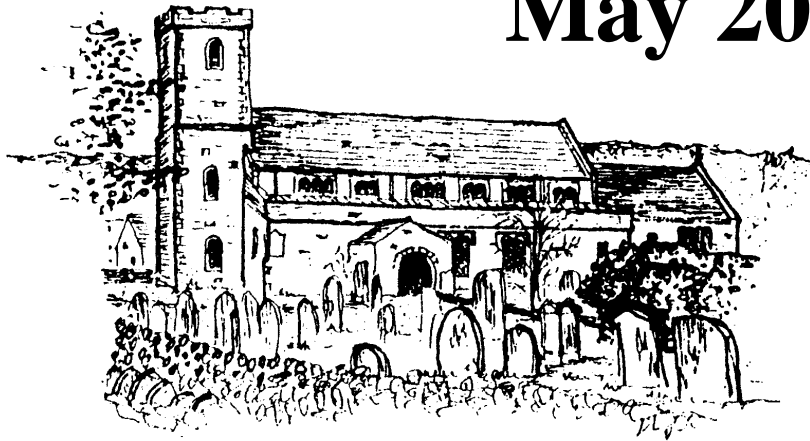


May 2008



St Kentigern's Caldbeck



St Mary's Sebergham



St Kentigern's Castle Sowerby

**Parish
Magazine**

CHURCH STAFF AND CONTACTS

Clergy

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Associate	Revd Kathleen M Ashbridge	016974 78205
Retired	Revd Walter Wade	
Readers	Mr R Brame Miss D Chalk Mr G Hine	016974 78411

CALDBECK - St Kentigern's

Churchwardens	Mrs E Boydell Mr R Brough Dr R Davie	
Treasurer	Mrs C Hine	▫
Secretary	Mrs S Beale	016974 78353

CASTLE SOWERBY - St Kentigern's

Churchwardens	Mrs M Edmondson Mr J Foster	
Treasurer	Mr B Mallinson	
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Churchwardens	Mrs J Wetherell Mrs M Mattinson	
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(please put 'magazine' in the subject and paste items in the body of the email)

Copy deadline 15th May for inclusion in June's magazine.

Subscriptions: Mrs Jean Holden, 1 Hodden Court, Caldbeck

Tel: 016974 78097

The Rector Writes

This month, we celebrate Pentecost, the day that those first followers of Jesus were waiting for; the day God sent the Holy Spirit. Why is that important? Because the Holy Spirit of God has the power to transform.

We see the Holy Spirit at work throughout history in the biblical narrative. The creation account in Genesis pictures the Spirit of God 'moving over the water' bringing order out of chaos. Later, there are accounts of individuals, leaders, kings and prophets who are given special wisdom, insight, guidance, strength or power through God's Spirit in order to achieve God's purposes for the world. Throughout the Old Testament we see God's Spirit being given to special people, at special times for special purposes.

Then Jesus comes! He proclaims that God's Kingdom is *here* and promises his followers that, after He leaves them, He will send the Holy Spirit to be with all of them, everywhere, all the time. And so they wait together (fearfully, with the doors locked), praying and waiting. Then came the day of Pentecost, and the Holy Spirit arrives, and they are completely transformed.

Transformation! Millions of pounds are spent every year on all kinds of self-help books, videos, and courses; but the Holy Spirit alone has the wisdom and power to change individuals into the people God has always intended we become. Who of us, of whatever age, doesn't want to change something about our character, our attitudes and our behaviour? The Holy Spirit can transform *us*.

The Spirit also has the power to change the *Church*. In our individualistic age, we need to remember that Jesus called people to follow him in fellowship with one another. It is as we seek to meet the challenge of being the Body of Christ, as people working together, that we see how much we need the grace and power of the Spirit of God.

But the final object of God's love, through the death and resurrection of Jesus and the gift of the Holy Spirit, is not to create a 'holy huddle' but to save and transform the *World*. God's world, which He created and for which His Son died, requires healing, change, transformation. As individuals and churches working together with all those who seek the healing of our world, we need the Spirit's help as we address the challenges of our time. Threats to rural communities, threats to both the local environment and global warming, threats to human rights and international conflict. The needs are endless, but so too is the Spirit's transforming power.

Stephen Prior

what's on for young people

Youth Service

2nd and 4th Sundays of the month
(11th and 25th May)
6.30 to 7.30pm
St Michael's Church, Dalston
Please phone the Rector (78233)

CLUB X

*After-school club for Juniors
Tuesdays during term time*
6th May
**GAMES - CRAFTS -
TEACHING - REFRESHMENTS**
From 3.25 to 5.00pm
Caldbeck Parish Hall

Reverb

Youth Music Group (11-18)
Tuesday evenings
6.30 - 8.30pm
Caldbeck Parish Hall
£2 a session
*Open to all,
of any level of ability*

MUSIC SESSIONS

For 8-11 year olds
In Caldbeck Parish Hall;
Tuesdays 5.30 - 6.30 pm
Come and make music!

No experience or instruments
required, but bring any
instruments that you play
£2 a session

Contact: Alison Scott 016974 78674
Caldbeck Parish Hall

Discovery Club

For ages 4-11 (primary)
Tuesday 13th May
Caldbeck Parish Hall
Gordon and Helen Bingham and
Helen and Celia Stobart
016974 78669
Children are escorted across to the
hall from School.

DROP IN

For ages 10 and over
TREASURE HUNT
7th June (NOT 31 May)
7.00-9.00pm
Meet at Hesket Church
Richard or Celia - 78500
Chris or Jo - 76646

"Bong-a-Long"

Music group of 0-3 year olds
Millhouse Village Hall
10.45am - 11.30am
With Reverb leader Alison Scott
Wednesdays twice a month

CALDBECK ANNUAL CHURCH MEETINGS.

On Monday 14th April, at the Annual Vestry Meeting open to everyone in the parish, Dr Ron Davie, Mr Richard Brough and Mrs Liz Boydell were re-elected as Churchwardens.

This meeting was followed immediately by the Annual Parochial Church Meeting which is open to the 65 people who are enrolled on the Parochial Church Electoral Roll. At this meeting Mrs Atkinson, Mrs Paterson and Mrs Pears stood down from the Parochial Church Council as they had completed their three-year term. Officers' Reports were received and copies of the Parish Report and the Treasurer's Report are posted on the notice board at the back of the church, and last year's accounts follow on pages 6 and 7.

This meeting was followed by a short PCC meeting at which Mr Malcolm Thyne stood down as treasurer. He was warmly thanked for the meticulous way he has kept the accounts over the last five years. Mrs Carol Hine was appointed as treasurer and Mrs. Susan Beale was re-elected as secretary.

Susan Beale

SONGS OF PRAISE IN SEBERGHAM

There will be a service of "Songs of Praise" in St Mary's Church, Sebergham, led by The Highside Group, on Trinity Sunday, 18th May at 2.30pm. Everyone is welcome to come and join us as we celebrate with old songs and new. Refreshments will follow the service.

*Pentecost Sunday - May 11th
Trinity Sunday - May 18th*

CALDBECK & DISTRICT LOCAL HISTORY SOCIETY

The Mines of Caldbeck

Ian Tyler, mine historian and owner of the Keswick Mining Museum, attracted a very large audience to the March meeting of the Caldbeck & District Local History Society in Caldbeck Parish Hall. Author of copious books on local mining, Ian spoke about the mines of the Caldbeck Fells, the topic (and title) of his forthcoming book, attempting “to cover 400 years of mining in one hour”.

Caldbeck Fells, he began, were geologically one of the most complicated areas in the world with its unbelievable selection of mineral formations beneath.

Coal was first to be found there, perhaps as far back as the 12th-13th centuries. Later, German miners - with their advanced mining technology at that time – were invited to the Cumbria area by Queen Elizabeth with a primary target of mining copper, needed to supplement silver in the Royal coinage. They arrived in the 1560s and established a smelting base in Keswick, soon turning their search for minerals to the Caldbeck Fells, where they continued to mine for 20-30 years, often living in rather primitive conditions on site.

In the centuries of mining on these fells, the list of minerals discovered there included coal, lead, copper, silver, barytes, zinc and tungsten (the latter found around 1900 and used in the new electric light bulbs). These were very important minerals with a myriad of industrial uses. Some of the operations were massive and fortunes were made. Ian passed round a number of samples and the audience marvelled at the prodigious weight of some of them.

He described graphically (and often amusingly) how prospecting, tunnelling, excavating, extracting and

Caldbeck & District Local History Society

OUTING TO RAVENSTONEDALE

Saturday, 24th May, 2008

- Guided visit to the church
- Bar lunch at the Black Swan Hotel (optional)
- Travel by private cars

Meet at Caldbeck Car Park
10 a.m. prompt

**Cost: £3.00 per passenger
– to car driver**

Names/Enquiries to Valerie
Woodcock (Tel.78381)

transporting these minerals were carried out. It involved desperately hard work in wretched conditions, and in the often harsh weather of the fells. In addition, there was the important factor of the remoteness of the mines. However, it was not until the 1960s that mining operations finally ceased.

Displaying an intimate knowledge of the area, Ian showed an excellent selection of slides, some of which were photographs taken from the air, which demonstrated clearly the legacy of mining. Of particular interest were the pictures of former miners; of tunnels (some showing the exceptional pick-axe work of the 1820/30s); and those of the dangerous holes (some up to 350 feet depth), now fenced off because of their potential danger.

Describing himself as “the self-appointed guardian of the Caldbeck Fells”, Ian had enthralled his audience with his vivid description of centuries of continuous mining there, the scale of which is difficult to appreciate when viewing the now silent landscape.

On behalf of the Society, chairman John Wooler thanked Ian for his excellent and entertaining talk, after which everyone had an opportunity to look at the many books on display from the mining museum, and also to enjoy the refreshments made by Evelyn Tickle.

There will be an outing to Ravenstonedale on 24th May (see Display box).

EASTER HOLIDAY CLUB

Fun was had by all at the *Narnia Holiday Club*, held from the 25-28 March.

On entering the hall you were in the house in *Narnia* with a painted division across the hall and a wardrobe in the middle. Games were played in this area as children arrived. Then the time came to enter *Narnia* and each of the four teams entered one by one through coats and bubbles into a world of silvery trees and snow. This area was where the team activities took place starting with the all important refreshments!

Each day had a different theme, friendship, betrayal, running away from God and then the Crucifixion. Clips of the *Narnia* film were shown each day, Bible verses were learnt and each session ended with a quiz. Team points were also important and were awarded for different activities. Parents were invited to the *Family Night* on Friday and joined in the games; they too entered *Narnia* and heard about the Resurrection. The winning team announced at the end of the evening was *Peter's*.

Helen Stobart

THURSDAY CLUB

The AGM of the Thursday Club was held on 13th March. Mr John Wooler, in the chair, welcomed twenty-six members and gave a review of another interesting and enjoyable year. Jo Reid, Secretary, read the minutes of the previous AGM and David Smith, Treasurer, presented the accounts, both of which were accepted. As we have been consistently in surplus, it was decided that we would not have a membership fee in the coming year.

After discussion, it was unanimously agreed that the Parish Hall facilities would better meet our requirements. David would make enquiries. The Secretary was instructed to write to the Cricket Club thanking them for their hospitality over many years. A donation of £100 would also be sent to them.

Elections: The election of Chairman was deferred in view of Tommy Little's present poor health. All other Officers and Committee members were re-elected and thanked for their contributions to a successful year.

The afternoon ended with an enjoyable Domino Drive. Vera Mason and Mamie Potts kept their promise to make the rules simpler than last year. John Wooler expressed thanks to Vera and Mamie for running the game and providing the prizes.

The April Meeting was held in our new home - the Oak Room at the Parish Hall. Thirty or so members attended and our speaker was Lyndsey Tuck. She gave us a fascinating insight into her job as a Police Community Support Officer. PCSOs help to bring back the *bobby on the beat*, the law made visible and accessible. On her beat she is a listening ear and a confidence-builder. On her second day of duty she had to stop a train because a bull had escaped from Wigton Auction and found its way onto the railway line. Despite a bit of elbowing, she didn't manage to edge her way into the frame of the TV coverage!

Her professional life is one of endless variety. She collaborates with Social Services, the Fire Service, Age Concern, and other public service agencies. She speaks to children and young people in schools and playgroups and is alongside shopkeepers and landlords in their *Shopwatch* and *Pubwatch* fight

THURSDAY CLUB OUTING

Date: Thursday, 8 May 2008

Venu: Ravenstonedale and Kirkby Lonsdale

Lunch: Black Swan, cost: £12

Start: Caldbeck Car Park 10am

Return: about 5.30pm
(Pick up at HNM)

Contact: Liz on 78315

[Cost of coach dependent on numbers]

against theft and other forms of antisocial behaviour. In rural areas she works with the police targeting theft of quad bikes and the violent gate-crashing of local young people's social events.

Despite being at the receiving end of unpleasant behaviour and verbal abuse from young people, Lindsey has an obvious concern for a generation whose parents have often abdicated from their responsibility. One would hope that some of them find in her a more positive role model.

Lyndsey gave us (elderly folk) advice on safety in the home: installing a chain and bolt on front doors; post-coding, with an ultra violet pen, our valuable possessions. She also urged us to report to the police any incident of unacceptable behaviour. The police non-emergency number is 0845 3300247. Liz Boydell's warm vote of thanks was heartily endorsed by all.

Thursday, 8th May, sees the first of our outings. The destination is Kirkby Lonsdale, calling for lunch at the Black Swan in Ravenstonedale - recently visited by HRH Prince Charles.

Jo Reid

PARISH HALL LOST PROPERTY

Found on a window sill in the main hall on Friday 11th April: a *Nike* sports watch.

Please apply to Anne Cartmell at The Old Rectory 0169074 78484.

MONDAY SOCIAL TENNIS

"Tuesday" tennis has now been rescheduled to Mondays from 5-6pm at Caldbeck Tennis Court (behind the school) from May, i.e. to start Monday, May 5. We look forward to seeing regular and new players.

If anyone is interested in playing at any other time (outside school hours) please contact me for a list of other interested players.

Sally Vaux (016974 78626).

<p>Caldbeck & District Gardening Club May 14th G. E. Evans <i>Fuchsias: Growing & Showing</i> Millhouse Village Hall 7.30pm <i>Non-members £2.50</i></p>
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CALDBECK PARISH COUNCIL

The Annual Parish Meeting followed by the **Annual Meeting of the Parish Council** will be held at Caldbeck Parish Hall on Monday 12th May 2008 commencing at 7pm.

Reports will be given on the activities and accounts of the Parish Council for the year ending 31st March 2008. These will be followed by a presentation given by Ronnie Auld on Caldbeck Community Website www.caldbeck.org.uk – part of the Caldew group of websites including www.dalston.org.uk – on the subject of building a community website for Caldbeck and Hesket Newmarket, with particular emphasis on community involvement and the use of the internet. This meeting is also your opportunity to put forward ideas regarding the Parish, ask questions and raise matters of concern or interest relating to Parish issues.

Fairtrade refreshments will be available after the meeting prior to the Annual Meeting of the Parish Council

New Clerk – From 12th May 2008, your Clerk will be Antoinette Ward at The Green, Caldbeck, Wigton, Cumbria, CA57 8ER Tel: 016974 78220 E-mail: ant.ward@virgin.net

Cumbria in Bloom and Tidy Village competitions – Both Caldbeck and Hesket Newmarket have been entered into these competitions this year. All residents, organisations and businesses are urged to bear this in mind when planning gardens and open spaces for this summer. Judging will take place between the 7th and 18th July 2008. If everyone makes a big effort we can win *all* the relevant trophies, not just one. Please ensure that no litter is dropped and owners pick up dog-fouling in public places. If you see anyone dropping litter or not clearing up after their dog, let them know that it is an offence and they could be fined. We are very appreciative of everyone who helps to keep the Parish tidy.

Community Travel Plan – representatives attended the Neighbourhood Forum on 1st April 2008, and put forward local issues for inclusion in a Cumbria County Council Community Travel Plan for Caldbeck, Sebergham & Westward. The focus was on walking, cycling, public transport and the safe use of the car, and the suggestions put forward will be scored and categorised. At the next meeting on 17th June 2008 the items will be prioritised by the representatives. If you have any views on what travel issues are important in relation to Caldbeck, please let a member of the Parish Council or the Clerk know what they are prior to the next Forum meeting. *Liz Auld*

CALDBECK AREA FILM SOCIETY

At our last presentation of *36 Quai des Orfevres*, an audience of 26 people were left with a great deal to discuss about a fast-moving, complex plot. You really had to concentrate on this one. Something which occurred to me was whether the bad language in the dialogue lost some of its impact when rendered into sub-titles? There was certainly plenty of swearing going on by both police and criminals in this film but the acting and photography were of such a high standard that it overcame my reservations.

Our next presentation, *After the Wedding*, is on Friday, May 16, at 7.30pm. It is a Danish film directed by Susanne Bier in both Danish and Hindi with sub-titles and lasts 119 minutes. It was nominated for *Best Foreign Language Film* at the Oscars in 2007. It is a family drama and starts with Jacob, an idealistic, dedicated worker in a struggling Indian orphanage, which is desperately short of money. Jacob is offered a huge donation by Jorgen, a philanthropic Danish businessman, providing he returns to his native Denmark.

Jacob only reluctantly agrees to return, as he has become attached to the children he looks after, and disdains western society. The business trip also becomes an emotional journey, during which various skeletons rattle out of the cupboard and family relationships are shattered. The acting has been described as superb and emotionally involving. At the conclusion of the film, Jacob is transformed by confession, acceptance and redemption. This film comes with the highest recommendation of CAFS Secretary, Roy Knowles, so do come along and share this film experience.

The Keswick Film Festival showed some challenging and enjoyable films, which the Committee might consider for our next season. The Coen Brothers film, *No Country for Old Men*, yielded the most dastardly villain you are ever likely to see on screen.

The Keswick Film Society season has now finished until September.

Watch out for CAFS extra presentation of *Atonement* on June 13th.

Tricia

<p>Ladies' Bright Hour 6th May 2pm Rev John Millard Caldbeck Methodist Chapel</p>

CALDBECK COMMUNITY WEBSITE

The new Caldbeck Community Website is now taking shape at www.caldbeck.org.uk Please have a look. It aims to provide up-to-date information for both residents and visitors. In due course we hope that every local organisation that wishes to have its own page on the website will do so – with information about the organisation itself and past and forthcoming events.

We are keen that the Parish Magazine and community website complement each other. To cater for as many people as possible, you may wish to submit news items to both Sue Prior and Jim Cox. (For obvious reasons, the website can only publish electronically. Hand-written text won't work - sorry.)

The community website, not to be confused with the caldbeckvillage website which is not based locally, will be 'launched' at the Annual Parish Meeting on 12 May (see below).

Sue Prior (sprior@toucansurf.com)

Jim Cox (jim.cox@caldbeck.org.uk)

CALDBECK ANNUAL PARISH MEETING

www.caldbeck.org.uk

www.hesketnewmarket.org.uk

These websites are to be officially launched on

Monday 12th May 2008

at 7 pm

at the Annual Parish Meeting

in Caldbeck Parish Hall

These are YOUR community websites for YOU to use and contribute to. Come and meet the webmasters and see for YOURSELVES how much this site can help YOU, YOUR organisations or YOUR businesses.

The Annual Parish Meeting is also an opportunity for you to have your say to the Parish Council about any matter in the community that you wish to raise.

OUR LOCAL BUSES

We are very fortunate to have several bus services serving Caldbeck and Hesket Newmarket. The following is a list of the services at present:

KESWICK: Bus Nos 73 and 73A, Stagecoach

These buses run every Saturday, several times a day. On arrival in Keswick, it is possible to catch buses to other places, such as the Honister Rambler which is a wonderful round trip including the Honister Slate Quarry and Whinlatter.

CARLISLE: Bus No 620, Stagecoach

This service runs on Wednesdays and goes through Ivegill. The bus leaves Caldbeck at about 10.10am getting to Carlisle at about 11.20am. It leaves Carlisle at 2.15pm and gets to Caldbeck at 3.00pm

PENRITH: Reays Coaches

This bus runs on Tuesdays, leaving Caldbeck at 9.50 and returning from Penrith at 1.40pm. Those holding *Now* cards travel free.

WIGTON:

Every Tuesday, as a service to the community, Bim Tyson runs a bus from Caldbeck at 10.15am to Wigton, getting back at 1.30pm. His charge is very modest.

These will only be viable if they are used, however, so we want to urge as many people as possible to make use of these services. It helps to reduce our *carbon footprint* and is a great social occasion! Timetables for these and other services are in the village shops and on the bus-stop sign in Hesket NM.

PRELIMINARY NOTICE

George, James and Pete (assisted by Kevin) are returning to Caldbeck Parish Hall on Saturday, June 21st at 7.30pm to give us a summer evening of traditional jazz. Full details (including ticket prices) will be in the June magazine.

CALDBECK ART GROUP

Members' work will be exhibited at the following locations during the early part of the summer:-

- ◇ Helena Thompson Museum, Workington: 9th May to 13th June
- ◇ Priests Mill, Caldbeck: 20th May to 2nd June

If anyone is interested in joining our art group, you would be made very welcome.

Ann Weston (016974 76263)

CALDBECK MOTHERS' UNION



Anne welcomed everyone to the meeting on 18th March. It was announced that the Bring & Buy last month raised £36.40 for funds and the CMS boxes brought in £135.22. Ann thanked Jean Holden for looking after this task.

Ann then introduced Olive Blakely, who spoke to us about her work as part of the Chaplaincy team for the Cumberland Infirmary and Hospice. She was inspired to do her work by the vicar of her parish, a man she described as “a dedicated pastor”. She told us many touching stories about her work, which she loves. She reminded us that God wants to use each of us and said that we would not regret going the way He leads. Ann thanked Olive for her talk and we then enjoyed tea and a chat.

At the meeting on 15th April, members were reminded of our visit to Westward Songs of Praise on May 7th and the Projects Day at Shap on May 21st from 10 to 2.30pm. The MU Diocesan Outreach Choir will be singing.

Ann then introduced our speaker, Elaine Thomas, who had just returned from a trip to the Holy Land. Her talk was entitled, *A time for reconciliation*, and where is it more necessary than there, where a wall divides the city of Jerusalem, the west side being Israeli and the east largely Arab? The Palestinians do not have the same rights as the Israelis, who own the water supply and only allow the Arabs small amounts. The situation is inconceivable to us, with water pouring down our fellsides as it does. All the people Elaine spoke to, from either side, said that people should be able to meet and see the good in each other. The way of reconciliation must lie in listening to each other. They need the intervention of people outside their situation to help them and they desperately need our prayers. A lively discussion followed Elaine's talk, after which we enjoyed tea and a chat.

CALDBECK PARISH HALL - BOOKINGS

From the 1st June 2008, Mrs Pat Shaw will be taking over the bookings for the Parish Hall in Caldbeck. Her telephone number is: 016974 78639.

THANK YOU!

I would like to say thank you to everyone for their prayers and cards wishing me a speedy recovery.

Elsie Tunstall

ST KENTIGERN'S, CALDBECK, CHURCH DUTIES

	Welcomers' Rota 8.30am	Sanctuary Duty (8.30am unless specified)	Sidespersons' Rota 11.00am
May 4	--	11.00am Margaret Tinniswood	Ron & Kathleen Davie
11	Jean Holden	Liz Boydell Diana Greenwood	Eileen Paterson
18	Ron Davie	Liz Boydell Rosemary Bailey	Charlie Rolfe
25	David Smith	Jean Holden Joan Todhunter	Richard Brough
June 1	--	11.00am Margaret Tinniswood	Malcolm & Eleanor Thyne
8	Rosemary Bailey	Liz Boydell Diana Greenwood	Charlie Rolfe
15	John Price	Liz Boydell Rosemary Bailey	Judith Cowx
22	Kathleen Davie	Jean Holden Joan Todhunter	Margery Atkinson
29	David Smith		<i>No service</i>

MOTHERS' UNION

Tuesday, 20th May
2.00pm
Caldbeck Chapel
Canon Myrtle Langley
will speak on
Passions of my Life



CALDBECK CHURCH Cleaning Rota

May 2 Mr and Mrs D Bird
 May 9 --
 May 16 Mrs Whitson
 May 23 Mrs L Ramsey
 May 30 Mrs E Paterson
 June 6 Mrs Atkinson
 June 13 Mrs Benn & Mrs Pears
 June 20 --
 June 27 Mrs J Todhunter

DIARY OF EVENTS 2008

May

- 1st Caldbeck Players AGM, The Old Rectory - 8.00pm.
- 6th Ladies' Bright Hour, Rev J Millard, Caldbeck Methodist Chapel 2pm
- 7th Caldbeck WI, Jill Johnston, *Jams and Preserves*, Parish Hall - 7.30pm
- 8th Thursday Club Spring Outing
- 10th Freehold Theatre Co, *Copenhagen* by M Frayn. Parish Hall 7.30pm.
- 12th Caldbeck Parish Annual Meeting, Parish Hall - 7pm
- 13th Sebergham WI, Visit to Hazel Cottage Gardens, Armathwaite
- 14th Gardening Club, G Evans, *Fuchsias*, Millhouse Hall, 7.30pm
- 16th CAFS, *After the Wedding*, Parish Hall - 7.30pm
- 20th Mothers' Union, *Myrtle Langley*, Caldbeck Chapel - 2pm
- 24th Local History Society. Full-day's Outing. See Display Box.

June

- 3rd Ladies' Bright Hour, M Pattinson, Caldbeck Methodist Chapel 2pm
- 4th Caldbeck WI, Birthday Party Outing to John Dalton's Garden
- 10th Sebergham WI, Jan Hawkins, *Air Ambulance*, Old School - 7.30pm
- 12th Thursday Club, T Coulthard: *A Little Bit of Dialect*, Oak Room - 2pm
- 13th CAFS, *Atonement*, Parish Hall - 7.30pm
- 16th History Soc Business Meeting, Kings Arms House, HNM - 7.30pm
- 17th Neighbourhood Forum Meeting, Sebergham Village Hall - 7pm
- 18th Hist Soc, R David: *Yellow Earl's Arctic Journey*, Par Hall - 7.30pm.
- 21st Caldbeck Gardening Club Summer Outing to Alnwick Gardens
- 21st Jazz Concert, Parish Hall - 7.30pm
- 22nd Old Rectory *Open Garden* in aid of NGS & Hospice at Home

July

- 1st Ladies' Bright Hour, Pat Staley, Caldbeck Methodist Chapel 2pm
- 2nd Caldbeck WI, Carol Purves, *Chinese Whispers*, Parish Hall - 7.30pm
- 7th Caldbeck Parish Council Meeting
- 8th Sebergham WI, David Kerry, *Road Safety*, Seb Old School - 7.30pm
- 10th Thurs Club, C Marsden: *Hatch, Match & Dispatch*, Oak Room - 2pm
- 16th Local History Society, J Doig: *History of Dalemain*, Par Hall 7.30 pm.

August

- 11th Caldbeck Parish Council Meeting
- 12th Sebergham WI, Dinner at Denton House
- 14th Thursday Club Summer Outing
- 20th Local History Society, Half-day's Outing to Dalemain.
- 22nd Caldbeck Chapel Coffee Evening and Sale - 7.30pm
- 28th Caldbeck and Hesket Newmarket Sheepdog Trials
- 30th Hesket Newmarket Agricultural Show

September

- 2nd Ladies' Bright Hour, D Hutchinson, Caldbeck Methodist Chapel 2pm
3rd Caldbeck WI, Members' Evening, Round Table, Parish Hall - 7.30pm
9th Sebergham WI, *Pioneer Foods*, Old School - 7.30pm
11th Thursday Club, T Richardson, *My Life*, Oak Room, Parish Hall - 2pm
16th Mothers' Union, Roberta Bowen, Caldbeck Chapel - 2pm
17th History Soc, J Todd: *Mind of the Medieval Doodler*, Par Hall - 7.30pm.
22nd Caldbeck Parish Council Meeting

October

- 1st Caldbeck WI, *Cockermouth Mountain Rescue*, Parish Hall - 7.30pm
5th St Kentigern's Church, Caldbeck, Harvest Lunch, Parish Hall - 1pm
7th Ladies' Bright Hour, Anna Brown, Caldbeck Methodist Chapel 2pm
9th Thursday Club Autumn Outing
14th Sebergham WI, Visit to Environment Agency, Penrith
21st Mothers' Union, MU Outreach Choir, Parish Hall - 2pm
22nd Local History Society, Supper & AGM.

November

- 4th Ladies' Bright Hour, M Mallinson, Caldbeck Methodist Chapel 2pm
5th Caldbeck WI, M Carrier, *Solway and its Birds*, Parish Hall - 7.30pm
11th Sebergham WI, K Brown, *Nutrition 4 Health*, Old School - 7.30pm
18th Mothers' Union

CU♥**BRIA**
Community
First Responders

In Association with Cumbria Ambulance Service NHS Trust

If you have a medical emergency, dial 999.

Please note that you cannot call First Responders direct.

If appropriate, the Ambulance Service will call us out, as well as (not instead of) an ambulance.

CALDBECK SURGERY

www.caldbecksurgery.co.uk

The surgery will be closed in the afternoon for staff training on the following dates:

(no session in May)

Wednesday 11th June

Tuesday 15th July

On these afternoons the surgery (including the dispensary) will close at 1.00pm. All calls will be redirected automatically to CueDoc.

Art in the Waiting Room this month by Malcolm Bird

St Mary's, Sebergham Lesson Reading Rota

May 4th	MP	Acts 1.6-14 John 17.1-11	Richard de Robeck Jenny de Robeck
May 11th	MP	Acts 2.1-21 John 20.19-23	Joyce Wetherell Elizabeth Luck
May 18th	<i>no service</i>		
May 25	HC	Leviticus 19.1-2, 9-18 1 Corinthians 3.10-11,16-end Gospel	Stephen Hollins-Gibson Poppy Hollins-Gibson Preacher

St Mary's, Sebergham Flowers and Cleaning Rota

May 6	Mrs Hollins-Gibson
May 13th and 20th	Mrs Horn
May 27th and June 3rd	Mrs Luck
June 10th and 17th	Mrs Magnay
June 24th	Mrs Mattinson

Sebergham Weather Recordings

Rainfall

<i>March 2008:</i>	99.10 mm (3.90 ins)
Aggregate for year:	367 mm (14.48 ins)
<i>March 2007:</i>	83.40 mm (3.28 ins)
Aggregate for year:	247.00 mm (9.72 ins)



In 1995 we recorded 412.30 mm (16.23 ins) by the end of March and by the end of year the total was only 818.80 mm (32.21 ins); by comparison in 2002 we recorded 390.30 mm (15.36 ins) at the end of March and by the end of the year the total was 1179.70 mm (46.42 ins) - a wet year - so it will be interesting to see what happens this year!

Temperature March 2008:



The average maximum day temperature: 44.74° F (7.08° C)
The average minimum night temperature: 34.90° F (1.61° C)
The warmest day was Sunday 9th March: 50° F (10° C)
The coldest night was Tuesday, 25th March: 28° F (-2.23° C)
There were twelve days of frost recorded this month..

The congregation of
ST. MARY'S CHURCH, SEBERGHAM
invite you
to join in a
Summer Songs of Praise
on
Sunday 18th May
at 2.30pm
with items presented by
The Highside Group
Refreshments will be served.
*A retiring offering will be in aid of
necessary repairs to St. Mary's Church*
You are all most welcome!

**Neighbourhood Forum
Meeting**
7pm on June 17th 2008
Sebergham Village Hall
Bowness - Thursby - Caldbeck
Contact: Connie - 016974 76452

SEBERGHAM CHURCHYARD

Sebergham churchyard is presently being cut by a contractor. Those who do **NOT** wish their graves to be cut are requested to let us know as soon as possible. The amount given to use by the council - while very much appreciated - does not cover the costs of maintaining the churchyard, therefore donations towards the upkeep of the churchyard from anyone who has family members buried there, would be greatly appreciated.

Please contact Margaret Mattinson 016974 78127
or John Monkhouse 016974 76382

SEBERGHAM & WELTON PARISH COUNCIL

The Parish Council met on 26 March in Welton Village Hall.

The Parish Council heard from the Police that there had been no incidents reported in the Parish in the last two months.

The pot holes on the road from Welton to Dalston have been filled in. The large pot hole at the bottom of Drs Brow should be repaired in the next couple of weeks. The Highways people have still not got a licence from the Environment Agency to put scaffolding in the river to repair Sebergham Bridge; it will be May before this can start now. The Parish Council are concerned about the amount of mess in the lay-by at Sebergham Bridge and the Clerk is seeking ways to get it tidied up. Allerdale will hopefully be installing a litter bin soon and the combination of removal of debris and a litter bin will make it a picturesque beauty spot again.

The water running across the road just up from Sebergham Bridge continues to be a concern. Mill Lane, opposite, is starting to show signs of water damage. The County Council highways officer is now dealing with this matter.

SIDS machines will be in the Sebergham area week commencing 11th May.

A meeting was held in Churchtown with a representative from the Highways Department about the parking problem and the damage to the grass verges. One solution is to tarmac the sides of the road and put kerbing in, but this is not ideal and would not be done until at least 2009. The Parish Council are to explore other options in the meantime.

The plans for Greenview Holiday Lodges were discussed. The Parish Council's comments have been e-mailed to Allerdale and will be on their web site. The PC were not minded to recommend outright refusal but considered that a landscaping and screening scheme must be in place before the lodges were built. We also advised that Allerdale should be sure that the existing private sewerage system would cope with the increased discharge. Finally the PC have concerns that the development is getting too big for the village.

The Parish Council are holding their Annual Parish Meeting on Tuesday 20 May at 7pm in Welton Village Hall. We are hoping to have two speakers from Allerdale Planning Department to discuss planning issues in the Parish - so come along and ask all the questions that you have. We will also have a presentation about the Community Plan that we are helping to prepare.

Lynne Gauntlett, Clerk
www.seberghamwelton.org.uk

SEBERGHAM W.I

Baubles, bracelets and beads.

Parking posed the usual problem when twenty eight ladies, ten of them host members, arrived at the Old School for the April meeting of Sebergham W.I. With apologies from three of our girls, guests from Raughton Head, Rosley, Ivegill and Caldbeck were warmly welcomed by President, Dorothy Staples, who also introduced our newest member, Doreen Ward.

Cards and letters from our 60th Birthday Party were read out, and once again, Mary White was thanked for her gift of the magnificent cake.

The business part of the evening was executed with swift efficiency by Dorothy, and Secretary Margaret Mattinson. County News, bulb catalogues and raffle tickets were distributed before Poppy Hollins-Gibson gave an extensive report on the recent Spring Council meeting held at the Shepherds Inn, Carlisle.

Dorothy then welcomed our demonstrator Edith Knapton, a lady so skilled in beadwork she could open a boutique in Carlisle with all the exquisite jewellery she creates. Edith told us how she started beading; about her suppliers, patterns, designs, stitches, techniques, types and prices of beads. Then she opened a treasure trove, sending around dozens of samples of delicate, intricate work. Bracelets, necklaces, tassels, an evening bag, beadwork of every colour and description, were passed around the hall. It was like handling the contents of Aladdin's Cave!

When every item was safely returned, Dorothy thanked Edith for her wonderful contribution to the evening and invited her to judge the competition: a beadwork article. Sebergham's winners were Ann Ludlam's pretty home-made bead box, with Margaret Mattinson's Christmas bauble in second place. Of the visitors, Ann Mandale's (Raughton Head) entry won first prize, with those of Sandra Buck (Ivegill) and Kathy Bainbridge (Raughton Head) second and third. The raffle was won by Maureen Allen, Elsie Bell, Nancy Hullock and Margaret Mattinson.

A festive supper was served by the Sebergham ladies, and Jean Harper-Tarr from Rosley thanked us for having everyone. Sebergham's May meeting is to be held at Hazel Cottage Gardens.

Dorothy Staples closed the evening by thanking everyone for coming and we all headed out to face that car park again. We'd had such a good time, nobody minded.

J de R, Press Secretary.

CALDBECK PLAYERS

Every year the Players hold an AGM to review the year and decide on future productions and activities. This year it will be held on **THURSDAY 1ST MAY at 8pm at The Old Rectory**. The meeting is open to all as Caldbeck Players has no official membership list and no age restrictions. If you are interested in any way in the future of the Players, be it acting, directing, scene painting and design, lighting, costume making, or any of the 'trades' connected with the theatre, or indeed have any ideas of plays which you would like to see performed, please come and join us.

Anne Cartmell 016974 78484

VINTAGE MOTORCYCLE RALLY

The Hesket Newmarket Vintage Motorcycle Rally will be held on the second Bank Holiday of May. Our first year following Tommy and Connie Richardson's decision to stand down went really well and was, as usual, well supported. We would like to thank people in anticipation for their continued support and hope that this year is as successful, if not a little drier. As in the past, any prize donations would be gratefully received.

*Paul and Joanne Richardson
(016974 78037)*

Mungrisdale Duck Race

May Day, Monday 5th May
Mungrisdale Village Hall
Racing starts at 2pm.
Morris and sword dancing
Treasure Trail
Hot dogs and refreshments

Ducks can be
bought in advance
Call the Duck Hotline on
017687 79009
or 017687 79691

For their Spring 2008 Tour:

Freehold Theatre Company

presents

Michael Frayn's award-winning play

Copenhagen

"One of the finest pieces of drama to grace the stage in recent years"

Performance:

7.30pm at Caldbeck Parish Hall

10th May

The Play:

In 1941 the German physicist Werner Heisenberg travelled to Nazi-occupied Copenhagen to meet his Danish counterpart, Niels Bohr. Old friends and colleagues, now they found themselves on opposite sides in a world war, and embroiled in a race to create the atom bomb. Why Heisenberg went to Copenhagen, and what he wanted to say to Bohr, are questions that have intrigued and divided historians and scientists ever since.

Michael Frayn's play about their historic meeting has become a classic of modern drama - a meditation on friendship and moral responsibility, by turns intellectually dazzling and deeply moving, that journeys through the realm of science and beyond.

Freehold's professional touring production, directed by Alan Mathews, will feature Peter Sampson as Werner Heisenberg, Erica Nash as Margrethe Bohr, and Alan Mathews as Niels Bohr.

Copenhagen received the Evening Standard Award for best play in 1998, and the Tony Award (USA) in 2000.

[Please Note: Owing to unavoidable circumstances late in rehearsals, i.e. sickness, the play will be performed in its dramatic and scenic entirety, but with some reading by replacement actors.]

Take time for prayer!

The ecumenical prayer group meets each Tuesday morning at 8.45am in the back to Caldbeck Church to pray for the needs of our community and the world. Why not come along and join us?

CALDBECK WI

Everyone was welcomed to the March meeting of Caldbeck WI by Mrs P Shaw, including two guests: Mrs J Cox, and Mrs J Howlett , visiting from the Isle of Wight. Minutes were read and the County News discussed. Invitations to Mungrisdale and Sebergham were received.

Mrs Shaw then welcomed our speaker, Svetlana Brown, speaking about what it is like growing up in Russia, as a Russian lady. We were given a few Russian words (*bresto* is quickly). The Russian women are treated the same as the men. All have to work. Babies are taken to a nursery, then transferred to kindergarten, then to school, all of which are run by the authorities. Mothers must work, and Lana's mother had two jobs. All their houses were identical. Two rooms, a small kitchen. The outside was as big as the inside; they grew their own produce and kept hens and a pig, and had a well from which to draw water. The brownies and guides were inter-school. Their luxuries were books, crystal and coffee. There were no black people where Lana grew up and no disabled children, as the latter were removed from their families at birth. The children were raised in politics, with a lesson every day. Lana was shocked to see disabled people in our society - integration can be scary.

At around seven years old, Lana became interested in English, when she saw notices in both Russian and English. She studied languages and politics in school. Lana says she is very happy living in Cumbria and is married to a Scotsman. She travels extensively, translating for people. This was a very interesting talk giving us insights into a very different culture. Teresa Richardson gave the vote of thanks and was able to say *thank you* in Russian!

The competition for *a trinket box* was won by J Todhunter, 2nd T Richardson and 3rd A Thompson. The draw was won by Elsie Bell.

Caldbeck WI

7th May - 7.30pm

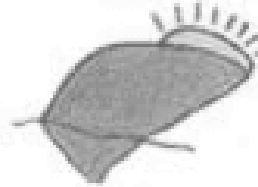
Jill Johnston

Jams and Preserves

Parish Hall

Competition: *a jam spoon*

**NORTHERN FELLS GROUP
DROP IN SESSIONS**



This is a *weekly* 'Drop In' for tea, coffee, homemade cake, biscuits and a chat, in Millhouse and Ireby -- £1 per person.

- At Millhouse Village Hall, every Friday 10am to 11.30am
- At the WI Hall, Ireby, every Thursday 2.30pm – 4pm

Come and join us to catch up with your friends and neighbours!

For transport or other information:

- ⇒ Contact for Ireby: Doreen Gleed, 016973 71947
- ⇒ Contact for Millhouse: Antoinette Ward, 016974 78220

**County Council
Drop in Sessions (monthly)**




The last Thursday of the month

3pm – 4pm	Ireby WI Hall		Northern Fells Drop In Session also
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The last Friday of the month

County Councillor, Duncan Fairbairn will be at the Friday Drop Ins

10 am – 11 am	The Crown Inn, HNM	Internet café open to the public	
12 pm – 1 pm	Thursby Parish Hall		
2 pm – 3 pm	Kirkbride CDC		Age Concern will be at some of the sessions

Come and meet Pat Ackred, Neighbourhood Development Officer and find out how you can have your say about your Community. If she can't help you, she'll probably know someone who can.

CROCUS WALK

On April 6th, although it did snow, 79 people aged from two to eighty-two (plus one dog) took part in the *Crocus Walk*. They waded their way through coffee and scones before leaving the Cricket Club for a trek up to Low Fell-side, which turned out to be slightly longer than 5.5 miles, returning to a very welcome bowl of soup. There wasn't a crocus to be seen, but the primroses and marsh marigolds were out in abundance. Thanks to all who supported this event by taking part or sending donations. A special mention must go to Liz Mounsey, who worked endlessly in the kitchen, and to those who lent her a hand.

There were eight raffle winners. At the time of going to press the final sum raised for *Breakthrough Breast Cancer* had exceeded £1,000. The final total and photographs will be available on the website, www.caldbeck.org.uk. It was suggested that we could have another - so perhaps we will! Thank you once again for your support,

Marjorie Watson.

CALDBECK BOWLING CLUB

On Easter Monday morning, the Bowling Club held its annual Coffee Morning together with a Bring & Buy sale. Mrs Shirley Ritchie, Ladies' President, welcomed all present and declared the event open, inviting all to partake of coffee and biscuits. The morning was very well supported by members and friends who obtained many bargains from the numerous stalls holding cakes, groceries and plants. There was a *tombola stall*, a *£1 stall* and various competitions and raffles. The *treasure hunt* was won by Jonny Ball; a *whisky raffle* won by Marion Robinson; and the *shuffle board competition*, under 11, was won by Aaron Glendinning, with Robert Mounsey winning the seniors. There were ten raffle winners. At the close of the morning, Shirley extended thanks to all who had donated and purchased goods and to all who had assisted in raising the magnificent sum of £521 for club funds.

In the evening, the Bower was filled to capacity for the bingo session, with Lawrence Hayton calling the numbers. Everyone enjoyed ten games played for cash and other prizes. This was followed by a *quickie game* with the prize for a *winning line* going to Nora McCall, for *two lines* to Joshua Pigg, while the prize for the *full house* was shared between Mary Ivinson and Amy Robinson. A further raffle was held, drawn by Shirley Ritchie, and there were seven more winners. The Caldbeck President, Bob Ritchie, thanked all who had donated prizes, together with everyone who had assisted with the event.