February

<i>Caldbeck</i>	8.30am	
	11.00am	
<i>Castle Sowerby*</i>	11.00am	
<i>* service at Millhouse Village Hall</i>		
<i>Sebergham</i>	11.00 am	

3rd Sunday before Lent

Holy Communion
Morning Prayer
Holy Communion
Morning Prayer

Sunday, 15th February

<i>Caldbeck</i>	8.30am	
	11.00am	
<i>Castle Sowerby</i>	11.00am	
<i>Sebergham</i>	11.00am	

2nd Sunday before Lent

Holy Communion
Family Service
<i>no service</i>
<i>no service</i>

Sunday, 22nd February

<i>Caldbeck</i>	8.30am	
	11.00am	
<i>Castle Sowerby</i>	11.00am	
<i>Sebergham</i>	11.00am	

Sunday before Lent

Holy Communion
Morning Prayer
<i>no service</i>
Holy Communion

Sunday, 1st March

<i>Caldbeck</i>	8.30am	
	11.00am	
<i>Castle Sowerby</i>	11.00am	
<i>Sebergham</i>	11.00 am	

First Sunday of Lent

<i>no service</i>
Holy Communion
<i>no service</i>
Morning Prayer