

CHURCH STAFF AND CONTACTS

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CALDBECK - St Kentigern's

Churchwardens Mrs E Boydell, Mr R Brough, Mr A Grieve
Treasurer Mr Ian Shaw
Secretary Mrs S Beale 016974 78353

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CALDBECK METHODIST CHAPEL

Services usually at 6.30pm

4 September		Mr D Ward
11 September		Rev P Ormerod
18 September	11.00am United Service	Rev Richard Teal, Chairman of the District
25 September		Rev Dr E Wright

CASTLE SOWERBY FREE EVANGELICAL CHAPEL

Sunday School each Sunday 10.30am
Sunday Evening Service 6.30pm
016974 78470

HESKET NEWMARKET FREE CHURCH

Sunday Morning Service - 10.30am with Communion on the first Sunday
Junior Church - 10.30am. All children welcome.
Helen Stobart 016974 78669

QUAKERS: MOSEDALE MEETING HOUSE

From April until October we will meet on Sunday mornings at 10.30am
Everyone is heartily welcome to attend.

ROMAN CATHOLIC: ST CUTHBERT'S, WIGTON

Sunday Mass: 9.00am and 6.00pm
016973 42379

A Reader's Letter

Caldbeck Area Community First Responders

Registered Charity No 1108013

In Association with North West Ambulance Service

If you have a medical emergency, **dial 999 or 112**

(Please note that you cannot call First Responders direct)

If appropriate, the Ambulance Service will call the First Responders as well as (not instead of) an ambulance

EDITORIAL SUB COMMITTEE

Editor: Rev Norman Robinson

Assistant Editor: Mrs Roberta Bowen

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(PLEASE SEND AS AN ATTACHMENT)

NOTE: copy deadline **12th September** for inclusion in October's magazine

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Castle Sowerby: Mrs Jean Mallaband

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Tel: Mrs Joan Todhunter 016974 78453

Dear friends,

Norman has asked me to write "perhaps a poem or a letter." I had intended to do so, until I went to a very special occasion that changed my focus completely. Although the traumatic events taking place in our big cities have subsequently dimmed the joy of that day, I would still like to share it with you, as I think there is a message for all of us here.

The occasion was Graduation Day from the Liverpool Institute of the Performing Arts (LIPA) at which Esther, our eldest granddaughter, was receiving a degree in acting. As my son-in-law said, "They do things differently here!" There was a huge feeling of community, so much vibrant colour, so much real affection lavished on tutors, just so much *fun*....and very different in atmosphere to when our two daughters graduated.

Esther not only took first class honours, but also the prize for the best actress in her year. But what I want to share is far more than that.

At the end of the ceremony there were four awards given for various outstanding contributions to the student community, all of which were a total surprise to both audience and recipients. Esther took one of these, for constant loving care of her fellow students, helpfulness, encouragement, cheerfulness and kindness, all undergirded by her faith. Quite apart from our family pride in this exceptional young woman, this award really made me think.

Everyone at LIPA knew that Esther was a Christian, and she was happy to talk about her faith if the occasion demanded. But what really made the difference to everyone around her, of all faiths and of none, was what she *was*, not what she said. Her Christian witness manifested itself best in the way she treated and cared for other people, and it had an effect on all those that she met. And should this not be so for all of us who profess that faith? Are we living transparent, glowing Christian lives that attract the people around us: people with problems, people who need love and comfort, people who are unsure of themselves? Does what we say in church on Sunday to God marry up with what we say to and about people during the week? I know that Esther's prayer life and her deep devotion to her Saviour, is the basis of her loving attitude to others...are we in that constant loving communication without which we cannot thrive as Christians? I have asked myself many of these questions since the day at LIPA. We who call ourselves Christians are ambassadors for Christ, but although it is an awesome responsibility it should also be a joyful one. May you who know the joy of the Lord share it with others. And may God bless all of you richly.

Ann Finlay.

DIARY OF EVENTS 2011

September

- 3rd HNM Agricultural Show.
- 5th St Kentigern's Church, Castle Sowerby PCC 7.45pm, Millhouse Village Hall.
- 7th Caldbeck WI, '*Northern Fells Village Agent*', Julia Trotter + Round Table Conference, 7.30pm, Caldbeck Parish Hall.
- 8th Thursday Club, '*David Ward's Desert Island Discs*', 2.00pm, Caldbeck Parish Hall.
- 8th Westward Lunch Club, 12.30pm, Westward Halls.
- 13th Sebergham WI, '*Very Important Clocks*', 7.30pm, Old School
- 13th Westward WI, '*Climate Change*', Geoff Coe, 7.30pm, Westward Parish Rooms.
- 14th Welton & Sebergham Parish Council, 7.30pm, Welton Village Hall.
- 14th Gardening Club, '*Bulbs for all Seasons*', Tony Rymer, 7.30pm, Millhouse Village Hall.
- 15th St Hilda's Church, Westward, PCC, 7.30pm, Mission Room.
- 16th CAFS, '*The King's Speech*', 7.30pm, Caldbeck Parish Hall.
- 18th St Kentigern's Church, Caldbeck, '*Gad-About Lunch*', starts at the Old Rectory, 12.15pm.
- 20th Caldbeck Mothers' Union, '*Faith in Danger*', (Open Doors) Mr Brian Fulton, 2.00pm, Methodist Chapel Room.
- 21st History Society, '*2,000 Years of Carlisle History*', Anton Hodge, 7.30pm, Caldbeck Parish Hall.
- 26th Caldbeck Parish Council, 7.30pm, Caldbeck Parish Hall.
- 26th Heartstart, 7.00pm, Millhouse Village Hall.
- 28th Time for Tea, 2.00pm, Rosley Village Hall.

October

- 1st History Society, '*Heritage Exhibition*', 1.30pm, Caldbeck Parish Hall.
- 2nd St Kentigern's Church, Caldbeck, '*Harvest Lunch*', Caldbeck Parish Hall.
- 4th Rosley Young Women's Group, '*Quiz Night + American Supper*'.
- 5th Caldbeck WI, '*Stained Glass*', Sarah Jackson, 7.30pm, Caldbeck Parish Hall.
- 6th National Poetry Day, 10.30am, Rosley Village Hall.
- 11th Sebergham WI, '*Visit to Paragon Vets, Dalston*'.
- 12th Gardening Club, '*Growers with Altitude*', Andrew Forsyth, 7.30pm, Millhouse Village Hall.
- 13th Thursday Club, '*Luncheon Outing*'.
- 13th Castle Sowerby Parish Council, 7.30pm, Millhouse Village Hall.

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THE PARISH REGISTERS

Baptisms

Zara Olivia Kelly
31 July 2011
Holy Trinity Church, Rosley

Ryan Thomas Hill
31 July 2011
St Hilda's Church, Westward

THE QUEEN'S DIAMOND JUBILEE CELEBRATIONS JUNE 2012

At a recent meeting it was decided to plan an event in Caldbeck Parish. Volunteers are gathering further information on various ideas and a second meeting is to be held on **Thursday 8 September at The Rectory by kind invitation of Barbara and Malcolm Riches. This meeting will start at 7.30pm.** For further information ring Angela 78344 or Audrey 78692

STILL STUDYING? FUNDING AVAILABLE FOR BOOKS, ETC. Haltcliffe School Trust Fund Grant Distribution 2011

Application forms for these grants can be obtained from the Secretary, Mrs. A. Noble,
2 Hodden Croft Cottages, Caldbeck, Wigton, CA7 8EL.
Tel: 016974 78692.

The forms must be returned by 30th September 2011. Distribution of interest will be made following a Trustees' Meeting to be held on 12th October. Individuals and groups who successfully applied for grants last year may re-apply this year for further consideration. Parish groups may apply each year but individuals may only make application twice.

The Trustees shall apply the income of the Charity in promoting the education, including social and physical training, of persons resident in the parishes of Caldbeck and Castle Sowerby.

In allocating benefits the Trustees shall have regard to the promotion of education in accordance with the principles and doctrines of the Church of England and the Methodist Church.

ST KENTIGERN'S, CALDBECK, ROTAS

	Welcomers' Rota 8.30am	Sanctuary Duty (8.30am unless specified)	Welcomers' Rota 11.00am
September 4	10.15am United Holy Communion at St Mary's Church, Sebergham		
11	Diana Greenwood	Liz Boydell Diana Greenwood	Richard Brough
18	Liz Boydell	Liz Boydell Rachel Nicholson	Marjorie Atkinson
25	Joan Todhunter	Joan Todhunter Shirley Rolfe	Peter Sageman

DATE	SERVICE	READINGS	READER
11 Trinity 12	HC 8.30am Matins 11.00am	Exodus 14 vv 19-31 Matthew 18 vv 21-35	A Grieve S Rolfe (same Readings both services)
18 Trinity 13	HC 8.30am Family Praise 11.00am	Jonah 3 v 10, 4 v 11 Matthew 20 vv 1-16	A Browne TBA
25 Trinity 14	HC 8.30am Lay-led 11.00am	Philippians 2 vv 1-13 Matthew 21 vv 23-32	R Davie TBA (same Readings both services)

NOTICE FOR MAGAZINE CONTRIBUTORS
The new e-mail address for the Parish Magazine is

warnellmagazine@gmail.com
 Please send contributions for the magazine as attachments

<p>ON THE SHELF Bookshop Priest's Mill Caldbeck Tel: 016974 78770 dorothychalk@mail.com</p>	<p>SEBERGHAM SERVICES LTD Churchtown, Sebergham Vehicle repairs and MOT testing Services and diagnostic tuning Gas and mig welding/resprays Insurance accident repairs 016974 76234</p>
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**ST KENTIGERN'S CHURCH,
 CALDBECK**




**HARVEST
 LUNCH**
Sunday, 2nd October, 2011
Caldbeck Parish Hall
12.30 for 1.00 pm
Tickets: £10 per head
**Available in church at service times,
 or from Village Stores at Heskett and Caldbeck,
 or direct from Ron Davie (78364).**

Meal outstanding, as usual!
Ingredients sourced locally and fair-traded, wherever possible.

ST KENTIGERN'S CHURCH, CALDBECK
HARVEST FESTIVAL FLOWERS
Saturday 1 October at 10.00am



If anyone would like to help, please come along.
*If anyone would like to leave flowers, vegetables or any items for the
 Harvest Sale, please leave them in the church porch.*

CONFIRMATION CLASSES
 These will be held weekly at The Rectory, Brewery House, Caldbeck
 starting on Sunday 2 October 2011, 4.00pm-5.00pm.
 Any of secondary school age are welcome.
 Adults can be prepared separately
 (please let Rev Norman Robinson or Rev Malcolm Riches know)

GRAND GAD-ABOUT SUNDAY LUNCH!

FROM THE OLD RECTORY, CALDBECK

SUNDAY, 18th SEPTEMBER

12.15 pm *prompt*

PRE-LUNCH DRINK + NIBBLES

3-COURSE MEAL

COFFEE/TEA



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Also, any queries (incl. transport): Ring Ron Davie

(016974-78364)

All proceeds to the work of St Kentigern's Church, Caldbeck

HESKET NEWMARKET FREE CHURCH

Harvest Services

Saturday 10 September at 6.30pm

Harvest Supper followed by hymn singing and an audio visual presentation from Majority World

Sunday 11 September at 10.30am

Speaker: Mr David Parkinson from Caring for Life (Leeds)

Collections for Caring for Life

ST KENTIGERN'S CHURCH, CASTLE SOWERBY

PCC MEETING

Monday 5 September

7.45pm

Millhouse Village Hall

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**ST KENTIGERN'S CHURCH, CASTLE SOWERBY
PARISH PICNIC**

The Annual Parish Picnic was held at Castle Sowerby Church on Sunday afternoon 31 July. The Rev. Norman Robinson welcomed around 50 parishioners, friends and visitors to this annual event which was held on the Sunday nearest to Lammas Day. Norman led the service with a reading presented by Kathleen Ashbridge. In his address, Norman took a Baton Bread, broke it into four pieces, with Eleanor Earl, Marjorie Edmondson, Jean Millaband and Shirley Rolfe handing it out for people to break a piece off, followed by everyone joining hands to link the parishes together. The offertory was taken by Eleanor Earl and Marjorie Edmondson, with Eleanor Benson playing the organ.

At the end of the service everyone enjoyed a Bring and Share tea which took place in and outside the Church. A really good afternoon was shared by all.

**ST KENTIGERN'S CHURCH, CASTLE SOWERBY
COFFEE EVENING**

A Coffee Evening was held at John and Connie Foster's, Roe Foot, Sowerby Row on a beautiful evening, 29 July. John welcomed 63 people who attended and each person started the evening with tea / coffee and biscuits, before a wander around the garden, with competitions at various parts of the orchard. A cake stall was a great attraction, also a produce stall, white elephant stall and a raffle. Stall holders were Marjorie Edmondson, Diane Scott, Jean Mallaband, Vera Steadman, Caroline Asbridge, Carol Foster and Malcolm Foster. Competition winners were: Hidden Square (29) - Lorna B, Westnewton; Find the Villages - Sarah Atkinson, Millhouse; How Many Sweets in Jar (297) - Brian Mallinson, New Yeat; Guess the Sheep's Name (Andy) - Charlie Rolfe, Caldbeck. The winner of the bottle of whisky was Trevor Foster who offered it for auction, bought by Jonathan Stalker, who then put it up for auction again, this time bought by Sid Asbridge. Raffle winners were: Geoff Coulthard, Vera Steadman, Marjorie Edmondson, Jean Phinn, Caroline Asbridge, Sid Asbridge, Norman Robinson (Vicar), Stephen Magnay, Kath Earl, George Hogarth, Brian Mallinson, Michael Foster, Josephine Redhead, Kathleen Stockdale, Ian Steadman, Charlie Rolfe, Sandra Stalker, Phyllis Little and Jean Mallaband. The Rev. Norman Robinson thanked the Fosters for hosting this event. John Foster thanked all the helpers and those who provided goods for the stalls and donated raffle prizes. The amount raised for Castle Sowerby Church was £ 520.26.

**St Kentigern's Church,
Castle Sowerby
CLEANING & FLOWER ROTA
September - Diane Scott
October - Val Richardson**



ST MARY'S CHURCH, SEBERGHAM, ROTAS

DATE	SERVICE	READINGS	READER
September 4	United HC 10.15am	Isaiah 61 vv10-11 Galatians 4 vv 4-7 Luke 1 vv 46-55	
11	Matins 11.00am	Exodus 14 vv 19-31 Matthew 18 vv 21-35	
18	No service		
25	Harvest Mat- ins 11.00am	Deuteronomy 8 vv7-18 Luke 12 vv 16-30	

DATE	SERVICE	WELCOMERS' ROTA	INTERCESSIONS' ROTA
September 4	United HC 10.15am	Elizabeth Luck	Margaret Mattinson
11	Matins 11.00am	Margaret Mattinson	Elizabeth Luck
25	Harvest Mat- ins 11.00am	Poppy Hollins-Gibson	Richard de Robeck

**ST MARY'S CHURCH, SEBERGHAM
FLOWERS & CLEANING ROTA**

DATE	NAME
September 4	Mrs Magnay
11,18	Mrs Mattinson/ Mrs Ward
25 October 2	Mrs Weston



<p>COLIN ARMSTRONG Garden maintenance Grass cutting, Strimming, Hedge cutting, etc. also Painting and Decorating Tel: 01228 538798 Mob: 07936 243234</p>	<p>MARLOWE COTTAGE, CALDBECK 5-Star Gold Award luxury holiday cottage Sleeps 5 www.marlowecottage.co.uk Contact Jen Arkell 016974 76417 info@marlowecottage.co.uk</p>
<p>S & C ASBRIDGE LTD Building & Roofing Contractor Lyndene, Sowerby Row Carlisle, Cumbria CA4 0QH Tel: 016974 76384 Mobile: 07831 485 520</p>	<p>DAVID BOWEN Cane & Rush Reseating Lloyd Loom Repairs Quality Materials, Collection & delivery Located behind the village pond at Caldbeck tel: 016974 78100 E-mail: drbowen@btinternet.com www.canerushreseating.co.uk</p>
<p>BED AND BREAKFAST ACCOMMODATION BROWNRIGG FARM Fairtrade and local produce Contact: Sally Vaux—016974 78626 sallyvaux@aol.com www.caldbeckvillage.co.uk</p>	<p>CALDEW KITCHENS LTD Traditional handmade KITCHENS & BEDROOMS Workshop & showroom Avondale, Hesket Newmarket, CA7 8HR Tel/Fax: 016974 78385 Mobile: 078315 72301 Web: www.caldewkitchens.co.uk Email: office@caldewkitchens.co.uk</p>
<p>THE BAROMETER WORKSHOP If you have an antique barometer or clock in need of repair/restoration then come to the specialists. • Free detailed written estimates. • High quality work fully guaranteed. • Collection/delivery service. • Open by appointment Antique barometers, scientific instruments & clocks repaired, restored, bought and sold Tel & Fax: 016974 76823 Email: info@barometerworkshop.co.uk</p>	<p>CARROCK DESIGN & BUILD Full Design, Planning Permission; Building Regulations AND on-site build from one local company. Come and talk to us about your project— large or small with no obligation WWW.CARROCKDB.CO.UK E-mail: INFO@CARROCKDB.CO.UK TEL: Malcolm Iredale on 017684 88859</p>
<p>GREENSIDE HOUSE, CALDBECK Bed & Breakfast Studio Delightful 18th century house situated in a promi- nent position on the village green overlooking the Northern Fells Contact Gail Dewis 016974 78226 Mobile 07971850002 Web: www.greenside-house.co.uk E-mail info@greenside-house.co.uk</p>	<p>CARROCK ARCHITECTS Chartered Architects Member of Royal Institute of British Architects Member of the Guild of Master Craftsmen For all your building design needs; plans and building regulations. WWW.CARROCK.CO.UK E-mail: INFO@CARROCK.CO.UK Tel: Malcolm Iredale on 017684 84484</p>



MILLHOUSE CAKE COMPETITION

Get your baking tins out again! (after Hesket Newmarket Show) and join in the fun of Millhouse's own cake competition on **Saturday 15th October 2011.**

This is a fun competition to raise funds for some worthy causes. We use professional judges and then, usually, the cakes are sold to add to the funds.

(You do not need to sell your cake, it can be marked NOT for Sale) It is also a chance to buy some of the best home-made cakes in the area.

The Champion Cake (if it is for sale) will be auctioned with any remaining cakes at The Old Crown Pub in Hesket Newmarket that evening around 8pm.

This year's proceeds will go to the **Caldbeck Area First Responders Group to fund PUBLIC ACCESS DEFIBRILLATORS for the area,** making it an even safer place to live.

There are classes for everyone this year and again there are cup cake classes for children and teenagers to take part.

Watch out for entry forms which will be out at the beginning of September and available at HNM show.

Anyone who would like to help with this event please contact, Philippa Groves on 016974 78555 or Diane Scott on 016974 78312.

All offers will be gratefully accepted.

SEBERGHAM TEA PARTY

Amidst a tranquil garden setting with glorious summer weather, Peter and Ann Weston hosted a Tea Party at the Old Rectory Sebergham, on Saturday 30th July, with the proceeds going to St. Mary's Church, Sebergham. A very good turnout of people enjoyed attractions such as a Pirates Treasure Hunt, White Elephant Stall, Plant & Cake Stall, Tombola, Garden Flower Anagram quiz. An excellent tea was served throughout the afternoon, which concluded with the Raffle. The Rev Norman Robinson then sold, via offers, the remaining cakes and other goods. On behalf of the PCC he thanked Peter and Ann, all who attended, and all who helped in any way to make the afternoon a great success. The amount raised was £551.00.

M Brough (Secretary)



COME DINE WITH ME St Mary's Church Sebergham

PRELIMINARY NOTICE

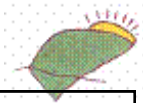
Only 36 tickets available for the above event.

To be held on Saturday 19th November 2011.

Venue – one of six households in the Sebergham area.

Enjoy a 4 course dinner for only £20 per head.

For more information or to reserve a ticket please contact Mary Brough 01697478213 or Tracey Wetherell 01697476453.



ACTIVITES TAKING PLACE IN SEPTEMBER

'Happy and Active Day' at Westward Village Hall on **Tuesday 20th September** 11.00am until 3.00pm - Will include Seated Exercise/Healthy Eating Demonstration/Holistic Massage/Brain Games. Everyone Welcome. Free Entrance.

The Alzheimer's Society is holding a **Memory Walk** at Hutton in the Forest on **Sunday 25th September**. 3 miles or 10 miles.

Planned trip to **Keswick Theatre** on Wednesday 14th September to see 'Noises Off'. Matinee Performance

A Jennings **Rivers Ride Cycling Event** in Keswick on **18th September** to support local charities

'Food Safety' courses could be available locally. These are for volunteers who produce food for public consumption in any capacity.

Please contact Anne (016973 49741) or any Village Agent for further details on any of the above.



NORTHERN FELLS GROUP EVENTS COMING UP

We shall once again be at Hesketh Newmarket Show 3rd September this year with our minibus, tombola, displays, calendars, cards and soup recipe books on sale.

Don't miss us!

Our new **Calendar 2012** has landed and is now on sale. Get your presents early only £5 each with envelope while stocks last. Four new blank cards now available.

We have an introductory offer of blank mixed card packs still at the bargain price of £1.50 for five cards.

All available from our Trustees, Co-ordinators and Village Agents, Mosedale Coffee Shop and local outlets or ask Sue on 016974 78094.

Our AGM this year will be at Millhouse Village Hall on 29th September 7.30.

We hope to have some interesting displays for you.

Do come along we need your support and ideas for the future.

Don't miss news in your magazine on our intrepid Village Agents.

THANK YOU EVERYONE FOR YOUR SUPPORT AND ESPECIALLY OUR LOCAL PARISH MAGAZINES HELPING TO SPREAD THE WORD AND KEEP OUR COMMUNITIES WORKING AND PLAYING TOGETHER.

Sue Clarke – Group Co-ordinator

UNITED SERVICE AT SEBERGHAM ON 4 SEPTEMBER

The united service at Sebergham on 4 September will have two parts to it. At 10.15am there will be a short service of Holy Communion including a sermon followed by refreshments. At 11am there will be an hour long service consisting of five blocks, each of which allows time for presenting an item in Bishop James's Vision & Strategy Paper. Each block will also have a prayer and hymn in it as well. He has particularly enjoined it upon all incumbents to provide time to discuss this paper with their PCCs & congregations. If you miss this opportunity there will be another one in November for our united service at Westward Church on 20 November. Hope to see you all there. NB Bishop James will not himself be present but various ministry team members will give the presentations.

Many thanks.

Your priest-in-charge Norman L. Robinson

Advance Notice

Saturday 19th November

A Family Ceilidh

organised by

Caldbeck & Hesketh Newmarket Fairtraders
and
St. Kentigern's Church, Caldbeck

More details next month

ST HILDA'S CHURCH, WESTWARD

Next meeting of Westward PCC will be Thursday, 15th
September in the Mission Room at 7.30 pm

CALDBECK MOTHER'S UNION

The summer months have provided lots of opportunities for a whole variety of outings to enjoy food and friendship in the deanery and beyond.!

Our next meeting in the Caldbeck Methodist Chapel is on Tuesday September 20th at 2pm. when Mr Bruce Fulton from 'Open Doors' will talk about "Faith in a dangerous world" and you would be very welcome to join with us then.

CALDBECK MOTHERS' UNION

Tuesday 20 September
2.00pm

Caldbeck Methodist Chapel

'Faith in Danger'
(Open Doors)

Speaker: Mr Brian Fulton



Take time for prayer!

The ecumenical prayer group
meets each Tuesday morning
at 8.45am in the back of

Caldbeck Church

to pray for the needs of our
community and the world.

Why not join us?

ALL WELCOME!

OPERATION CHRISTMAS CHILD

We will be taking part in the
SHOE BOX APPEAL again this
year and as always we can be sure
our gifts will bring joy and delight to
some of the world's neediest chil-
dren.

If you would like to make up a shoe
box, or provide items such as toilet-
ries, stationery, knitted goods etc. or
give money towards the transport of
the boxes, that would be wonderful.

We will take these to the collecting
point in Carlisle in late October.

Thank you for your support.
Ann Wade

Ladies' Bright Hour Caldbeck Methodist Chapel

Tuesday 6 September
2.00pm

Speaker: Maureen Millard

FAIRTRADE NEWS



9 walkers from Keswick and Caldbeck braved atrocious weather on Wednes-
day 10 August to complete the Mosedale – Caldbeck leg of this new long dis-
tance walk, the Fairtrade Way. One group went over High Pike following the
Cumbria Way and the other via a lowland route. An alternative lowland route
will be attempted in better weather on a date to be arranged. We will keep you
posted about plans for the next leg from Caldbeck to Carlisle hopefully later
in the year. The group finished off with well-earned refreshments at The Old
Smithy, Caldbeck.

Sally Vaux

NATIONAL POETRY DAY

Thursday 6 October 2011

Rosley Village Hall

Come for all or part of the day

10.30am Coffee and poetry reading by

**Helen Farish - winner of prestigious Forward
poetry prize**

Malcolm Carson - poems from Nepal

Chris Pilling - poet, translator, dramatist

1.00 - 2.00pm poetry disussion (copies provided)
2.00 - 3.00pm Bring a favourite poem (or poems) to
share

Flat rate £3 for all or part of the day

Details: Mary 016973 43723

LMEJacobsGhyll@aol.com

NORTHERN FELS GROUP VILLAGE AGENT NEWS TEA DROP IN, BOLTON LOW HOUSES VILLAGE HALL.

2nd Thursday of every month.

2.00-3.30pm.

£1 includes refreshments.

All welcome.

Next date: Thursday 8 September.

Contact Sally Vaux (016974 78626) if you need help with
transport.



NORTHERN FELLS VILLAGE AGENTS SURPLUS APPLES SCHEME 2011



After last year's success we have been asked to organise another Surplus Apple Scheme. We are looking for more helpers to pick, collect and deliver apples this year. Anyone interested please contact your local village agent for more details. This is a great way of reducing waste and being part of 'our big community'.

We need a collection point in each area; it needs to be cool and airy like a garage or barn. Ideally apples should be clean and free from bruises for collection into net bags which we have available. Bruised and damaged apples can still be collected separately for another purpose.

This year we also plan to have our own APPLE DAY when you can come along and see juice being made. Plus we will be holding some workshops with cookery experts. Lovely recipes and demos of pies and crumbles, soups and sauces, cakes and tarts, chutney, pickles, puddings and more besides!! If you have favourite recipes then bring them along and share them with others. Later in the day there may even be produce for sale. Refreshments will be available.

Watch out for dates, but in the mean time chat with your friends and neighbours and plan to join in with this great scheme. For further details contact

Anne Burgess, Westward & Rosley on 016973 49741

Philippa Groves, Castle Sowerby & Mungrisdale 016974 78555

Julia Trotter, Caldbeck, Sebergham & Welton 07976 529275

Sally Vaux Ireby, Uldale & Boltons 016974 78626



SOCIETY PAGES

CALDBECK, HESKET NEWMARKET, CASTLE SOWERBY

CALDBECK & DISTRICT GARDENING CLUB

The first meeting of the new season will be held on Wednesday 14th September, when the speaker will be Tony Rymer who will give an illustrated talk entitled

'Bulbs for all seasons'.

(Small alpines & dwarf bulbs for sale)

This will be held in Millhouse Village Hall and starts at 7.30pm.

All welcome, non-members £2.50.

Membership available.

HESKET-NEW-MARKET AGRICULTURAL SHOW

At Throstle Hall, Caldbeck

(by kind permission of Mr & Mrs R Mounsey)

Saturday 3 September 2011

Show Field Opens 8.30am

*Horses, Cattle, Sheep, Dogs, Poultry, Rabbits,
Vintage Vehicles, Terrier and Jack Russell Races, Pony Sports,
Tug-of-War and Fell Race*

*Cumberland & Westmorland Wrestling, Horticultural and Industrial
Section, Crafts, Children's Fancy Dress and much more.*

Stands and Side Shows.

Schedules and Enquiries - Helen Greenbank 016974 78125

Entries close 19 August 2011

A good day out for all the family!

CALDBECK WI

Wednesday 7 September

**Speaker: Julia Trotter, Northern
Fells Village Agent for Caldbeck**

Also, Round Table Conference—ideas
for next year's programme.

Competition: A Caldbeck Memento

THURSDAY CLUB (for retired people)

Thursday 8 September

'David Ward's

Desert Island Discs'

2.00pm

Caldbeck Parish Hall



Talk by Sir Chris Bonington CBE

'1961- A very special year'

14th September 2011 at 8pm

Caldbeck Parish Hall

Tickets £10

inc. light refreshments

All proceeds to Friends of Fellview School

Tickets available from 'Hesta Scene?', Caldbeck

For more details or to book tickets contact

Nicola Watson 016974 78199 or

Email nicwatson1@btinternet.com



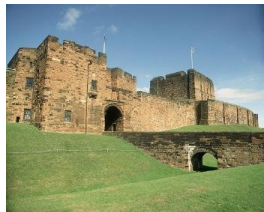
CALDBECK & DISTRICT LOCAL HISTORY SOCIETY

is pleased to welcome local author

ANTON HODGE

to give an illustrated talk on

'2,000 YEARS OF CARLISLE HISTORY'



Wednesday, 21st September, 2011

at 7.30pm, Caldbeck Parish Hall

Tickets: Members £2; Visitors £3

Tea/coffee & biscuits included

EVERYBODY WELCOME!

CALDBECK AREA FILM SOCIETY

'The King's Speech'

Friday 16 September

7.30pm in Caldbeck Parish Hall



Sebergham Weather Recordings July 2011

Rainfall.

July 2011. 68.30 mm (2.69 ins)

Aggregate 613.61 mm (24.16 ins)

July 2010. 93.70 mm (3.69 ins)

Aggregate 333.37 mm (13.14 ins)

Notes.

The year continues to be wet and we have recorded similar rainfall this year, to end of July, as we did in years 1999/2000/2008 and these years went on to be the wetter years here at Sebergham with over 1143 mm (45 ins) recorded by the year end. Our average yearly total is 990.60 mm (39 ins) over a 20 year period.

Our average monthly rainfall for July is 70.99 (2.79 ins), so as we see, July this year has been about average rainfall.

Temperatures.

Average maximum day temperature 19.34°C (66.80°F)

Average minimum night temperature 9.63°C (49.34°F)

Warmest day Monday 4 July 24.60°C (76.28°F)

Coollest night Wednesday 13 July 4.90°C (40.82°F)

Notes.

The day time temperature was about average throughout the month, and in 2006 the July day temperature was 22.65°C (72.61°F) and in 2007 the July day temperature was 17.22°C (63°F)

The night time temperature has been well below the average for July which was 10.71°C (51.28°F). In the years 2006/2008/2009 the average night time temperature for July was 13.62°C (56.52°F)

Wind.

The average wind speed for July was 1.8 mph, and on Monday 18 July we recorded a high of 19 mph at 13.00 hrs from the WNW.

The dominant wind direction for the month was from West North West, which was the same as June which has accounted for the cool temperatures we have recorded, as the more normal direction for these months is SSW. We had 23 days when the wind direction came from the northerly quarter and our warmest day was Monday 4 July when the wind was from ENE. We only had the wind from the southerly direction on six days in the month.



CALDBECK SURGERY

www.caldbecksurgery.co.uk Tel: 016974 78254

The surgery will be closed in the afternoon
for staff training on the following dates:

Tuesday 20 September
Wednesday 19 October
Thursday 17 November

Art in the waiting room this month by Carol Burns

On these afternoons the surgery (including the dispensary) will close at
1.00pm. All calls will be redirected automatically to the out-of-hours service

CHOC

Cumbria Health On Call

The new number for the out-of-hours service CHOC (*Cumbria Health on Call*) for patients in North Cumbria is 03000 247 247. Calls to the surgery out-of-hours are automatically redirected to CHOC.

Hearing-impaired users who need to contact CHOC please call
(Typetalk) 18001 03000 247 247.

CALDBECK SURGERY FLU CLINICS 2011

We will be holding flu vaccination walk-in clinics on the following dates:

Tuesday 27 th September	10:30pm – 3:30pm
Thursday 29 th September	10:30pm – 3:30pm
Tuesday 4 th October	10:30pm – 3:30pm
Thursday 6 th October	10:30pm – 3:30pm
Tuesday 11 th October	10:30pm – 3:30pm
Thursday 13 th October	10:30pm – 3:30pm
Tuesday 18 th October	10:30pm – 3:30pm
Thursday 20 th October	10:30pm – 3:30pm

Influenza and pneumococcal vaccinations are recommended if
you are aged 65 years and over or suffer from any of the following:

Heart disease	Lung disease
Diabetes	Liver disease
Absent or malfunctioning spleen	Kidney disease

If you have any queries, please contact the surgery and ask to speak to a nurse or
28 doctor.

CALDBECK PLAYERS

The next production by Caldbeck Players
will be a pantomime.



The dates for the performances are Tuesday
10th, Wednesday 11th and Thursday 12th January 2012. If you would like
to take part, either on stage or behind the scenes, please look for a further
notice in the October edition of the Parish Magazine when we will be able
to announce the date of the first meeting. New faces are always most wel-
come so consider the prospect of getting involved in this production.

It is always good fun.

THURSDAY CLUB JULY 2011

Our July meeting was a 'Members' Meeting'. We were welcomed by Mr T Ryan.

Our first speaker was Mrs Isobel Coulthard who talked about her life in Caldbeck over
56 years. She had lived at Long Lea Farmhouse for 55 years where, at first, there was
no electricity or an indoor bathroom – and the outside facilities were very draughty!
She joined the WI when there were 100 members and also joined other organisations
including Caldbeck Players, the parish council and also became a school governor. Not
only was she involved in these activities but also led a busy life as a teacher, farmer's
wife and a mother.

Mrs Lynette Ramsay was our next speaker. She took us from Cumbria to that mysteri-
ous, complex and very different country, Japan. Topics ranged from World War II to
this year's earthquakes and tsunami. She showed how the warm hearted people over
the last 70 years have faced so many challenges and changes with disciplined courage
without losing their love of style.

Mrs Audrey Ryan spoke about the coincidences of God and how she had met Tony on
Silverhow, Grasmere after they had both been recently widowed and started talking.

Mr Tony Ryan was our last speaker. He talked about the beautiful villages in Cumbria
and how he had met Audrey.

He thanked everyone for their interesting talks and reminded members that there would
be no meeting in August and that the next one would be in September when Mr David
Ward would be presenting his 'Desert Island Discs'.

At Heskett NewMarket Show on 3 September 2011 - I will have my hair completely shaved off my head to raise money for **Cancer charities and Macmillan Cancer Support.**

I would appreciate as much support as possible. Cancer is a disease that can affect 1 in 3 people in their lifetime. The risk increases with age and this has given me the incentive to have my hair shaved off for such a worthwhile cause.

This disease has to be eradicated - it can be done by us all contributing to the Cancer Charities.

There will be donation boxes in Caldbeck Shop, Caldbeck Pub, Lofters Hair Salon, Heskett Newmarket Shop and Heskett Newmarket Pub.

On Show day some of my helpers will have buckets to fill !!!
Mandy Pears - Fellside.

CAFS REPORT SEPTEMBER 2011



CAFS begins the new season with an award-winning film showing at 7.30pm in Caldbeck Village Hall. There will be a short AGM at 7.00-7.15pm, which you are welcome to attend. Don't forget the CAFS deal of a £20 season ticket or £4/ticket at the door.

The King's Speech was released in 2010, has a (PG) certificate and lasts 119 mins. Please note there is a small amount of swearing, which is not gratuitous.

The Duke of York, (Colin Firth) is happily married to Elizabeth (Helen Bonham Carter) and has two young daughters. His overbearing father, George V, requires him to fulfil royal duties, which are an agony to the shy, stammering Duke. When his brother, the playboy Prince of Wales embarks on an affair with the divorcee Mrs Simpson and then George V dies, Bertie dreads the prospect of succeeding as King George VI.

The Duchess of York seeks the help of an Australian speech therapist with unconventional methods, Lionel Logue, (Geoffrey Rush). Please note that we will have English subtitles for those who struggle with the acoustics or are hard of hearing. Bring your own cushion, if you find the seats uncomfortable.

CAFS has a reciprocal arrangement with Keswick Film Society for membership rates for films.

Please check Keswick Film Society's website for their new season's films (not available at time of writing). www.keswickfilmclub.org

An evening with Patterdale Mountain Rescue & Caldbeck First Responders

Admission Free

Wednesday 28 September 2011-08-09

7:30pm

Millhouse Village Hall

The evening's presentation by Patterdale Mountain Rescue team members will provide an insight to their work and is open to anyone who wishes to join us for the evening. The Caldbeck First Responders Team invited Patterdale MRT along to provide first hand experience and advice about casualty care and support. While both teams aim to provide fast and efficient life saving skills prior to the attendance of 'professional' support, it will be interesting to learn how mountain rescue have to deal with emergencies in often very demanding situations and weather.

You do not have to be a member of either team to attend. We would welcome your company for the evening if you would like to find out more information about how each team operates and cares for members of the general public both on and off the hill.

Please join us for what promises to be an interesting presentation. There will be a raffle and refreshments

Further information from - Les Magee 017684 84389. Philippa Groves 016974 78555 or Pat Shaw 016974 78639

Advance Notice

The Parish Jubilee Committee and the Tennis Court Committee
are jointly organising
an Auction of Goods and Promises on Saturday November 12th in
Caldbeck Parish Hall at 7.00pm,
with Viewing and Cake Stall from 4.00pm.

In aid of
The Parish Jubilee Fund
for organising Jubilee Events on June 4th 2012

AND
Tennis Court replacement Rebound Boards
Any offers of Goods or Promises will be gladly received by
Antoinette Ward, telephone: 016974 78220,
email: aw.caldbeck@gmail.com

PUBLIC ACCESS DEFIBRILLATORS

*****GOOD NEWS*****

CALDBECK PARISH HALL WILL HAVE THE FIRST PUBLICALLY ACCESSIBLE DEFIBRILLATOR IN THE AREA

All hall users should be aware of this valuable asset.

ANYONE CAN USE ONE BUT EVERYONE SHOULD KNOW HOW

Other defibrillators are in the area but cannot be used if responders are away, at work or not in the area to unlock the boxes.

Our team believes that the defibrillators should be accessible to everyone.

Therefore we are offering to show you how to use a defibrillator and how to perform simple basic life support. This can be done very simply, with no commitment whatsoever, in a free two-hour session

It has been proved that bystander CPR can and does save lives. In most cases of cardiac arrest, it has been proved that early access to a defibrillator gives the casualty the best possible chance of survival.

Initially, the keys for the other defibrillators will be made available in shops, pubs, hairdressers where a majority of people have completed the free two-hour training sessions. This way, during opening hours, the team's defibrillators will be available immediately, to anyone who has been familiarised to use them. If a situation arises, hopefully an ambulance, doctor or responder should be with you quickly, if not you will have the chance and the skills to act swiftly.

A list of key locations will be published in the parish magazines.

We have made a start on training in August and already many people in Caldbeck area are becoming confident in the use of the defibrillator and proficient in basic life support skills. Be part of our 'big community' and come and see what is involved.

Further FREE two hour sessions are available in Caldbeck Parish Hall

Thursday 8th September 7-9pm
Tuesday 13th September 12-2pm
Thursday 15th September 2-4pm

Please contact any of us for further details

Philippa Groves 78555 Pat Shaw 78639

Helen & David Kerry 78431 Les & Sheila Magee 017684 84389

CALDBECK & DISTRICT LOCAL HISTORY SOCIETY, JULY 2011

About 40 people attended an illustrated talk on the life of George Moore by Jean Scott-Smith, a distant first cousin of George Moore. She is also the vice-chair of Shap Local History Society.

Jean described how "Cousin George" rose from humble beginnings to a renowned Victorian philanthropist. Born in 1806, the son of a Mealsgate farmer, George left home age 13 to work as a draper's apprentice in Wigton. He attended night school and by age 15 was Head Apprentice. When he was 19 he decided to seek his fortune in London where he would either be "a great nowt or a great summat". There, he was befriended by fellow Cumbrians, making a name for himself as a wrestler, and was given his first job by a Wigton man, Mr Ray. Within six years, as a result of hard work, determination, continued self improvement at night school and success as a travelling salesman selling lace to drapers throughout the north of England and Ireland, George was made a partner in the drapery firm of Groucock, Copestake and Moore. His travels extended to Belgium and The Netherlands to buy lace.

In 1840, George married Eliza Ray, the daughter of his first London employer, and settled in London. However city life did not suit George's health and he was diagnosed with 'city disease'. Thus began his interest in hunting. He established a lace factory in Nottingham and used his newly acquired wealth to support good causes including setting up a school for commercial travellers and paying for the marriages of poor couples anonymously. In 1854 he built an elaborate mansion for his wife in Kensington Palace Gardens (recently sold for £41 billion) on 'billionaires' row'. George continued to visit Cumbria and particularly liked Shap Wells and the isolation of the Moors. He had just bought the estate at Whitehall, near Mealsgate when his wife died in 1858. He built the fountain in Wigton in memory of Eliza.

George dealt with his loss by travelling and restoring Whitehall which became known as a scene of great hospitality. He remarried in 1861. George continued his philanthropic work and was awarded the 'Legion d'Honneur' after his involvement in distributing food and money to 96,000 starving people in the Siege of Paris during the Franco-Prussian War. He eventually became High Sheriff of Cumberland after initially turning down the post of Sheriff of London and MP for Nottingham in 1952. George died on 20th November in an accident with horses in Carlisle. His life is remembered with a memorial in Carlisle Cathedral, a window in Wigton Church, a Ward in the Cumberland Royal Infirmary, a lifeboat named after him in North Wales, Mealsgate Memorial Hall, and busts in All Hallows Church Fletchertown. Whitehall was demolished with only the peel tower remaining today.

The evening concluded with refreshments provided by Liz Boydell and her team.

CASTLE SOWERBY PARISH COUNCIL

The bi – monthly meeting of Castle Sowerby Parish Council met in Millhouse Village Hall on the 28th July 2011, when the Chairman, John Foster welcomed the Councillors. The Chairman reported on the Annual meeting of the County Council Local Committee for Eden, Parish, and Town Councils held in Newbiggin Village Hall. The main topic of the evening was the installing of the High Speed Broadband update. The Clerk reported he could not receive broadband, which makes it difficult to update the Parish Website. It was decided to contact Andrew Ward for assistance

Roads. There has been no response from the Highways regarding road repairs and subsidence reported to the Highways hotline on the 23rd May. The Chairman would follow this up again.

Hewer Hill Quarry. Councillor Michael Strong reported the Boundary Fence at the Quarry had been repaired by the local landowner.

Planning Matters. The Council elected a planning committee of three members. This consists of the Chairman, Vice Chairman and Councillor Michael Strong. The Council noted that the planning application for Kerry – New Yeat and Stobarts – Newlands Mill have been approved by the District Council. A planning application was received for a Cabin / Shed adjoining to the U 3016 in a wood at Sowerby Row. It was decided to approve the application with a proviso that it should not be used for residential purposes.

Village Seat The Council would like to thank John Bell of Millhouse for restoring the Village Seat to its original state.

The next meeting will be on October 13th at 7.30pm in Millhouse Village Hall. Parishioners are welcome .

SEBERGHAM

SEBERGHAM WI QUIZ NIGHT

Sebergham Village Hall on Thursday 20 October at 7.30pm

Admission: £2.50pp – to include refreshments

Teams of four, if possible (but not essential)

Everyone welcome- not confined to members

For queries, or to book a table, ring Christine:

016974 76410



OCEAN YOUTH TRUST

LIMITED PLACES ONLY FOR THIS FANTASTIC OPPORTUNITY ON A FIRST COME FIRST SERVED BASIS.

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THIS INITIATIVE SPECIALISES IN THE PERSONAL AND SOCIAL DEVELOPMENT OF YOUNG PEOPLE AND HELPS THEM ACQUIRE A RANGE OF SKILLS.

PLEASE CONTACT ANNE BURGESS, VILLAGE AGENT FOR THE NORTHERN FELS GROUP CHARITY FOR FURTHER INFORMATION.

Tel: 016973 49741 OR EMAIL: anneburgess52@googlemail.com

Job Advertisement for Heskett Newmarket Brewery

Apprentice Brewery Operative

We are looking for a young person aged 16-18 to train as a Brewery Operative in all aspects of the brewery's production operation, including assisting the Head Brewer, filling casks, bottling and making up orders. The individual concerned will be expected to study for an NVQ level 2 in Food Industry Skills. He or she must be keen and willing to learn, reliable, and punctual. He or she must also be flexible and have an ability to understand the basic science of brewing. Pay will be upwards of £2.50/hour depending on age, ability and experience. Hours will be minimum 24 per week.

In the first instance please apply to Greg Smith, Brewery Manager, Heskett Newmarket Brewery, Old Crown Barn, Heskett Newmarket, Wigton, Cumbria CA7 8JG, or ring Greg on 016974 78066 for an informal discussion.

what's on for young people

THE DROP-IN
(age 10+)
Saturday 24 September
3.00-6.00pm
Walk and BBQ
 Start: Raughton Head School
 End: Sebergham Church
 Tel: Richard or Celia 016974 78500
 or Peter and Helen 78669
 for further information

DISCOVERY CLUB
 Tuesday 13 September
 3.15-5.00pm
 Caldbeck Parish Hall
 (children will be escorted
 across to the hall from
 Fellview School)
 Games/Crafts/Songs/Bible
 Stories etc
 Refreshments included.
 For all primary school-aged
 children
*Run by members of local
 churches and the
 Faith Mission*
 Tel : Helen 016974 78669



"Happy Hop"
 (previously called Boogie Beebies)
Thursday 8 September
 (fortnightly)
Millhouse Village Hall
10.00am until 10.45am
 (£2.50 per child)
 Dance, Exercise and Games for the
 under 5's
 For further details please contact:
 Julia Trotter (Northern Fells Village
 Agent for
 Caldbeck/Sebergham/Welton)
 Tel: 0797 652 9275 Email:
julia.trotter@northernfellsgroup.org.uk

SEBERGHAM AND WELTON PARISH COUNCIL

The Parish Council met on 20 July.

We were joined by Chief Superintendent Steve Johnson and Inspector Dennis Kelly of Cumbria Police and Bob Henderson the Locality Officer from Allerdale BC to discuss the problems caused by vehicles parked on the roadside in Churchtown. Following a site meeting it was agreed that there is space on land owned by Mr Little to create parking for 6 to 8 vehicles. Mr Little is liaising with Allerdale Planning Dept about this.

The Police are regularly checking the vehicles left on the verge in Churchtown. They will be issuing fixed penalty tickets to any vehicles found without a valid tax disc. They will also be monitoring other vehicles to see if they are being left on the road without a valid reason, these vehicles can also be subject to fixed penalty tickets.

We have co-opted 2 new Parish Councillors. Mr Mal Hilton and Mrs Sally Bennett are the lucky people. Their first meeting will be in September.

Mr Hilton is doing excellent work on behalf of the Parish with the Northern Fells Broadband group. If anyone hasn't signed up to the project can you please do so now or contact Mr Hilton if you have any problems with this.

We have passed details of various potholes on to the Highways Steward for repairs.

The Parish Council website is up and running and we are constantly seeking to improve it. If you have any groups etc operating within the Parish that you would like to "link" into our site please get in touch. If anyone has any histories, old photos of life in the Parish etc that you would like to share, again, please get in touch. We aim to make the website a valuable resource to be used by the whole community and we can only achieve this with your help.

www.seberghamwelton.org.uk

The next Parish Council meeting will be on 14 September 2011.

Ms P L Gauntlett

Parish Clerk

SEBERGHAM WI
 Tuesday 15 September, 7.30pm in the Old
 School
'Very Important Clocks'

ROSLEY

ROSLEY WI REPORT JULY 2011

Mrs Jean Harper-Tarr presided over the July meeting and welcomed two guests. Recently Rosley WI entertained Carlisle and District Stroke Club. The treasurer took names for the 2012 WI calendars. Invitations have been received from Bowness-on-Solway and Hesket-in-the-Forest WIs and names were taken of those members wishing to go.

The autumn council meeting is on 22 September at 1.30pm at the Greenhill Hotel. Mrs Poppy Hollins-Gibson, our link delegate from Sebergham WI, gave a very comprehensive report on the WI national AGM held in Liverpool, which she had attended.

The president then introduced the speaker, Mr David Nightingale, who gave a fascinating talk entitled High in the Himalayas, along with beautiful slides. Lynda Huckell gave the vote of thanks.

The competition for a pen was won by J Britton; 2nd S Morton and 3rd J Osborne. D Callaghan won the raffle. The 'Woodside' group were hostesses.

There are lots of things going on in Rosley - if you would like your club or association to be made known to the whole parish, or would like a special mention - then **please send the information to Lyn Williams** lynwilliams12@sky.com or **016973 45162** by 10th of each month. This is to meet the deadline for printing the monthly magazine at Church House.

TIME FOR TEA

Drop in for tea at
Rosley Village Hall
Wednesday 28 September
2.00pm until 3.30pm.

£1, includes tea/coffee and
home-made cakes

*Call in for a chat
Meet up with friends
Bring a neighbour.*



WESTWARD

WESTWARD FLOWER CLUB

The next meeting of the Flower Club will be on
Monday 26 September
For further information & times contact June Kitchen
tel: 016973 43799

WESTWARD W.I.

Wednesday, September 13th, 2011
Talk by Mr. Geoff Coe
"CLIMATE CHANGE"
Hostesses: Betty Jagger & Lilian Bell
Competition: Golf Umbrella
Westward Parish Rooms 7.30 pm
(for further information contact Anne Poole)

Westward Lunch Club

Thursday, 8th September at 12.30 p.m.
Westward Halls
Home-made soup, puddings
Tea /coffee & biscuits
£4
All Welcome