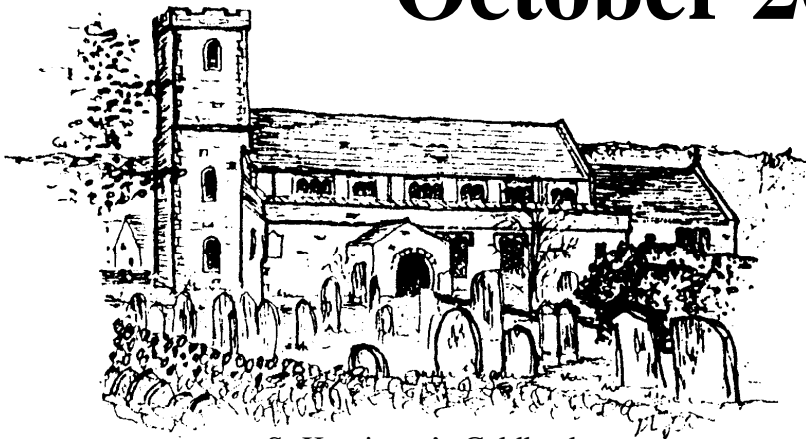


**October 2008**



St Kentigern's Caldbeck



St Mary's Sebergham



St Kentigern's Castle Sowerby

**Parish  
Magazine**

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## The Rector Writes

With the wet weather through most of August and resulting poor harvests, not to mention blue tongue, many of our farmers may feel gloomy. As Harvest Festivals in churches and chapels are well underway, we may think that those familiar lines of well-known hymns do not ring true. All is *not* safely gathered in.

It has also been very stormy weather for the financial systems around the world, with major banks and insurance companies closing, being forced into mergers or being bailed out by the government. There are two truths - of which you may well be aware, but which I feel I should point out in regard to this financial crisis.

The first is that God has given to people, as part of their job as stewards of the earth, the creativity to create financial systems and commerce and that, in themselves, these are good things. We often associate creativity with the fine arts, but any human endeavour which involves imagination and innovation, resulting in something new, is creative, whatever area of life it may be in. Now I am not talking about 'creative accounting'! which is cheating and dishonest, but real creativity applied to commerce and finance has gone a long way to improve the lot of ordinary people. The co-operative movement in the 19th century is one prominent example of this, as are the building societies which allowed ordinary people, who would not have had access to a bank loan, to be able to secure credit and thereby purchase their own homes. In all the current trouble, it is important to remember the benefits that trade, commerce and the financial sector are able to bring when they are used properly.

The other truth - and the other side of the coin, as it were - in the midst of all this havoc, is that these same creative people are indeed fallen. Greed, in one way or another, has been largely to blame for the recent troubles. For too long, governments have allowed the financial sector to operate without effective regulation. It is as if the market were seen as a god in itself, that could be trusted to work in a benevolent fashion. Idolatry of any sort always leads us away from truth and into trouble. The reality is that our financial institutions of all sorts are run and used by ordinary, fallible and limited people like you and me. When 'lager louts' make the life of decent citizens a misery in town centres, the police are brought in to re-establish order and regulate the situation. The 'pirates in pin-stripes' who sometimes inhabit powerful positions in our financial institutions need to be kept in order as

well. In the US and the UK we seem to have ignored that need, and continued to 'go along for the ride' - until it became sick-making.

But, are we ready to sing those harvest hymns yet?

The whole idea of giving thanks is not to celebrate the good times, but to acknowledge our dependence upon God. It is an affirmation of that God is good, through all the vicissitudes of life, through years of dearth as well as plenty. In these days of uncertainty, for the wider economy as well as for the farming community, harvest thanksgiving is an opportunity to remember God's steadfast love - which never fails.

*As long as the earth endures, seedtime and harvest, cold and heat, summer and winter, day and night, will never cease. Genesis 8.22*

*Stephen*

<p style="text-align: center;"><b>Caldbeck</b> <b>Harvest Festival</b> <b>Sunday 5th October</b> 11.00am <i>Preacher: Walter Wade</i> <b>Followed (12.30pm) by Harvest</b> <b>Lunch in the Parish Hall.</b> <i>Tickets (£8.00) available from</i> <i>Kirkland Stores, Caldbeck,</i> <i>&amp; Fellside Stores, Hesket NM</i></p>	<p style="text-align: center;"><b>Castle Sowerby</b> <b>Harvest Festivals</b> <b>Friday 10th October</b> 7.30pm <b>Sunday 12th October</b> 11.00am <i>Preacher: Rev Kathleen Ashbridge</i> <b>Monday 13th October, 7.15pm</b> Castle Sowerby Harvest Sale Millhouse Village Hall</p>
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## **DECORATING FOR CALDBECK HARVEST**

Anyone wishing to contribute flowers or help decorate Caldbeck Church in preparation for Harvest, please come to the church around 10am on Saturday, 4th October. For any enquiries, please ring Margaret Brough on 78634.

## **THANK YOU!**

Thank you to everyone who sent 'good wishes' cards to Ron and myself while I was in hospital. I kept looking through them and enjoyed the lovely pictures: they were very encouraging. It was so very kind of you all and I appreciated your thoughtfulness and prayers.

*Betty Brame*



## **French Evening**

**Join us** for French Cuisine  
and entertainment  
with that Gallic Charm

Caldbeck Parish Hall  
Saturday, 15th November  
7.30pm prompt  
Tickets: £22.50

Reserve your tickets or a table  
from Richard Brough - 016974 78634  
in aid of Caldbeck Church

## **FAIRTRADE NEWS**

You are invited to a

**Fairtrade Wine-Tasting Event  
with local cheese  
to be served in Caldbeck Parish Hall**

**Friday, 17th October at 7.30pm**

*[Non-alcoholic drinks will be available for drivers.]*



Tickets in advance only from Susan Beale (78353) and Sally Vaux (78626) or at Kirkland Stores, Caldbeck. All profits are to be shared between The Northern Fells Group and the Fairtrade Campaign. We would be grateful for any new participating teenagers or adults to man the tables. Please contact Susan or Sally (above).

### **Christmas Fayre**

Fairtrade and local crafts for Christmas  
Wednesday 12th December (*note change of date*)  
7-9pm in Caldbeck Village Hall.

CALDBECK AND HESKET NEWMARKET FAIRTRADERS



## **MOTHERS' UNION**

At the Mothers' Union meeting on October 21st, the Mothers' Union Diocesan Choir will be singing in the Parish Hall at 2pm. Refreshments will be provided.

This will be an open meeting, when we hope many visitors will join us to hear the singing of both sacred and secular music to be performed by the choir. There is no charge for admission, but a collection will be taken for the work of the Mothers' Union.

All are welcome to come along, but to help us with numbers for refreshments, we would be grateful if you would let us know if you intend to come. Please ring Liz on Caldbeck 78315.

The Mother's Union

Diocesan Choir

**Visiting Choir**

Tuesday 21st October

2pm

Caldbeck Parish Hall.

All Welcome!

## **ST KENTIGERN'S PAROCHIAL CHURCH COUNCIL**

The main item on the agenda at the meeting of the PCC held on 1<sup>st</sup> September was a short talk by the Diocesan Resource Officer, Geoffrey Hine. Mr. Hine gave an entertaining and thought-provoking presentation on stewardship and, in particular, planned giving. It was decided that a small group of the members would constitute a working party to consider ideas for developing the work of the church and how it could better serve the local community and the many visitors who come to Caldbeck.

The PCC accepted Mrs Brough's invitation to a planning meeting on 22<sup>nd</sup> September for the Harvest Lunch, which Mrs. Brough is kindly organising. It is hoped that young people who have been confirmed in the past few years will agree to help at this event.

An exciting new programme for Club X in the new term has been arranged by the Rector and Mrs. Boulton. Plans are also being made to invite youth to a club run by Dalston church. The PCC have spent some time, in consultation with the Cumbria Fire Officer, to devise an appropriate Fire Protection Policy. Copies of this are available at the back of the church and anyone using the church e.g. flower arranging, cleaning etc, are asked to take a copy and familiarise themselves with it. Much of the information concerns noticing defects and reporting them so that preventative action can be taken. Your support in this would be much appreciated.

## what's on for young people

### **"Bong-a-Long"**

*Music group of 0-3 year olds*  
Mother & Toddler Playgroup  
Millhouse Village Hall  
October 8 & 22  
10.45am - 11.30am  
*With Reverb leader Alison Scott*  
Wednesdays, twice a month.

### **CLUB X**

*After-school club for Juniors*  
*Tuesdays during term-time*  
October 7 and 21  
**GAMES - CRAFTS -**  
**TEACHING - REFRESHMENTS**  
From 3.20 to 5.00pm  
Caldbeck Parish Hall

### **DROP IN**

For ages 10+  
Saturday, 25th October  
7.30-9.30pm  
**COMPETITION NIGHT**  
Gaitsgill Hall  
Richard or Celia - 78500  
Peter & Helen - 78669

### **Discovery Club**

For ages 4-11 (primary)  
**Recommencing October 14th**  
Caldbeck Parish Hall  
Gordon and Helen Bingham and  
Helen and Celia Stobart  
016974 78669  
Children are escorted across to the  
hall from school.

## **CALDBECK METHODIST COFFEE EVENING**

A sincere thank you for all the support, help and donations making the Caldbeck Methodist Chapel Coffee Evening and Sale a successful and friendly occasion. The amount raised was £320. A donation of £90 was sent to the League of Friends, Wigton Hospital; and £90 was sent to Patients Amenity Fund, Inglewood Residential Home, Wigton, which was really appreciated. Once again, many thanks.

*Betty Jardine*

## **HOUSE-TO-HOUSE COLLECTION**

The collection in Hesket Newmarket for Marie Curie Cancer Care came to £160.00 and for the RNIB £148.10. Thanks to everyone for their support.

*Tom Richardson*

## CALDBECK & DISTRICT LOCAL HISTORY SOCIETY

### *Outing to Dalemain*

At the July meeting of the Caldbeck & District Local History Society, Judith Doig, a guide at the historic house of Dalemain, near Penrith, had spoken about the house and its history from medieval times to the present day.

Her talk was followed on 20<sup>th</sup> August by a visit to Dalemain by a group from the Society. On this occasion, guided by Judith Earle, it was fascinating to see at first hand the unusual structure of two medieval pele towers and a Tudor mansion encased within an extensive Georgian country house – the home of the Hasell family since 1679.

From the Georgian entrance hall, the party was shown through the Chinese room with its original 18<sup>th</sup> century hand-painted wallpaper. This led into the dining room, rich with family portraits and photographs, followed by the servants' passage (where the Georgian additions to the original Tudor buildings could more easily be seen) and the former pele tower. Here, there was an exhibition devoted to the Westmorland and Cumberland Yeomanry. Once again, there were interesting family connections with what was on display.

After ascending the tower's stone staircase, the group saw two Tudor rooms – with a Georgian room built between them! Of great interest in the first room were the artefacts which had belonged to Lady Anne Clifford, who had had many links with the Hasell family.

Having passed through a number of passages and rooms, most of them quite small and of different historical periods, the tour ended in the room occupied by Dalemain's former housekeepers. At the far end was a priest's 'hidey hole', dating back to the Reformation but discovered only in the 1860s.

Not only did the group appreciate their guided tour of a portion of this intriguing house, they also had the lovely gardens to explore as well as the impressive 16<sup>th</sup> century barn, which included a display of agricultural implements and fell pony artefacts. Last but not least was the tea-room in the medieval Old Hall.

The Society's next event on Wednesday, 22<sup>nd</sup> October will be a Supper at Denton House, HNM, at 6.45 for 7 pm, followed by the AGM in HNM Chapel at approximately 8.30 pm.

**Ladies' Bright Hour**  
Tuesday, 7th October  
2.00pm  
Guest: Shirley Chapman  
Caldbeck Methodist Chapel

## **CALDBECK PARISH COUNCIL**

Caldbeck Parish (Caldbeck and Hesket Newmarket villages) has won the 'People' class in the Cumbria Calor Village of the Year competition – wonderful news! Thank you to all the organisations whose representatives produced such excellent displays at such short notice, and whose conversations with the judges obviously impressed them with the parish's community liveliness!

Alan Tyson and Pat Shaw travelled down to Kirkby Stephen (who were the overall winners for the County title of Cumbria Calor Village of the Year) for the award ceremony on the 29<sup>th</sup> August and received a framed certificate on the Parish's behalf.

The next Parish Council meeting is on Monday November 3<sup>rd</sup> at 7.30 in Caldbeck Parish Hall. Members of the public are welcome to attend.

*Antoinette Ward*  
*Clerk to Caldbeck Parish Council*

## **THURSDAY CLUB**

It was a somewhat dismal day for the Mystery Outing on the 13th August. However, the spirits of members and friends were not dampened as we journeyed to our unknown destination.

In Carlisle we passed our ancient Castle and a wonderful display of flowers at Hardwick Circus. Soon after, we headed north on the Motorway and across the border. Unfortunately, the views of 'Bonny Scotland' were limited by rain on the outside and condensation on the inside of the coach windows.

Our first stop was at Gretna Outlet Village for refreshments and a browse in the shops. Quite a number of parcels were seen being brought on board. And still it rained!

We travelled on to Ecclefechan (what a lovely name!) and lunch at Cressfield Country House Hotel. One of our number was celebrating a birthday and was given a musical congratulation. By the time we left this lovely town - birthplace of the philosopher Thomas Carlyle - the rain had stopped.

We headed home through the lovely Esk Valley, the river a magnificent sight after all the rain. It was a happy occasion in spite of the weather, thanks to Liz Boydell and her team and to Bim Tyson for a safe journey.

*Jo Reid*

## MEALS ON WHEELS

Volunteers for Meals on Wheels are invited to tea at Denton House, Hesket NM on Tuesday November 18 at 3pm. The cost is £5.75. Please let me know if you can come! New volunteer helpers/drivers are needed as regulars (one day a month for 2 hrs) or as reserves. Again, please contact me if you are interested.

*Sally Vaux (78626)*

### (cont) THURSDAY CLUB

At the September meeting of the Thursday Club, a small but appreciative audience enjoyed a talk by Mr Tommy Richardson about his life in Hesket Newmarket. Although his life only goes back to nearly 80 years, his family have lived in the area for 340!

Tommy had wonderful memories of past times when the village was almost self-sufficient, boasting a shoemaker, a joiner, a blacksmith and tailor, a post office (where Tommy lives now) and a splendid emporium of a village store selling everything from groceries to paraffin.

There were also five pubs or beer houses, catering for farm labourers, miners and men who worked in the local bobbin mill. There was a school, a chapel and a Quaker Meeting House. Meetings of various societies were held in the Temperance Hall which had originally been a warehouse for wines and spirits!

Although there have been many changes, the village is still recognisable today and is still a thriving community. The afternoon was made so very enjoyable not only by Tommy's enthusiasm but also by the interplay between him and the members (several of whom share these past times). Tommy had brought along a splendid collection of old photographs which were avidly passed around and discussed.

Dorothy Chalk spoke for us all when she thanked Tommy for giving us such an enjoyable afternoon. John Wooler, who chaired the meeting in the absence of Tommy Little, informed us about the Mystery Outing on October 9th: names to Liz Boydell, please.

*Valerie Woodcock*

### THURSDAY CLUB Mystery Luncheon

*Date:* Thursday, 9th October

*Start:* 10.45am Caldbeck Car  
Park then HNM)

*Cost of lunch:* £9.50

*Cost of Coach:* dependent on  
numbers

*Please ring Liz Boydell  
to book: 78315*

## CALDBECK AREA FILM SOCIETY



Caldbeck Area Film Society

At last the programme has been completed, after lots of hard work on the part of Roy Knowles. There are films from England, Germany, USA, Sweden, Iran, Taiwan and Ireland. There is an unusual animated film about a girl growing up in Iran, which is in stark contrast to our first film *Juno*. There are films old and new; and low-key, low budget films as well as powerful Oscar winners. In fact, we hope there is something for every taste.

Friday	19	September	<i>Juno</i>
Friday	10	October	<i>The Lives of Others</i>
Saturday	8	November	<i>Son of Rambow</i> (plus supper)
Friday	2	January	<i>Fanny and Alexander</i>
Friday	23	January	<i>Persepolis</i>
Saturday	14	February	<i>Eat, Drink, Man, Woman</i> (plus supper)
Friday	13	March	<i>Michael Clayton</i>
Friday	17	April	<i>Garage</i>
Friday	15	May	<i>There will be blood</i>

The film for October is *The Lives of Others*, which won an Oscar for *Best Foreign Film* in 2007. It is 132 minutes long, Certificate 15, is in German with English subtitles and is directed by Florian Henckel von Donnersmarck. We may complain of a surveillance society but life under communism in the 1980's in East Germany, with the Stasi spying on everyone, was miserable and dangerous. This psychological thriller is a portrayal of the corrupting effects of such a regime.

The film focuses on a playwright and his actress lover, who tread a fine line to keep on the right side of the regime. Nevertheless, their lives have passion, ideas and friendships. When Wiesler, a Stasi operative, spies on the couple, we see his slow realisation that his life lacks both morality and joy. Wiesler originally sees this assignment as a chance for advancement but as he becomes involved with his subjects he finds himself in conflict with his orders and his growing compassion for them. Worse, he begins to question the political system under which they all suffer. No good can come of this situation; but there is drama, tragedy and a form of redemption before the film ends. It is a powerful film that provokes both thought and emotion about totalitarian political systems, which did not end with the fall of communism.

## CALDBECK WI

Everyone was welcomed to the September meeting of Caldbeck WI by Mrs Pat Shaw. The minutes were ready by Mrs P Richardson and the County News was discussed. The Shawk Valley group meeting will be at Rosley this year. Ideas were suggested for the competition for *five items from a Cumbrian Beach*. A letter from National WI was received, informing us that next year's subscription fee will be £29. Congratulations to Mrs T Richardson who has won a prize in a national competition and may go to London.

We then held our Round Table Conference, gathering suggestions for next year's programme. We also had a few nibbles, instead of biscuits.

Four members had brought some items that they collect: P Shaw, baskets; P Wolfenden, teapots; I Coulthard, irons; and J Todhunter badges and bookmarks. Next month: Cockermouth Mountain Rescue. The competition will be: *a coffee mug*.

## CUMBRIA IN BLOOM

Caldbeck was runner-up in the *Tidy Village* (large village) awards announced yesterday. The winner this year is Grasmere.

Caldbeck and Hesket Newmarket had equal marks in separate classes and were therefore declared joint winners for the *Allerdale Trophy* which is awarded to the *Best in Borough*.

Both Caldbeck and Hesket Newmarket were awarded *Silver Gilt Medals* in the *Cumbria in Bloom* competition.

So, well done everyone for making such a huge effort to make our villages look their best for the judging and for the rest of the summer! Remember, this is an annual competition; Grasmere have only borrowed "the crown" for a year!

*Anne Cartmell, Chairman of Caldbeck Parish Council*

### Caldbeck W I 1st October

Cockermouth Mountain Rescue  
7.30 pm  
Caldbeck Parish Hall  
Competition: *a coffee mug*

### Caldbeck & District Gardening Club

Wednesday 8th October

**Diane Nichol Browne**

*Slugs & Snails -*

*How to get the better of them*

**Millhouse Village Hall**

**7.30pm**

**All Welcome!**

**Guests £2.50**

## **CALDBECK ART GROUP**

The meetings of Caldbeck Art Group have recommenced in the Village Hall on Thursday mornings from 9.30 am to midday and we want to welcome any new members who would like to come and join us. Please give us a ring, or simply drop in to see how we operate.

Once a month we invite visiting professionals to help us with our mixed abilities and they give us great encouragement! Our autumn exhibition of work will take place at Priests Mill from 20th October to the 3rd November. For more information, please contact Ann Weston (016974 76263) or Diana Greenwood (016974 78270)

## **HELP! CAROUSEL SLIDE PROJECTOR WANTED**

The Caldbeck & District Local History Society is looking for a carousel slide projector for use at its monthly meetings in the Parish Hall, when visiting speakers are unable to provide their own equipment.

The Society is wondering if there is anyone locally with a carousel projector that they are willing to sell or, alternatively, loan us on those few occasions when it is needed.

Anyone who can help, please ring Ron Davie (016974 78364).

## **HESKET NEWMARKET SHOW**

We were favoured with great weather for the Heskett Show and we had such a great turn-out of both spectators and exhibitors.

Thanks go to Tommy Trotter for doing his usual stall for Dawn's Memorial Fund and thanks to Hannah and all his helpers on the day. The winners of the 50/50 was David Osbourne, who put money back into the fund: thank you! Andrew Wright guessed the weight of the bale.

A grand total of £399.86 was raised to help the research into all blood cancers in Dawn's memory. Thanks to one and all once again for your continued support.

*Grace T*

**A big thank you** to all the show committee, all exhibitors and visitors for making the show such a resounding success on 30th August. It was a really good community day and blessed by the weather.

## CALDBECK & H-N-M SHEEPDOG TRIALS

On Thursday 28<sup>th</sup> August, Caldbeck and HNM Sheepdog Trials Committee were pleased to hold their Annual *One Man and His Dog*. The weather was very kind to us: we could not have asked for better. We all arrived in water-proofs, just in case, but, thankfully, we didn't need them. We had a lovely day with people even sitting out on the benches along the beck edge, watching some of our top handlers putting their dogs through their paces.

The weather brought out a good crowd of spectators who arrived early in the morning and stayed until the prize-giving. We had 52 dog runners. We welcomed competitors for the open trial from as far away as New Zealand ~ yes



New Zealand! Mr Jim Wilson had come over to run at the International in Wales, and wanting to keep his dogs on top form has been trialling and competing up and down the country.

This year's open *Novice* class (for dogs which had never won a prize before) brought a few more entries. It was popular amongst our handlers using young dogs which have never competed before or run on a trial field, one of these being Andrew Bell from The Wath, who did very well with his dog Judy. Unfortunately he couldn't pen but got the youngest competitor's prize.

Our judge this year was Mr Malcolm Threlkeld from Welton and his time keeper, Kelly Armstrong. They had a difficult job as we had some very good runs, and we saw some excellent dog handling. Our thanks go to him and Kelly as this is a long and tiring day. This year our president was Mrs Annie Benn, who has always been a keen supporter - always there on trials day lending a hand wherever she can. For her hard work, continued support and very kind speech the committee are extremely grateful. Annie's final task as president was to judge, along with Mrs Elsie Bell, the dog show. We had a lot of dogs and strong competition so it was a difficult task, but the champion sheepdog went to Mr N Ireland from Holme Rook, with Maggie.

Our grateful thanks go to Hopes Auction Company, Wigton, who kindly provided sponsorship. Without their financial help we would probably not be able to continue with this annual event. A draw was held on the field and our thanks go to all our ticket sellers, too many to mention. They did a fantastic job throughout the day and raised a fantastic amount for our funds. Thank you to everyone who bought tickets, as well. We are again grateful to the Bell family who loaned us the field and supplied the sheep which, may I add, behaved very well (most of the time!). When we set up our trials, all of the

committee will agree, we just take over *The Wath* with tractors, trailers, and all our equipment, and we are always made to feel very welcome. *Thank you* to Mrs Tickle for once again providing us with a beautiful crystal vase for *The Best Local Lady*. Unfortunately, the vase wasn't won this year as none of the ladies completed the course: come on girls, get practising!

The craft tent was full of local people showing off their talent. There were beautiful cushions, delicious jams and chutneys, a fantastic display of home-made pies and cakes and samples of beautiful wooden items. *The Northern Fells* had a stall with photos, plants, cards and a selection of home grown produce for sale which proved very popular. Margaret Ashbridge kept all of the children entertained by letting them have hands-on experience of proddy rug-making. They had a great time and produced some lovely pieces. Our thanks go to Denton House - Margaret, Susan and Alan - who again did us proud, providing delicious salad lunches and homemade teas. Our thanks also to everyone who came to support the trials, whether it was as a spectator or as a competitor, as well as those who couldn't attend but gave a donation. With your help we can now look forward to the 2009 Caldbeck and H-N-M Sheepdog Trials.

*Ann Armstrong*

**RESULTS:**

**Best local under 15 mi. radius**

L Cowper with Fleet

**Best local, outrun lift & fetch**

P Hutton with Ban

**Youngest competitor**

A Bell with Judy

**Best looking dog on the field**

*Champion:*

N Ireland with Maggie

*Res Champion:*

Rosie & Beth Robson with Sam

**Drawing prize-winners:**

D Goulding; M Sewell; Kristina Fell; Rosie, Samantha & Beth; Eric Scott

<b>Open Stakes Winners</b>				
	Competitor	Dog	Points	Time
1st	A Clarke	Spot	86	4-43
2nd	J Wilson	Rose	86	6-20
3rd	N Ireland	Maggie	85	6-09
4th	J Relph	Eve	84	5-42
5th	C Todd	Zeke	83	2-33
6th	A Leak	Bess	83	4-11

<b>Open Novice Stakes</b>				
	Competitor	Dog	Pts	Time
1st	C Todd	Zeke	83	2-33
2nd	D Goulding	Ruby	82	2-57
3rd	L Cowper	Fleet	82	3-56
4th	D Scrimingour	Bet	76	3-14

## QUIZ NIGHT

The Old Crown  
Sunday 19th October  
7.30ish.

*This will be the last quiz before Malcolm and Pat 'retire'! so come and make this an excellent fundraiser for the Bonfire Fund - we need your money!!*



## HESKET BONFIRE

Hesket Newmarket Back Green  
Monday 5<sup>th</sup> November

Free soup

*Everyone Welcome!*

(Attendance at own risk)

*Donations gratefully received towards cost*

Please supervise children at all times. Children should wear gloves if using sparklers. Please dispose of used sparklers safely, not on the ground.

**NOTE: only WOOD is allowed on the bonfire and NOT garden waste, plastics, beds, metals or chemicals. Please DO NOT off-load your wood before the 25th October (start of half-term).**

Any volunteers for serving the soup would be warmly welcomed (please contact Sue on 78120)

*Come and enjoy a good night (surely it will have stopped raining by then!)*

## FAIR WORLD SHOP

The Fair World Shop in Caldbeck, opposite the church, is filling up with new Tradecraft and Tearcraft items for the Christmas season. There will be lots of new and exciting things for presents. Please come and help us to supply a better life for the overseas craftspeople. We have a tremendous collection of 'real' Christmas cards - come now while there is plenty of choice!

## ST KENTIGERN'S, CALDBECK, CHURCH DUTIES

	<b>Welcomers' Rota 8.30am</b>	<b>Sanctuary Duty (8.30am unless specified)</b>	<b>Sidespersons' Rota 11.00am</b>
<b>Oct 5</b>	John Price	Diana Greenwood	Charlie Rolfe William Cowx
<b>12</b>	Kathleen Davie	Liz Boydell Diana Greenwood	<i>No service - Castle Sowerby Harvest</i>
<b>19</b>	Ron Davie	Liz Boydell Rosemary Bailey	Jean Holden
<b>26</b>	Rosemary Bailey	Jean Holden Joan Todhunter	Christine Pearson
<b>Nov 2</b>	--	Margaret Tinniswood (11am)	Malcolm & Eleanor Thyne
<b>9</b>	Anne Wade	Liz Boydell Diana Greenwood	Dick & Penny Bird
<b>16</b>	Diana Greenwood	Liz Boydell Rosemary Bailey	Margerie Atkinson
<b>23</b>	Liz Boydell	Jean Holden Joan Todhunter	Judith Cowx
<b>30</b>	John Price	tdb	Charlie Rolfe

### CASTLE SOWERBY PCC

St Kentigern's Church, Castle Sowerby are looking for a Secretary for the Parochial Church Council (PCC). The PCC meets four times a year and the secretary would take minutes at each meeting, to be distributed prior to the next, and do occasional correspondence on behalf of the PCC. Any interest or inquiries, please contact Stephen on 016974 78233.

### CALDBECK CHURCH Cleaning Rota

October 3	Harvest Festival
October 10	--
October 17	Mrs M Whitson
October 24	--
October 31	Mrs M Cowx
November 7	Mrs J Todhunter
November 14	--
November 21	Mrs Pears & Mrs Milburn
November 28	--

## DIARY OF EVENTS 2008

### October

- 1<sup>st</sup> Caldbeck WI, *Cockermouth Mountain Rescue*, Parish Hall - 7.30pm
- 5<sup>th</sup> Caldbeck Harvest , 11am & Harvest Lunch, Parish Hall 12.30pm
- 7<sup>th</sup> Ladies' Bright Hour, Shirley Chapman, Caldbeck Meth Chapel 2pm
- 8<sup>th</sup> Caldbeck Gardening Club, *Slugs & Snails*, Millhouse V Hall - 7.30pm
- 9<sup>th</sup> Thursday Club Mystery Luncheon, 10.45am
- 10<sup>th</sup> Castle Sowerby Friday Harvest, St Kentigern's Church - 7.30pm
- 10<sup>th</sup> CAFS, *The Lives of Others*, Parish Hall
- 12<sup>th</sup> Harvest Thanksgiving, Castle Sowerby - 11.00am
- 13<sup>th</sup> Castle Sowerby Harvest Sale, Millhouse Village Hall - 7.15pm
- 14<sup>th</sup> Sebergham WI, Visit to Environment Agency, Penrith
- 15<sup>th</sup> *Last Waltz*, Musical Play presented by Quondam. Parish Hall - 7.30pm
- 16<sup>th</sup> Sebergham WI Quiz, Sebergham Village Hall - 7.30pm
- 17<sup>th</sup> Fairtrade Wine Tasting Event, Parish Hall - 7.30pm
- 18<sup>th</sup> St Mary's Sebergham Dinner Party, the Old School - 7.30pm
- 19<sup>th</sup> Castle Sowerby Chapel Harvest Thanksgiving - 10.30am
- 21<sup>st</sup> Mothers' Union, MU Outreach Choir, Parish Hall - 2pm
- 22<sup>nd</sup> Local History Society, Supper & AGM (see pg 25)

### November

- 3<sup>rd</sup> Caldbeck PCC, The Rectory - 7.30pm.
- 4<sup>th</sup> Ladies' Bright Hour, M Mallinson, Caldbeck Methodist Chapel - 2pm
- 5<sup>th</sup> Hesketh Bonfire
- 5<sup>th</sup> Caldbeck WI, M Carrier, *Solway and its Birds*, Parish Hall - 7.30pm
- 8<sup>th</sup> CAFS, *Son of Rambow* (plus supper), Parish Hall
- 9<sup>th</sup> Caldbeck Toddlers Christmas Fair, Caldbeck Parish Hall - 7.30pm
- 11<sup>th</sup> Sebergham WI, K Brown, *Nutrition 4 Health*, Old School - 7.30pm
- 12<sup>th</sup> Gardening Club, *Veg for All*, Millhouse Village Hall - 7.30pm
- 15<sup>th</sup> French Evening Dinner, Parish Hall - 7.30pm
- 17<sup>th</sup> Sebergham PCC, Sebergham Hall - 7.30pm
- 18<sup>th</sup> Mothers' Union, Kathleen Ashbridge, Caldbeck Chapel - 2pm
- 18<sup>th</sup> Meals on Wheels, Tea at Denton House - 3pm
- 24<sup>th</sup> Castle Sowerby PCC, Millhouse Village Hall - 7.45pm
- 24<sup>th</sup> 25<sup>th</sup> 26<sup>th</sup> Caldbeck Players, *Wind in the Willows*
- 29<sup>th</sup> Book Launch, Parish Hall - 2pm

### December

- 3<sup>rd</sup> Caldbeck WI, AGM, Parish Hall - 7.30pm
- 9<sup>th</sup> Sebergham WI, Annual Meeting
- 10<sup>th</sup> Caldbeck Gardening Club, Christmas Meal
- 12<sup>th</sup> Fairtrade Christmas Fayre, Parish Hall - 7.30pm
- 19<sup>th</sup> Mothers' Union, Christmas Lunch, Denton House, 12 for 12.30pm

## FLU & PNEUMOCOCCAL VACCINATION CLINICS

If you suffer from: Diabetes, Asthma or other lung condition, Heart disease, Kidney or Liver disease, or are a main Carer or if you are aged 65 or over, please come along to a clinic for your flu and pneumococcal vaccination. (Pneumococcal vaccine is only given once, not every year)

Wednesday 15 October 6-7pm  
Thursday 16 October 10am-12  
Friday 17 October 10am-3pm  
  
Tuesday 21 October 5-7pm  
Wednesday 22 October 10am-3pm  
Thursday 23 October 10am-3pm  
  
Tuesday 28 October 10am-3pm  
Wednesday 29 October 6-7pm  
Thursday 30 October 10am-3pm

Reg charity no 110 8013

**CUMBRIA**  
**Community**  
**First Responders**

In Association with Cumbria Ambulance Service NHS Trust

**If you have a medical emergency, dial 999.**

*Please note that you cannot call First Responders direct.*

If appropriate, the Ambulance Service will call us out, as well as (not instead of) an ambulance.

## CALDBECK SURGERY

[www.caldbecksurgery.co.uk](http://www.caldbecksurgery.co.uk)

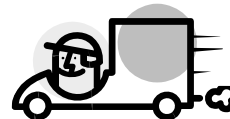
The surgery will be closed in the afternoon for staff training:

Thursday 16th October  
Tuesday 11th November  
*No closure in December*

On these afternoons the surgery (including the dispensary) will close at 1.00pm. All calls will be redirected automatically to CueDoc.

*Art in the Waiting Room:  
landscape watercolours  
by Frank Fleming*

## CALDBECK SURGERY Prescription Delivery Service



As part of our continuing efforts to improve services to patients we will be offering a free delivery service for repeat prescriptions to patients who are housebound or have particular difficulties getting to the surgery.

If you think you would find this service useful please call the surgery and ask for Gail Cass for further information. Please note: to use this service you must be at home to sign for receipt of your medication.

St Mary's Church  
 Sebergham  
 Dinner Party  
 Saturday, 18th October  
 7.30pm  
 The Old School  
 Tickets £15.00  
 Phone for tickets 016974 78127  
 (limited number of tickets)  
*In aid of church Funds*

**Sebergham Weather Recordings**

**Rainfall**

<i>August 2008:</i>	106.40 mm	(4.19 ins)
Aggregate for year:	725.20 mm	(28.54 ins)
<i>August 2007:</i>	65.80 mm	(2.59 ins)
Aggregate for year:	634.50 mm	(24.98 ins)



*August rainfall was above the monthly average of 80.59mm (3.173 ins) and also above the aggregate 8-month average, 624.51mm (24.59 ins). However, August '04 saw 214.10mm (8.43mm) of rain - but in August '03 we recorded 12.30mm (0.48 ins)! We live in interesting times - if we are not farming!*

**Temperature July 2008:**



The average maximum day temperature was 65.74° F (18.76° C)  
 The average minimum night temperature was 56.87° F (13.82° C)  
 The warmest days were Wednesday, 6th,  
 and Saturday, 30th at 70.00° F (21.12° C)  
 The coolest nights were Friday, 22nd,  
 and Saturday, 23rd, at 50.00° F (10.00° C)

*However, August this year has been warmer than the last two years - by both day and night - by about 3° F. August '05 was 2° F warmer than this year.*

*RdeR*

### **St Mary's, Sebergham Flowers & Cleaning Rota**

Oct 5th	Mrs Weston
October 12th and 19th	Mrs Magnay
October 26th and Nov 2nd	Mrs Wetherell
November 9th and 16th	Mrs Brough
November 23rd and 30th	Mrs de Robeck

### **SEBERGHAM CHURCH GARDEN PARTY**

The sun shone on one Saturday afternoon in August, at a Garden Party held at the home of Peter and Ann Weston in aid of St Mary's Church.

The Weston's gardens were beautifully landscaped, with paths leading in and around ponds, trees and benches. The gardens were lovely to explore with a cup of tea and piece of cake from the amply supplied refreshment table. Tea was served by Edith Holliday and Elsie Horn and other stalls were well-supported. The other stall holders and helpers were: Elizabeth Luck, Poppy Hollins-Gibson, Anne Brough, Doreen Ward, Jenny de Robeck, Heather Magnay, Tracey Wetherell and John Monkhouse. Margaret Mattinson ran the raffle and there were twelve very pleased raffle winners. Catherine Stobart ran a competition to guess the "number of eggs laid in a month" by a hen which had been drawn and painted by Ryan Stobart. Ann Weston was the winner, with a guess of 17, so that hen was not the most productive member of the flock!

Rev Stephen Prior thanked everyone who came for the help and support, with a special thank you to Peter and Ann for their kind hospitality. £270 was raised for church funds.

#### **SEBERGHAM WI**

#### **QUIZ NIGHT**

Sebergham Village Hall

**16th October at 7.30pm**

Admission - £2.50 - to include refreshments

Teams of four, if possible (but not essential)

*Everyone is welcome to attend - not solely for WI Members.*

For queries or to book a table, ring Christine: 016974 756410

## **SEBERGHAM AND WELTON PARISH COUNCIL**

The Parish Council met on 3 September, 2008.

Councillor Fairbairn reported that work on Sebergham Bridge was scheduled to start on 8 September and should take ten to fourteen days to complete. This start date is dependant on the flow of the river, the work may be delayed if the river is too high.

The Northwest Ambulance Service (NHS trust) have set up a location map. Rural residents are encouraged to phone 0845 1120019 and give details of the precise location of their property. This will be noted on the NHS map and will, hopefully, speed up an ambulance finding the property in the event of an emergency. It is hoped that the Fire Service will have access to this information shortly.

A small group of Parish Councillors are still looking at options for tidying up the parking in Churchtown.

Marston's Brewery have advised that they are still looking for suitable tenants for the *Royal Oak* in Welton.

The Parish Council are looking into the problems that can be caused by lorry drivers parking overnight on the ground at Goose Green crossroads. There are various options under consideration. We hope to make a decision at the next meeting.

The Parish Council were very disappointed at the withdrawal of the SIDS speed devices. We understand that all the devices have been withdrawn by the Police who are looking at the possibility of getting lighter batteries fitted to them.

The Parish Plan is progressing. A questionnaire will be prepared shortly that will be circulated to everyone in the Parish.

Our website [www.seberghamwelton.org.uk](http://www.seberghamwelton.org.uk) has been up and running for a year now. We have links on it to local groups and they all play their part in keeping their pages up to date. It has had over 37,000 hits so far this year.

The next meeting will be held on 12 November 2008.

*Lynne Gauntlett, Parish Clerk*  
E-mail: [lynne@seberghamwelton.org.uk](mailto:lynne@seberghamwelton.org.uk)

## **SEBERGHAM WI**

*Safe hands, safe harbour*

Sebergham WI have had a busy, if damp, summer. We do not usually meet in August, but this year, due to a packed programme, fourteen members celebrated a late birthday party at Denton House. Once again, we were treated to a delicious, happy meal, much enjoyed by everyone.

As the usual thundery clouds rolled relentlessly northwards, President Dorothy Staples welcomed eleven members and our speaker, Reverend Walter Wade and his wife Ann to our September meeting in Sebergham Old School. Our boat had been badly rocked just days before when the booked speaker abandoned ship. We were in danger of being shipwrecked when a line was thrown to us by Walter, who came aboard and rescued us.

Walter and Ann are much-loved friends from Fellside. Walter, although long retired, still takes a monthly service at St Mary's Sebergham. But it was not his career as a vicar he spoke about, but a wonderful account of his many years in the Merchant Navy, which was so very interesting.

Turning his back on his father's butchery business, Walter, a boy of 16, followed his dream and went to sea. We heard about the extraordinary cargoes his ships carried; and the ship's officers, the Chinese crew, and the essential importance of following orders. We heard about locations, life aboard, and the loneliness which sailors experience on the world's vast oceans. We heard about the latter years of his seafaring days on the collier boats running between the Tyne and the Thames and how he met his wife Ann; and how his days as a sailor were dramatically exchanged for those of a vicar. So, our WI was brought safely home to harbour on what-could-have-been an evening lost at sea. In gratitude, Poppy Hollins-Gibson gave Walter and Ann a warm vote of thanks.

Following supper, provided by the Churchtown ladies, the business part of the night was administered, County News distributed and plans made for the coming days, weeks, months and year. We were sad, but quite understood about Dorothy's decision to retire as our President at the end of this year. She has done a good job. The competition for a farm animal ornament was won by Claire Guest's entry, with Jenny de Robeck's coming second. We meet again in October for a visit to the Environment Agency in Penrith

We then sailed out into a strangely dry, quiet night, after, once again, a very happy meeting.

*J de R Press Secretary*

## **CASTLE SOWERBY PARISH COUNCIL**

Castle Sowerby Parish Council met in Millhouse Village Hall on July 31st and the Chairman, Mr J Foster, welcomed seven Councillors, County Councillor Bert Richardson, PC Andy Holliday, Mark McKay CALC Community Safety Officer based at Eden District Council, and one parishioner.

The Chairman introduced Mr McKay, who explained his role as Community Safety Officer. He will be working closely with the police, helping with the underlying problems leading to crime and disorder. The council are encouraged to bring issues to Mr McKay: he may not be able to solve problems himself, but he will know whom to contact. The Fire Service have asked Mr McKay to warn the public to check chimneys and fireplaces being brought back into service due to the high cost of other fuels. The fire brigade recommend lining chimneys with stainless steel for wood-burning stoves.

PC Holliday said that agricultural quad bikes and other agricultural machinery are going to be marked with *smartwater*, so that they can be identified by the police. The Chairman felt that this service should be available to other tradesman. PC Holliday also asked that the public keep an eye out for any strange vehicles which act suspiciously and to report them to the police. He warned about phone calls and letters asking for cash, as well as bogus workmen asking to do repairs, and he advised people to use local tradesmen.

Country Councillor Bert Richardson then spoke about health shift changes in hospitals, saying that cottage hospitals will be carrying out more treatments and major hospitals dealing with more serious cases. Mr Richardson suggested that the Council nominate someone as a local contact to notify the Highway Steward about road maintenance problems in the area. The Chairman was then nominated to act as this local co-ordinator. However, in emergencies it is advisable to contact the Highways Hotline directly.

The Council was pleased to note that Eden District Council approved detailed plans for the Castle Sowerby Free Evangelical Chapel at Sour Nook.

Unfortunately, plastics are still being left at the Inglewood Edge Recycling site. There is no plastic recycling bank there and all plastics should be taken to other plastic recycling banks. Castle Sowerby Parish Council endeavoured to get a plastic recycling facility, but it has not been granted.

Councillor Little informed us that the drains at Millhouse had been renewed, but there is still a problem between Leavy Holme and Brick House. Mr Little will contact the County Council Hotline in this regard.

*Connie Foster*

## CHARITY CRICKET AND FAMILY FUN DAY

The day started early, with some play-off matches having to be played due to the bad weather. The final play-offs began at noon, after bacon butties had been supplied by Louise and Jamie and kept warm by Steven and Mandy.

The cricket got into full swing with other games and races in-between, which were all for fun. The final cricket match was won by the Barghy's team: well done to them!

Our thanks go to Jamie for organising the weekly matches (and cancelling them again because of rain!) and to everyone else who helped with the matches and final games. There was a good entry for the scarecrow competition, from pirates, road men and cricketers, but the winner was Joe Trotter with *Harry Potter*.

Our thanks to everyone who kindly donated prizes for the raffle, including local businesses: Denton House, Oddfellows Arms, Snooty Fox, Priests Mill and many, many more. Also a big thank you to my helpers with teas: Sandra, Doreen, Mary and all the others who are always keen to lend a hand; to the young lads, Liam, Kieran, Mallie (who went round with the *50/50* and *Treasure Hunt* games) and Trish and all those who sold raffle tickets.

Finally, a big thank you to Tommy and Julia Trotter for supplying the hog for hog roast at night (which was delicious) and to Mike and Deb Hodgson for fattening it up. Thanks to everyone who supplied cake, scones, salads, etc to complete the feast.

A grand total of £1,516.65 was raised on the day, which will be divided between the Cricket Club funds and the Dawn Jackson Memorial Fund. Thank you, one and all, for making a fantastic day all round! Well done!

*Grace T*

### Caldbeck & District Local History Society

#### **SUPPER**

*At Denton House, HNM*

**Wednesday, 22nd October  
6.45 for 7.00pm**

*To be followed by*

#### **AGM**

**8.30pm (approx)**

*HNM Chapel*

Admission to Supper by ticket  
only (£10, incl. glass of wine)

*[Vegetarian meals  
available by prior request]*

Deadline for tickets is  
Friday, **17<sup>th</sup> October** and all names  
should be with Evelyn Tickle  
(Tel.78380) by this date.

## **CALDBECK AREA FIRST RESPONDERS**

We are happy to welcome four new responders to our team: Helen Kerry, Ian Shaw, Les Magee and Sheila Magee. We are still in need of a few more recruits, especially around Sowerby Row, Sebergham and Churchtown. We will be running a new training programme throughout the winter for anyone who may be interested in joining our team.

We have been having some very successful Heartstart evenings, especially the evening when we had a gremlin in the projector and were very grateful to have a 10 year old in the audience to fix the problem !!

Seriously, we have now trained over 80 people in these basic but valuable skills on how to cope in an emergency. Future dates for these meetings are at the bottom of this article. Everyone is welcome.

We are also very pleased to say we have been fortunate to have received a generous donation of £300 from Clea Hall and also £500 from The Caldbeck Young Farmers Club. Today, young people seem to get nothing but bad press, the news is full of reports about crimes, vandalism, bad manners, lack of respect, it goes on and on. The media never seem to advertise that not all young people are bad. Like twenty or so young people in this area around Caldbeck who gave up one of their Sundays to raise money for our group. They earned over £300 washing cars and then made it up to £500 from their own funds. So I hope you will all join with me to say a massive **THANK YOU** to the fantastic young people in our area.

Future dates for HEARTSTART are Wednesday October 1st, Tuesday 28th October, Tuesday 18th November, Tuesday 9th December or to arrange a course near you contact Philippa Groves on 016974 78555 or Monica Whitson on 016974 78600

**Caldbeck Toddlers**  
**CHRISTMAS FAIR**  
**CALDBECK PARISH HALL**  
**Sunday**  
**9th November**  
**7.30PM**

*A chance to choose your Christmas gifts, cards, decorations, produce etc. whilst enjoying a sociable evening.*

Phoenix cards, jewellery,  
Watermill cafe produce, Potting shed,  
Virgin Vie home/make up,  
Toys, Cakes and more!

£1.50 on door  
to include mulled wine & mince  
pie (more available!)

*Funds for Caldbeck Toddlers.*

For more information, contact  
Jayne on 78595

## **Quondam Theatre with Music**

*has great pleasure in inviting you to its performance of*

### **The Last Waltz**

(a new play with songs)

Written and directed by Finetimefontayne

Music by Richard Stone



**The Parish Hall, Caldbeck**  
**Wednesday, 15th October, 7.30pm**

**Tickets:** £6.50 adults; £5.50 in advance  
£5.00 Solway Arts Members, under 18s half-price

Available from Kirkland Stores, Caldbeck, or  
phone Wigton Library 016973 66150; or Billy Bowman's 01900 826708

Supported by: The Arts Council, Cumbria County Council,  
Cumbria Community Foundation, Allerdale Borough Council, Solway Arts Society

## **BOOK LAUNCH – A DATE FOR YOUR DIARY**

On the afternoon of Saturday 29<sup>th</sup> November in the Parish Hall at 2 pm., a locally written book will be launched in celebratory mood – *at a special price of £7.50 (RRP £8.99)*. Just in time for Christmas! The book, entitled 'Memories of Lakeland: *Life and Work in the Caldbeck Area, 1914-2000*' will be published by the Caldbeck & District Local History Society.

Everyone is very welcome to come along, and it is hoped to have representatives from local schools and societies, too. Refreshments will be provided. The book (of 140 pages) has a stunning cover – a colour picture of Caldbeck and the fells. It contains 50 local photographs and 31 contributions, stemming mostly from interviews and from talks ('Reminiscences') given in the Parish Hall over many years.

The contributions (in their book order) are from: Anne Cartmell, Margaret Hellon, Kathleen Rigg, Esther Ashbridge, Mary James, Helgard Schröder, Vera Mason, Joe Scott, Norma Bagot, Tommy Little, Kathleen Ashbridge, Valerie Woodcock, Laura Brough, Ronnie Stobart, Bill Strickland, Henry Hellon, Olive Hadwin, Tommy Hadwin, Eric Forster, Alistair McFadzean, Joe Strong, Brian Steadman and Bert Richardson. Several have more than one contribution.

## COFFEE SHOP AT MOSEDALE MEETING HOUSE

Thank you to everyone who has helped in any way with the Coffee Shop at Mosedale Meeting House this summer. Between us all - the sixty-three volunteers who ran the coffee shop and did all the baking and soup making, the twenty-one artists, authors and craft workers who added interest and colour, not to mention additional funds, and all the many, many visitors from near and far who came to enjoy the good homemade food and the wonderful, peaceful atmosphere of the beautiful Quaker Meeting House - we raised approximately £3,500 for the Northern Fells Group and its activities! The famous Bric-a-Brac in the barn raised over £500 towards that total!

Weekly

### 'Drop In'

for tea, coffee, homemade cake, biscuits and a chat

**Millhouse Village Hall**

**every Friday**

**10am to 11.30am**

**£1 per person**

Come and join us to catch up with friends and neighbours from the Northern Fells area!

*For transport or other information:*

*Contact: Antoinette Ward, 016974 78220*

THE NORTHERN FELLS GROUP

### 'THESE THINGS DO HAPPEN'

*This is an honest, hilarious close up of farming life in Northumberland in the 1930's and 40's, narrated by a tractor.*

Produced by NTC Touring Company

**Mungrisdale Village Hall**

**October 23rd at 7.30pm.**

Tickets £5, children £3.

Box office tel 017687 79397

*Brought to Mungrisdale by  
Highlights Rural Touring Scheme.*

### MUNGRISDALE CIRCLE DANCE GROUP

# cancelled

Unfortunately, the whole term commencing September 23rd has had to be cancelled as our teacher Anne-Lise Kryger has broken her leg. Please look out for details of the restart of classes, probably in January.